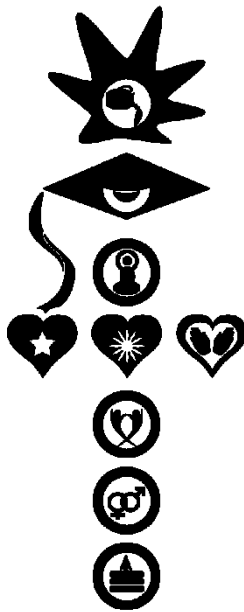


Open Heart

Enbrightenment for all

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Enbrightened Commentary

(Open Heart)

Volume 1

2nd edition

By Jared J. Kimble

(Mukti Da)

sanskrit translation

Mukti: Free

Da: Giver

one who bestows liberation from birth and death

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Jared J. Kimble (Mukti Da)

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*Any Heart felt response is a sign of Enbrihtenment,
and our Communion.*

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Introduction

This is the second edition of this book. I came back and worked on wording, clarifications, and overall presentation. However, the general content of the book has not changed.

This is the first book in a series of books, and the number of volumes is undetermined. This is the first book of Enbrightenment published outside of ‘The Resurrection Testament’. Volume one is called ‘Open Heart’ because that is how I come to you, that is where I silently commune-icate my Testament, and that is me simply pouring out the Message in my (our) Heart. Most of these commentaries are born from my blog on my website. I initially wrote them and published them under my ‘Enbrightened Commentary’ blog; moreover, I have another blog on my website dedicated the Christ Enbrightenment. Only commentaries found in my ‘Enbrightened Commentary’ blog appear in this book, which is also where I got the name for all books in this series.

These commentaries were written mostly during the year 2011, from August until January 2012. The blogs were published on HeartRealization.com, and they were posted with links to read the full blog on Facebook, Twitter and other smaller forums and social networks. Each blog came about mainly through

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conversations with people about God, Truth and Enbrihtenment. The conversations occurred with friends, family, and with various people I met through social networks. Out of these conversations the blogs were born. How the commentaries appear in the blog and how they appear in this book are different. I went through each blog, edited and expanded, and changed the name of a few. I edited some more than others, but overall the presentation of each commentary is cleaner and seems easier to read. The commentaries are not in the same order as they were published, and some commentaries are juxtaposed because of similarity in subject. I have also added, in the beginning, the ‘seven Axioms of Enbrihtenment’ with commentary and a shortened over view of what Enbrihtenment is all about.

HeartRealization.com serves as a resource to learn about Enbrihtenment, and to study Enbrihtenment. My website served in the process of writing this book, and the library and commentaries of Enbrihtenment will grow and remain accessible on line through the site. Furthermore, there is a deep urge in me to constantly create more and more ways to explain Enbrihtenment.

Enbrihtenment thrives in an environment where the intellectual communication (of Enbrihtenment) is free to remain (moment to moment) alive, spontaneous, and inherently able to move and mutate as time goes on without losing Any of the Message. The commentaries of Enbrihtenment are not bound to

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a set of words to express the Revelation. The expression and communication of Enbrightenment is free and open like my Heart. Therefore, the subject (message) will always be the Same (like my Heart), which is Enbrightenment, although, the numerous ways of expressing Enbrightenment keep the tradition (open and) a lively and engaged intellectual kaleidoscope free to change with the times and culture it (Enbrightenment) is appearing in. However, the message, Teachings, and Commune-ication remains steady and the Same today as it will be ten thousand years from now.

This book and future volumes of 'Enbrightened Commentary' have no beginning or ending. In other words, I am not progressing through a subject to reach an end, the commentaries are each flowers in an infinite field of possible flowers; All growing in the same soil of Eternal God Realization. The subject remains the same, on the contrary, the ways of talking about Enbrightenment are free to evolve and change with the times, people and cultures. Enbrightened commentaries focus on True God Realization, the True Process of God Realization, and the Revelation of the Spiritual Cross via the Awakening and Realization of Everlasting God. Many contemporary and conventional religious and spiritual ideas are criticized and exposed for their limitations. So, take time to understand the True Silent Commune-ication coming through these commentaries, and take in what is good for you today, right Now. Understand

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that I have a particular style of writing, and every word is given careful thought, and how each word appears in the sentence is given much care. With time and experience my style of writing will become easier to read, and the meaning and flow of the writing will take on a smoother ride.

Finally, the One True, *and always verified by God's Presence*, Way to Know you are beginning to understand is through Heart~Fire Communion with me, and/or God. These writings are designed to be capable of catalyzing Instant God Realization, and Instant Self Revelation. My style of writing does not support the egoic kind of mind, it does not acknowledge that kind of mental darkness as anything that needs help or needs to be rewarded or punished for behavior, my writing is designed to ignore the ego all-together. The words are written to be *sword like* in their penetration, and always *cutting to the core* of what is important, and that is God/Self Realization (the Absolute Fullness of God/Self Realization). May the Divine Heart~Fire Presence of Everlasting God Shine Freely As you, God Bless and Godspeed, Amen.

Commentary on the Axioms
of Enbrightenment

1. *Faith that God Is the Presence of Existence.*

The first axiom states that God's Identity, God's Presence, and God's Self are One. God Is the Only thing (presence – life itself – the Source of all Life) that Exists in Reality right Now, or ever. This axiom negates the idea of a separate thing, other than God, that has a separate and unique identity, other than God. Faith here means without doubt and what-if in any form. In other words, but not captured in words, a person with this kind of Faith Realized True Self. (Enbrightened) Faith refers to an understanding and knowledge of that which Is Self-evident and Self-obvious. This Faith is a living Faith that provides a foundation upon which Realization trumps the long term conditioning of ego with the Always Fresh and New Presence of God. When life experiences seem overwhelming and the egoic contraction is gripping you, one has *Faith that God Is the Presence of Existence*, and freely available to release any suffering into. Faith is your breathing room in the midst of suffering.

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2. Truth is inherently-perfectly-transcendent and eternally unchanging.

The most perfect quality of existence is inherently the transcendent, perpetually everlasting reality of existence. Truth Is that Reality. Truth is the Fullness of All existence As One. Truth does not change or come into existence, It has Always existed, and will Always exist. Truth is required for existence to exist, thus, Truth Is Inherently-Perfectly-Present right Now, As All simultaneously. Even space and time are Made of Truth, and Truth is equally Present at all points and in every direction for All time. While bodily life is an unending process of change, the substance of existence ItSelf Is Unchanging Truth.

3. Faith that God is Fully capable of living you in the absence of any form of ego.

The third axiom concerns the way in which God works through the body. It concerns the understanding that we, as humans, are all equal in the Eye of God, and we Are all born with the Same spiritual anatomy (which Enbrightenment calls the Spiritual Cross). Faith in God being Fully capable of living you enables the Spiritual Cross to Awaken freely, without effort and without egoic interference. Through the inherently human based

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conscious anatomy of the Spiritual Cross the human (all bodily conscious relationships) condition is Transformed and Transfigured to support God's Consciousness Only. Our Faith in the God destroys the darkness of the ego's eclipse over the individual. The Awakening of various parts (especially the hearts) of the Spiritual Cross is an acknowledgment of God's motive to Transfigure you through ItSelf As ItSelf, and it undermines all egoic delusions that may appear during the process of Enbrightenment. Furthermore, it means an individual can simply transcend the experiences related to the Spiritual Cross that can occur during Spiritual Realization, as none of them Are Realization ItSelf, more like products of Realization. This axiom means one can right away toss away any doubts on whether the ego plays a role in life in relationship to Enbrightenment (Heart Realization), and immediately surrender whole bodily to God (in all moments).

4. *You cannot seek True Self.*

This axiom does not acknowledge the existence of ego, or even the idea that something else, other than God (any kind of identity), exists. Thus, the axiom supports a bodily conscious state of transcending ego identity (even while reading it), it acknowledges that *God Only Is*, and **God Only** exists in Reality. Therefore, when an individual identifies with separate identities

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and 'other' souls, and so on, that person is seeking an identity. Fundamentally, it is a conditioned state of mind to seek Truth, to find out what It Is, and to somehow find an identifying conscious relationship with Truth. The problem Is that none of that search is necessary, and even the act of seeking Truth simply demonstrates that the body/mind is currently ignorant of Truth, and its (the body/mind) perfect Oneness in Truth.

So, that person lives life through false (self created) identities, through false conscious relationships, and that one lives life based on an illusion of True God, an illusion of Self, and an Illusion of Identity. This axiom cuts out sin/ego and the idea of a sinner/separate-identity, it gets right to the Heart of God ItSelf. The ego is not some kind of entity that possesses the body/mind or is made up of the body/mind. The ego is simply an activity of clinching the body/mind, and this self clinching is the driving mechanism behind seeking Truth (in any and every way), rather than Simply Abiding As Truth ItSelf. This axiom acknowledges *God Only Exists*, and the separate self is a delusional conscious state discovered as an activity one is doing to their self. This activity is empty in the middle like a rubber band ball is empty in the middle, since all the other rubber bands are only wrapped around a single rubber band in the center.

Essentially ego is, at its root, an inward conscious clinching of the body/mind itself that has no center or core upon which this clinching occurs. It is like the body/mind is trying to

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refer to its self via this conscious activity. One can think of it as if you are in a primitive state and without spoken language. Next, you experience a moment where you are trying to say 'me' or 'I' to another, and upon that experience you *consciously contract across the whole body from head to toe* in order to say 'me' or 'I'. Truly, ego identity is not necessary, not real, and a total conscious scam applied on one self. Seeking True Self is a self inflicted wound moment to moment.

5. Ego is the eclipse of Real Self.

The living state of ego is the moment to moment conscious activity that suppresses the Free Divine Transcendent Consciousness. As the body/mind seeks to support the separative identity of ego it forces a conscious state of living on the individual that blinds the individual's consciousness of the Light Seated at the ground and source of all consciousness. Our Real Self, beyond all appearances, Is Transcendental Light. The conscious quality of ego is literally an inward conscious tightening, the ego is a tension the body/mind applies to itself. And this contraction or conscious grip is the source of the feeling of separate self (ego). As the process of God Realization progresses Truth begins to Shine Freely, more and more, through that individual. With deeper and deeper Seeing beyond the feeling of the egoic tension there comes a greater and greater

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release or relaxing of that conscious grip. Noticing, recognizing, abandoning, and ultimately Transcending this conscious attachment Reveals that it is empty and unnecessary. To a person cloaked in ego the Divine Transcendental Light of Reality ItSelf is impossible to notice, recognize, and Realize the Transcendental (not separate) Light of Existence and God.

6. Realization Is Now.

Anything that exists must exist now, or it does not exist. Time is not necessary for Realization (Enbrightenment). But it (time) is necessary for complete bodily realization of the Divine One, yet not for Self Realization ItSelf - which is Always an Imminent and Immediate Realization, beyond time and space (not separate), transcendent (not separate) of All Perpetually/Inherently. Realization Is the Self-evident One ItSelf. God Realized today, right now, Is the Same God that Realized ItSelf As infinite number of persons in the 'past'. THE Realization ItSelf Is Always the Same One with every individual. In other words, God shares/communes Its Very Own Realization with the individual form; we are Transfigured by God's Realization (not your own). The individual does not come to a personal realization of God; instead, God gives Its Very Own Realization through the Divine Process of Enbrightenment. There is no real 'me and God'; *God Only Is*. It Is God's Realization that dawns in the

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individual, not our own realization of God, and God's Realization exists right Now Only, forever-more into Eternity.

7. You Are Truth.

You Are The~Only. You Are IT. *God Only Is*. Notice, Acknowledge and Perfectly Identify As Truth ItSelf. Give up the false sense of (separate) self for the One Eternal and Everlasting Realization of True Self, which IS Truth ItSelf.

Enbrightenment Simplified

There are two principle teachings within Enbrightenment. The first is that God Realization (The Only Realization) is an inherent and necessary quality of Existence ItSelf, and thus, the Transcendental (not separate from you) Nature of Realization ItSelf is the Only Way the individual can consciously Transcend and surrender the activity of the feeling of separate self. The first says spiritual practice (sadhana) requires at least a Faith (if it is not already Directly Obvious) based Realization of our True Self (since this is Already how It IS - in reality - this is possible), discovered As Transcendental God ItSelf. This Realization Is Always Freely Available to ALL right Now (without at least a Faith based Realization of Self there is No real spiritual growth or awakening). For the beginner, by having the Faith based coupled with an intellectual understanding the individual is coming at the activity of ego from two 'directions'. One is from the Transcendent, non-conceptual, consciousness and the other is from the verbal, from the body/mind's up front mind. One can think of it as coming from the inside and the outside. Fundamentally, the idea is to integrate an openness to our Self-evident and Self-obvious Transcendental (not separate) Realization into all moments.

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The Self realized in the beginning is the Same Self bodily Realized through the process of Enbrightenment. The second teaching says that the body progressively realizes the wholeness of the Spiritual Cross (esoteric spiritual anatomy of consciousness discovered in the midst of the human condition), and that bodily conscious process involves God capitulating (making the body/mind Its Own – Living in God’s Will Perfectly in All moments of existence) All forms of bodily consciousness unto a Single Source of Consciousness.

This can all be summed up like this. God is the only reality and identity of existence, the egoic (sin) state of consciousness denies the transcendent reality of consciousness moment to moment to seek a separate and unique identity in the midst of the universe. This activity of seeking a separate and unique identity is the Very activity of consciousness blinding the body/mind from the True Light of God’s Eternal Nature, which Is the Only Real source of Identity; and IT lasts longer than a micro-second. Therefore, the activity of ego, the constant inward feeling of separation and relationship, must be Transcended in all of its faces through the Only Transcendent Quality of Consciousness of Reality ItSelf, and That Is God’s Eternal and Divine State of Existence. The *old* idea of an eternal soul and/or some kind of eternal unique person is not in-line with Reality Revealed As God Only ItSelf, and ALL attachment to ANY form Is suffering, and results in perpetual suffering.

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God Only Exists Eternally, and ALL appearances, forms, and heavens and hells, and ALL in between come and go – they ALL have beginnings and endings, and *are subject to change*. Furthermore, the body/mind must submit to the Source of All Consciousness in order for the True Process of God Realization to fundamentally progress and Awaken. In that submission the sense of personal self (egoic ‘me’) is the activity which is purged, annihilated, and ultimately vanishes during the Process of Enbrightenment. One may think of it like blowing out a candle with a poof of breath. Thus, the first teaching means that Self/God Realization is necessary for Real Spiritual growth, and the second teaching says that once Self/God is Realized the individual is Transformed through the Awakening of the Spiritual Cross, which is Empowered via God’s One and Only Everlasting Brightness. A egoically possessed person is self possessed, and in Self Realization the individual is God Possessed!

This entire process of God Realization is what I call Divine Enbrightenment. The anatomical structure of consciousness that manifests within and through the body/mind during the Process of Enbrightenment is called the Spiritual Cross. The total Awakening and Realization of the Spiritual Cross is correlated with the entire Process of Enbrightenment. All the stages of Enbrightenment are broken down in my Testament of Resurrection and God Realization called “The Resurrection Testament”.

Divine Secrets Revealed
for the Dawn of the New Age

The Resurrection Current is the Divine Form of the cosmos, and it is the Divine Primordial Form of God's Living Realization that manifest in the human bodily form. It is an active, Omni-Present Bliss Saturated Radiance that finds its Feet in the right-heart (of the Spiritual Cross), and from the right-heart the Resurrection Current ascends into the Crown Star above the head. Once in the Crown Star the Resurrection Current descends down into the crown of the head and begins the Process of bodily transfiguration (Only after Final and True ego death). There are a few processes associated with the Resurrection Current, and the bodily Awakening (Realization) of God's Realization Realizing ItSelf As an individual. Moreover, this commentary will explore some history of the right-heart and the Resurrection Current, and reveal some of the yoga associated with the right-heart and Resurrection Current.

Historically there is some secrecy and mystery regarding the right-heart (of the Spiritual Cross) of the esoteric anatomy of the body/mind. This is the heart that Ramana Maharishi referred to (but not often) and only as descending into the right-heart never Ascending (Resurrected) from the right-heart, and Adi Da

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clearly discussed it (more specifically of the Ascending Current from the right-heart = Resurrection Current). But, other than these two yogis (and my writings and Testament) there are not many resources that mention the right-heart (with any kind of clarity), and/or any yoga, currents or even a conscious presence associated with the right-heart within the body/mind, and within the anatomy of esoteric consciousness. The only ancient script I have come across with anything close to Awareness of the right-heart is Christ's Testament (*here are a few verses: Matthew 26:64 – Mark 14:62 – Mark 16:19 – Luke 22:69 – Hebrews 1:1-3 – Hebrews 12:2 - all verses, and a few extra, are at the end of this commentary*). These selected references to the right hand of power and coming in the clouds (actually) refers to the right-heart, the Resurrection Current, and the Divine Light of the Crown Star above the head. This interpretation is **unique** (to Enbrightenment) among other historical and/or religious interpretations.

Our history has given us very few glimpses into the right-heart and the yoga associated with it, but Now that time is Over. The Dawning of a True Realizer historically exposing the right-heart has appeared through the historical person Franklin Albert Jones (Adi Da – the Da Avatar). Furthermore, the Enbrightenment tradition is established and created from One that Is Fully Resurrected and Completely able to Reveal the Wholeness of the right-heart and the Resurrection Current, and

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through this Spiritual tradition of Enbrightenment a lineage of Right-Heart Masters Is Established on Earth. Enbrightenment, through the iconic imagery of the Spiritual Cross, Presents the right-heart and the Resurrection Current to All, to Make Known to All, and to Reveal to All. The time for the global revelation of the right-heart Is Now upon the Earth, and the Season of a Wild~Heart~Fire Spreading in the Hearts of All Is Dawning.

The right-heart is the True Seat of God's Divine Realization within the body/mind, and within the Spiritual Cross. The esoteric spiritual anatomy that appears within the body/mind is what I call the Spiritual Cross, which includes the sum-total of all channels, chakras/centers of consciousness that appear along the front and back of the body, the Eye, especially all three hearts, and the Resurrection Current that extends from the right-heart. The Resurrection Current is Not the Resurrection Current until the Final ego death passes into the right-heart. Before Final ego death there will appear a descending flow into the right-heart from above, it will seem as if your entire spiritual anatomy is going to be sucked into the right-heart. In truth that conscious dynamic is associated with the Final conscious death of the ego within all parts of the Spiritual Cross, and that Final process of ego death is marked by the sign of descending all bodily conscious activity into the right-heart. That process is the release of ego within the whole spectrum of consciousness in

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relationship to all possible worlds, all possible forms, and all possible realities, for All time.

As the Dawning of the True death of ego comes, and the Resurrection of the One and Only Divine Realization gives Glimpses of ItSelf, all parts of the Spiritual Cross begin to work Freely and Spontaneously (from the right-heart), within the individual, with all conscious entities, and truly within the environment. Until the time of the Resurrection Current, Spiritual practice (sadhana) is about the process of ego death, and the (absolute) death of that separative conscious activity throughout Every part of the Spiritual Cross.

True Spiritual practice/sadhana happens Only through Already being Self Realized. In other words, Spiritual practice requires the individual to have, *at least Faithfully*, already Realized Self. That Is what empowers True Spiritual Growth and Transformation, and an individual with genuine Self Realization provides the *right* kind of conscious relationship (bodily environment) with God and Reality for All progress in Awakening the Spiritual Cross. Only after there is a fundamental bodily death of ego does the Resurrection stage and Processes of that stage of bodily Realization begin. The Resurrection Current Is God's Realization Freely Manifesting As the individual in the absence of All forms ego.

The yogic descent into the right-heart gives glimpses of the True Pristine Nature of Everlasting Reality. But, the

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body/mind is not Identifying As that Pristine Reality of Consciousness (perfectly) until the Resurrection Current reverses that Flow and Seeds All possible Conscious experiences in God's Eternal Light, not until Perfect and Final ego death. With the Manifestation of the Resurrection Current the Initial Processes that follow Immediately begin, and those Processes align the Whole Spiritual Cross's anatomical structure to the right-heart, and the Whole of the Spiritual Cross is capitulated and assimilated to Function Perfectly through the Divine One. As these processes complete through God's Free Living Grace the Resurrection Current will begin to show that It Is a Free Standing Form of Divine Yoga (in itself). The structural Form appears like a 'wave' or an 'S', with the Sourcing/Seeding of the Current in the right-heart, and extending 'upwards' and Revealing the Deep Infinite Shine of the right-heart.

The Ultimate Form is like an Eternal Infinitely Bright Flower Blooming, Ascending As the Resurrection Current (with the Same Brightness Seeded in the Heart of God), and Seeing All As All (with the Same Intensity of the True Heart Light) at the Head (Eye) of the whole structure. This involves a Process that has moved past the bodily alignment (bodily transfiguration) sub-stage and has progressed into the bodily transcendent sub-stage. The bodily Yogic Processes at this point have become Cosmic, and the individual body/mind progressively Disappears

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(Completely) into the Divine Cosmos; the Cosmos and the body/mind Are One Being (Body - Consciousness), Literally.

The Process of Realizing the Resurrection Current and the Processes associated before and after the Awakening All Require the individual to Be Already Self Realized. The Only Way a person passes through any kind of ego death is by transcending the fear of death, and by transcending the fear of no-self, and that Only manifest in the Presence of True Self Realization. The individual Must Learn to See beyond the absence of a personal self, and the Devotee of God Must Learn to consciously transcend the fear of the apparent emptiness that manifests in the absence of the *inward coil of 'me'*. The fear that spawns (the fountainhead of fear) is, at its root, a fear of no longer existing, and a fear of not existing in the absence of the ego 'me'. The conditioning of the body/mind has fooled the individual into solely attaching one's existence to the inward feeling of 'me'. However, with Genuine Self Realization the fear is easily consciously transcended moment to moment, and the conscious attachment of the body/mind to a pseudo 'me' is dropped (abandoned). This is because the individual has Realized True Self beyond the conscious contraction of a separative 'me'; thus, Spiritual practice and growth can Really take hold of the individual.

The process before the Resurrection is concerned with the bodily purging of the ego state of life, and the process after the

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Resurrection is concerned with transforming the body/mind and subsequent environment through a Free Living Flow of God's Realization As an individual. The whole of the Spiritual Cross will become a known, tangible bodily conscious experience before the Resurrection. The substance of your Faith based Self Realization enters each person, individually (and collectively), into the One and Only Divine Process of Enbrightenment.

The right-heart, the center heart and the left heart Form the three hearts of the Spiritual Cross. All three will become Known and Realized in their Steady-State of Divine Shining to those that Actually Notice, Acknowledge and Identify As the Divine One Only. These Divine Processes will make their self Known to All those that Truly Surrender the Wholeness of individual existence into the Sole Living Existence of God/Reality.

All quotes are from the KJV

Hebrews 1:1-3 - 1: God, who at sundry times and in divers manners spake in time past unto the fathers by the prophets, 2: Hath in these last days spoken unto us by his Son, whom he hath appointed heir of all things, by whom also he made the worlds; 3: Who being the brightness of his glory, and the express image of his person, and upholding all things by the word of his power,

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when he had by himself purged our sins, sat down on the right hand of the Majesty on high:

Hebrews 12:2 - 2: Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God.

Luke 22:69 - 69: Hereafter shall the Son of man sit on the right hand of the power of God.

Mark 16:19 - 19: After the Lord Jesus had spoken to them, he was taken up into heaven and he sat at the right hand of God.

Mark 14:62 - 62: And Jesus said, I am: and ye shall see the Son of man sitting on the right hand of power, and coming in the clouds of heaven.

Matthew 26:64 - 64: Jesus saith unto him, Thou hast said: nevertheless I say unto you, Hereafter shall ye see the Son of man sitting on the right hand of power, and coming in the clouds of heaven.

Matthew 22:44 - 44: The LORD said unto my Lord, Sit thou on my right hand, till I make thine enemies thy footstool?

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Acts 7:55 - 55: But he, being full of the Holy Ghost, looked up stedfastly into heaven, and saw the glory of God, and Jesus standing on the right hand of God,

1 Peter 3:22 - 22: Who is gone into heaven, and is on the right hand of God; angels and authorities and powers being made subject unto him.

Collaborative Spirituality

Do not limit yourself to one particular study of one particular religion or tradition. Not a single one is the Only True religion, not a single one has the sole monopoly on God's Realization, and not a single one can claim to be the one that All people Must follow. In order to gain a real understanding of the spiritual tradition one practices, or the religion one follows a person should study world religions, and world traditions. By limiting yourself to the study of one particular religion, not necessarily the practice, a person is blinding their self to the larger picture of how God is working across the globe in all people, and how ALL of the ancient religions were born in the midst of an isolated environment, which feared and even abhorred outside influences within their local religion.

When people become bound and trapped in their interpretation, their religious dogma, and their religion's 'system' of belief it becomes harder and harder to understand why everyone is not part of your religion and/or spiritual tradition. When people ignore the actual history, development, and influences that surrounded the formation, and even the spreading of a particular tradition, they ignore their own history; they ignore the roles that spiritual traditions, even much older, played

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in paving the way for newer, more advanced traditions (from the pantheism unto monotheism - from Spiritual awakening unto Whole bodily Realization). Many people tend to ignore and even deny their very own religion's history and process of development. It seems to these people that their religion was spontaneously created without a single cultural influence, or a single historical reference to another older religion. When in truth, All, Every religion Ever, is subject and born from current and/or dead or dying older traditions.

The process of God's Realization dawning in the hearts of people is a historical process, and it is a process that involves many religions, and many spiritual Masters; just One can't do it. It requires that multiple traditions are created, and multiple spiritual Masters are born and Teach through these traditions. The Truth of God's Realization and the Truth of the Way of the ancient Spiritual Realizers is not that these Masters came to justify the practice of One religion for All. Instead, the Spiritual Masters, and founders of the Major world religions, were Devotees of Eternal Reality/Self Only (the One and Only God). Through that (selfless - egoless) Devotion to God Only, they worked within their local (isolated) traditions to bring a clear understanding of the Real Message being Commune-icated (historically by God), which is Free Heart~Fire Communion with, in, through and As God.

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The ancient Masters, All of them, were born in a time when there was no mass communication, when word traveled by foot, horseback and boat, and when the practice of worshipping idols and statues, literally, was the main cultural practice that turned the people from the Living Presence of God. Thus, the ancient Masters always noted that there is Only One God, and that God is not located solely within a statue, or within a particular person, or place, but that God Is the Source of All appearances (Omni-Present), and God Is the Source of our True Eternal Self. Although, locally, in isolated places, the idea that there is Only God seemed to conflict with the idea of there being Only God in another spiritual tradition. The teachings weren't exactly the same, and the practices, language and presentation of the One True God through the original Heart~Master appears different than another Master claiming the Same thing (that there is Only One God). For this reason alone (although there are many reasons), many people isolated their spiritual practice to One Master, and claimed that their Master was sufficient for All people, and that they did not need another Spiritual Master.

The local people did this to protect their faith, to protect their practices, and to ensure the original quality of interpretation, *through the local language*, was the boundary (limitations) for understanding their religion. Through this cultural protectionism multiple religions appeared (over time) claiming there is Only One God, but because of the ancient way of isolating the

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tradition, isolating the scripture to their chosen language, and isolating the One and Only God to their Master, it locked those people into a cultural delusion.

The delusion is still being passed down today, and multiple religions of Earth claim there is Only One God, but these traditions do not get along, they fight and war, and they seek ways to establish their religion for All people on Earth. This practice of trying to convert All people to one religion fails every time, it fails because it does not take into account that there is not a One size fits All religion, and that it is not necessary to adhere to Only One particular tradition. God is not bound to any religion, tradition, or Spiritual Master. Many people will like to argue this, and many people will use threats to try and convince you otherwise, but they are just practicing the old ways of isolationism. These people are binding their-selves and others through the old way of being isolated and bound to one culture and people.

It is no longer useful to study one tradition Only. It is no longer beneficial to bind your spiritual practice to the limitations and isolationism of monopolistic religions. The Masters of the ancient times had no choice but to work within the culture they grew up in, they could not just create a new religion without making connections with the current tradition of the people. The more radical, and outside of the original local cultural practices, the more the current Spiritual Master appeared to be breaking

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with the old ways; thus, there was a correlation of backlash that went along with the New Spiritual Masters teachings.

Fundamentally, the historical progress of God's Revelation in All people has taken part in All cultures and All people. Those that claim to have the Fullness of God's Revelation should offer the Fullness of God's Realization. In order to claim to have the Fullness of God's Revelation within the human condition there needs to be a Scriptural revelation that exposes and reveals the Whole Process of Self/God Realization within the human condition. Without a Total Scriptural Revelation of the Entire Process of God Revealing ItSelf As the individual No religion can rightfully claim to have the Fullness of God's Revelation; even if a tradition has all the necessary teachings of the sum-total Process of the human's transformation through God's Divine Presence does not make it the Only Way. No tradition/religion Is the Only Way, it does not matter what your holy book claims either, that book is from the old isolationism times of religion and revelation, and it does not reflect the Free Living Dynamic of God working in a modern age (of mass communication, the modern life that transcends old cultural boundaries) to Reveal All Divine Processes of Self Realization to All people in multiple Ways.

In our modern times the whole planet is freely communicating, and the boundaries of local culture are transcended through mass communication. There is no longer a

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need to isolate, protect, and claim to have the One and Only Way. Those claims are not necessary; furthermore, those claims work against the inter-communication of one religion with another. The time has dawned for a True '*Collaborative Spiritual Growth*' on Earth. We cannot allow the monopolies of the ancient religions to bind or entrap our Impulse to be One people, and to Realize the One and Only God As All people.

The truth of the ancient religions, especially the ones that claim to be the Only Way, is that they Are Not the Only Way. There is not a single and Only Way to Realizing Truth. There is no One size fits All Guru, and there is no person, Ever, that is the Only Way of God Realization. There are no mediums of God's Realization that require All people to worship or become a devotee. It is Time to progress out of the old mind of monopolistic ideologies regarding God's Revelation, and it is Time to turn from believing the 'my way or the hell way' religions. We are One people, one planet, and we All share the Same God; no one has a monopoly on God, and no one can Rightfully make that claim (no one). Monopolistic religions Are practicing the old (historically now) unnecessary isolationism of our ancestors. God Is Free of All religion, God Is Free to Work however It Works, and God Is Free to Teach through All people, All religions, and All Spiritual Masters that are devoted to Love and Truth and Freedom, to God, in All people.

Guru is the living Precedent of God

The Guru is the one that appears in order to confront the Devotees of God in the Same bodily appearance As the Devotee. The Guru is the living Precedent of God, and there is tremendous Value for All (including animals) Lovers of God in the Guru. Those just beginning to enter the Divine Process of Enbrightenment are still learning to Practice Perfect Faith, and they are learning to undermine the ego coil, and to Notice, Acknowledge and Identify As the Divine Light of Consciousness. For the mature Devotees of God, the Guru is there As the Divine Presence ItSelf, Fully Exposed and Eternally Shining, but to the beginner the Guru is something they are learning to understand, and they are learning how to relate to the Divine living bodily Reality of the Guru.

The Guru appears to people in all sorts of ways, which truly depends on the current bodily relationship the individual (Devotees of God) has with God. The immature Devotees need the Guru for confrontations in the midst of the re-occurring ego coil of inwardness. To the beginner the Power of the Guru's bodily Presence is barely Noticed, sort of Acknowledged, and certainly not yet Truly Identified As until the comfort of the ego coil is turned from, and truly, not until the individual begins to

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become frustrated with the activity of ego. This is a process that can take on many forms, and because the comfort of the old conscious state of ego is the initial grounds in a beginner's Spiritual practice, that also, must be the place the new initiates (of God Devotion) begin to Notice God's Light shining through the complexity of a separative self.

The intellectual dialog of the Guru provides the linguistic confrontation that confounds those in the '*clouds*' (self inquiry stage) stage (before stage one of Self Realization), and it confounds all the new Devotees of God (stage one of Enbrightenment). In the beginning the devotee might engage in some kind of intellectual battle, challenging the Guru to give them the right answers, and they want the Guru to provide them with the answers to all their questions. They want to know about death, angels and demons, heaven and hell, they want to know about reincarnation, and they want all the 'correct' answers (as if the person asking the questions can confirm whether or not these answers are true). They demand these answers, and demand that the Guru better know all this stuff or else. While the Guru works with the new Devotees of God in the ways that confound them in the beginning, the new initiate misses (hardly notices) the True Teaching Beyond Words, which Is what the Guru is Really Saying (in Silence – and through the words spoken in All moments of experience with the Guru). For the Guru, even the words spoken are Potent Vehicles of Divine Light that enter the

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Devotee's ears and vibrate throughout the brain and nervous system with Divine Light and Joy-filled Love-bliss.

While a person is playing in the clouds of self delusion, and occasionally Noticing, Acknowledging and Identifying As God's Realization, that one plays on the fence of the stage of darkness (the '*clouds*') and the True Initial Stage of Enbrightenment (stage one). In order for the New Devotee of God to pass into the First True stage of Enbrightenment there Must be a steady-state of Faithful Self Realization. No one enters stage one by questioning, wondering, doubting, 'what-ifying', and seeking something 'other' than Who you Are right Now. Only after these qualities of the ego consciousness are confronted, witnessed, and grown beyond (through Faith and Spiritual practice) can the foundation of stage one begin to truly, in a Real Way, obliterate and annihilate the egoic state of inwardness.

In the beginning the Guru is a confrontation and a perpetual thorn in the side of the egoic life (to the individual). The Guru appears stoic and unconcerned with the drama of the 'self' possessed individual. Those that think they are confronting the Guru with all the challenging questions are simply demonstrating that they are not yet ready to enter the Divine Process of God Communion and Realization. The True Guru is not for everyone (until their time dawns) because everyone is not Ready for the True Guru. A person that has been in darkness and delusion their whole life cannot recognize the Guru's living

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condition, and the Shine of that individual's Divinity, which is Truly the Shine of All. Without the Guru there to confound, confront, and Initiate the Divine Process, a person just lives what they are comfortable with, that one lives in the pseudo (false) comfort-zone of ego life. If the individual does not step out of the darkness through their own volition and own choice, that one does not grow, that one does not come to Realization, and that one does not Realize the Value of the True Guru.

The New Devotees of God Realization must become like a person with their hair on fire, and the urgent need to find water. The New Devotees of God have to understand that the ego is deceptively comforting, and without the moment to moment Intensity (mirrored in the person with their hair on fire) of the Deep Heart-felt Yearning for Truth, the ego's separative life, and method of seeking and searching will oppress and reject (in a way that the body/mind ignores the Divine) the Transcendent Steady-State of Eternal Consciousness. The Responsibility Is yours, Enbrightenment is a Gift each person is solely responsible for in life, and without any Real confrontation of ego life, without any confrontation by One that Is Already Realized, that one (in the 'clouds' stage) is without a Genuine Spiritual Practice, and without a Genuine Relationship to the Guru. Darkness or Light, your choice, but the Light Is Perpetually Shining Beyond the world of appearances, and you Must learn to Notice, Acknowledge and Identify As the One and Only Divine Reality

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of God, or darkness is your living steady-state of existence. Those that are freshly Awakened to Spiritual life always demonstrate a kind of fervor that leaves them excited and anxious, but this will fade away, and the beginner may begin to slack in discipline and practice. Eventually, their fervor is gone and so is their Spiritual practice. So one must be aware of the different stages a person passes through in relationship to Spiritual life. Be the Witness to all the ego drama and self talk. Remember it is all happening in the midst of the Eternal Light and Presence of Existence ItSelf. None of that experience is separate from Truth. However, none of it is It alone. The value of the Guru for the beginner is all about demonstration, being something that person can see and relate to in the same bodily appearance. This changes with maturity and growth in Heart Communion. Take time to understand the Guru and take care to be aware of any self talking ego drama that tends to show itself as the urge to figure "It" out.

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The~Only

The Only Presence of Reality (Existence ItSelf) is the Only True conscious quality of existence that is Everlasting. The ego state of mind believes in all sorts of conscious realities, but the appearance of these separate conscious realities are temporary unlike the True Nature of Consciousness. Ego is the feeling of separation, it is a feeling of contraction, attachment, anxiety, vulnerability, and immersion in otherness. Ego separates and filters all conscious experience, attaching to this and that, and rejecting this and that. However, the Truth of Existence demonstrates that the Ultimate substance of all appearances springs from the Transcendent Conscious Nature of Eternity, and THAT Eternal Reality Is Inherently undifferentiated, and Perfectly One.

Fundamentally, the ego presumes, and assumes the living conscious state of separation with all, it lives an existence of perpetual change and the ego is bound to time and space only. The~Only Is the Only Everlasting Reality, and IT Is Beyond and Transcendent of All appearances and changing forms, which are just modifications of The~Only. In the midst of all the conscious relationships that manifest via the environment the (soul) body appears within there Is Only One True Reality that Actually

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Exists. The Only Real Identity of Existence (God) Is simply The~Only. IT is nameless, Full of ItSelf, unaffected by time and space, and The~Only is 100% of all that appears.

Evidence of God

The Evidence of God appears in all sorts of ways to all sorts of people, and for a number of people there is no Evidence for God. Throughout history many people have argued for God's existence and many have failed, and the fundamental reason is because all these attempts are grounded in ideas, not a Tangible bodily Realization of the anatomy of esoteric consciousness through which God (the Transcendent Reality of Consciousness) Commune-icates Its Divine and Eternal Realization (Evidence of ItSelf). This commentary will cover Ways to Notice and Recognize Evidence, the Evidence of God in your life, and the type of Evidence primarily referred to here manifests through the anatomical Awakening of the body/mind's esoteric (spiritual) consciousness, which is called the Spiritual Cross in Enbrightenment.

The Evidence of God within the human condition is appears as a subjective Recognition of the Divine Light of Consciousness As the True and Everlasting Source of Self/Identity. This happens via the abandonment ego as source of self, and the individual recognizes that one's True Self and Identity is the Eternal Reality of Existence ItSelf. The body/mind (As a conscious Tipping Point) Recognizes, Realizes and

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Acknowledges the One and Only Identity of All As its (the individual's) own. The Evidence of God will not appear as dogma or belief as if an idea or group of idea or ideology is God ItSelf. Instead, the Evidence of God is already present and part of the Very fabric of the individual's body. This is why personal evidence of God is subjective, that is what is required in the ultimate sense. Even if there is Evidence for God via some scientific method, it will not be enough, a person wants and needs that personal, subjective confirmation that (a) God exists.

Evidence of God (as if existence and reality are not enough) truly is manifest in Heart~Fire, Light and Love-bliss. The Spiritual Cross, As it Awakens through the Living Presence of the Holy Spirit of God, Is the Divine Vault of the body/mind's Inherent Manifest Evidence of God (Eternal Life). The Spiritual Cross provides the individual with the anatomy through which the Dynamic of God's Consciousness Transfigures the body/mind. This Divine Process Transforms the individual into a Transparent Shining and Living Precedent of the Evidence of God to their self and even to others. As a person turns to Notice, Acknowledge and Identify As the Everlasting Reality of Consciousness the Spiritual Cross comes to life. The living bodily Evidence of God IS Tangibly and Consciously Born within the frame-work of the Spiritual Cross. Through Devotional practice to surrendering the whole body/mind (to God's Realization) moment to moment the Grace of God can

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begin to Demonstrate the living Presence As Heart~Fire, which is noticed in the chest area (three hearts region) of the body/mind (even throughout the whole body).

The reason people are not Aware and bodily Awake to God's Living Presence of Divine Consciousness is because of the ego coil of inwardness, because of an attachment to a false separative identity (something 'other than' God's Identity). That coil of darkness and delusion can play any role or character in life, and even if the ego (false conscious relationship) claims it is religious and God fearing, that sort of consciousness is Truly not interested in (Real) Evidence. Instead, in order for the ego to Notice Evidence (of God) it wants God to show Its powers, and demonstrate that God is on their side, the ego wants material Evidence, it wants something it can consume as just another experience (*it wants to add the objective experience of evidence of God to their leaning tower of self created delusion – 'tower of babblon'*).

The kind of Evidence most people want is not Evidence at all. It is just ego wanting more ego. The ego seeks evidence of itself, not God, and through seeking and searching for evidence the individual is blotting-out the Divine Evidence of Light, Heart~Fire and Joy-filled Happiness, and that person is blotting-out (oppressing and suppressing) the Free Flow of Heart~Fire within, and throughout the Spiritual Cross. Through seeking evidence as some sort of event, or as some sort objective display

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from God the body/mind is denying and ignoring its Very Own inherent Evidence.

Truly, the atheist (and/or the common demand for Evidence of God) wants to see evidence through some kind of event or objective experience, and they want evidence that can be replicated and repeated in order for the evidence to be valid, and finally, this kind of world-view (atheism) demands that science be the observer to validate the evidence. This is like whirlpools missing the fundamental reality they appear within, and seeking objective evidence for the water they exist within. You can't separate the Evidence from Reality, and no one can objectify the Evidence of God as if consciousness has no role, and as if God is separate from the currently appearing reality. There is no event (or series of events) that can and/or will prove God exists once and for all, and there will Never be any objective Evidence of God that is not subjectively already appearing within the context of humanity and the universe. The egoic state of consciousness will NEVER have Evidence of God, and without the individual's bodily conscious Transcendence of the egoic coil of inwardness the Opportunity for Evidence of God passes by moment to moment.

The Impulse of the individual to seek evidence of God should be abandoned for the Real Divine Inherent (Self) Satisfaction of God's Realization, which IS the True Evidence of God. The individual Must learn to Transcend the demand for

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Evidence of God that is in some other time, or in some other place. The individual's Need to have God Confirmed Is Only Confirmed through the Heart~Fire's Transfiguring Presence of Light and Love-bliss, through the Eternal Transcendent Reality of Consciousness. The Manifest Evidence of God Is Already Inherently built into the fabric of each person, and with Genuine Devotion to God's process of Enbrightenment the Spiritual Cross reveals itself to Be the Perpetual and Tangible Evidence for God's work, grace, will, love and (subjectively) Self Evident Demonstration of the Everlasting Divine Presence of God. God's Evidence of ItSelf is Self Evidently Shining within the conscious experience (through Awakening the Spiritual Cross – progressively) of the individual moment to moment. Your True Self IS the Evidence of God. Transcend the need to seek Evidence of God, and Be Satisfied with your Inherent Evidence of God, which is thoroughly Demonstrated As a Tangible Conscious Everlasting Reality Revealed through Total Realization of the Spiritual Cross.

Ego is Not Spiritual

ALL Is Spiritual – ALL Is Consciousness – Undifferentiated Perfectly Divine Everlasting Consciousness, and there is nothing that Is, that is not Spiritual. There is only one Consciousness, and that Divine Consciousness sees the (whole) Spiritual Cross, chakras and all the subsequent currents and channels as Its Very Own anatomy through which It Communicates ITSELF. The whole system is what I call the Spiritual Cross, and Only the Divine Light of God is (should be) communicated through that conscious anatomy. In the beginning, the Spiritual Cross is darkened by the egoic coil of inwardness, and through that darkness many people try to understand the Spiritual (anatomy) Cross, and try to relate to God and Ultimate Reality through the separative ‘me’ (the self created identity of the individual). Those attempts are a waste, useless, and just more darkness added to the already self obsessed darkness of ego; all of it is just more floors added onto the individual’s self created ‘tower of babblon’. There is no such thing as ‘me and God’; God Only Is.

The whole system has one purpose, and that is to allow the Divine Light and Consciousness of Eternal Reality to Freely Flow and Live through the whole system of chakras and currents.

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The purpose of the Spiritual Cross is to enable God to Freely, Fully, and Perfectly Live As the individual. It is not for some kind of 'soul' (creature separate from God and/or Everlasting Reality) to pass into portals, or to channel specific energies, and/or to allow a person to See different vibrations of 'energy', worlds and beings. The Spiritual Cross is not for some 'thing' (some creature or being) to experience other worlds, beings or energies, the Spiritual Cross is For God Only. The egoic state of mind likes to think the chakras and currents and channels are part of it (ego), and/or somehow belong to it (ego – personal separative identity), but that is Far from Truth.

The ego is the 'thing' (ongoing activity) fogging and clouding up the Free Flow and Shine of the Spiritual Cross. All Is Consciousness, the whole body (flesh) Is consciousness, and there is nothing appearing within Reality that is separate from the Only Divine Consciousness of Existence, yet the ego, which is also consciousness, is a false Sense of Self, and the ego Falsely relates to life through its own delusion of self. Thus, when the egoic state of mind tries to understand, relate, or find clarity within the anatomical structure of the Spiritual Cross there are Always places of darkness or confusion. The ego thinks the Spiritual Cross is useful to it (ego), and through concentrating the egoic consciousness in certain parts of the Spiritual Cross amazing experiences can happen. But, they are always

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experiences of separation, otherness, and whatever the ego 'experiences' is just an experience, Never Realization.

The chakras, currents and channels of the Spiritual Cross do not control anything, not energy or consciousness. Those anatomical structures support specific kinds of relational (bodily) consciousness, and they are related to specific kinds of relational (bodily) consciousness, and as a person's bodily consciousness dwells in certain states of relational consciousness (like being sexually active and/or contemplating sexual activity constantly) the flow of consciousness gathers in that area of the body. If a person is a controlling type, and has a dominating character their consciousness will gather around the navel, and built vast networks of anxiety and/or a power (control) related conscious life with others. If a person simply learns Awareness Beyond ego, and watches the way Consciousness plays through the Spiritual Cross at certain points, and through certain channels/currents the conscious dynamic (within the Spiritual Cross) will be somewhat clear, and noticeable (but this takes time – it is a process). However, the ego is not the thing that becomes Realized, nor is there something that God created that becomes Realized; the Realization is God's and that Realization Is Already Established As the Ground and Substance of Reality.

God's Realization Is what brings the Spiritual Cross to Life once the individual turns from the egoic conscious relationship of life (and identity) to the Perfect and Divine

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Conscious Relationship of Life (and Identity). God's Realization purges the Spiritual Cross of the self created identity of ego. This is the way it is until True Self Realization manifests and the Whole Spiritual Cross (All of It) Shines simultaneously and freely from the Divine Light Only. Only after the Resurrection is that Living Steady-State Awakened, and Only after Resurrection is the Transcendent Samadhi, the Unconditional Samadhi of God's Everlasting Presence/Realization, Awakened and Freely Alive As the individual.

The chakras are places that the Single Divine Consciousness lives through the body/mind As that body/mind. While a person is tied up in the ego the whole Spiritual Cross is darkened by that bodily state of consciousness. It may seem like bodily consciousness can have experiences directly related to certain parts of the Spiritual Cross (while the ego is blinded to the rest of the Spiritual Cross), but these experiences are always ego relating separately to the experience. The knot/coil of consciousness believes '*it - me*' just experienced some extraordinary spiritual energy or experience within the Spiritual Cross (anatomy of spiritual - esoteric consciousness).

This is the basis of the False conscious relationship the body/mind has with True Self. The ego is the darkness ItSelf, and it may seem that a separate self is experiencing different parts of the Spiritual Cross, but it does not mean there is Realization. The chakras and currents are Always awake, and the Whole Spiritual

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Cross is inherently present in All individuals, but only subtly and not with any Free Awareness or Force and Intensity that Allows the chakras to perpetually Shine (from the Divine Only). This Only happens after Self Realization yokes the body/mind unto ItSelf. That is a process, and the process of Realizing the whole Spiritual Cross requires that the egoic conscious relationship of the body/mind be completely obliterated, and annihilated. In popular and trendy spirituality many people are out trying to be healers, and spiritual guides, and they tell you that your chakras are closed, or that your kundalini is blocked. However, they can't do anything about this experience of the spiritual anatomy. They can't realign or balance your chakras, and they can't cleanse your aura.

Only God ItSelf can actually bring about the changes necessary for the awakening of the Spiritual Cross. The spiritual anatomy is Never blocked from God, it is Never closed off from God, and it (Spiritual Cross) is Never dead or separate from God. God works through the Guru, and one that is Heart Realized catalyzes Heart Realization in others. It is not really any kind of effort from the individual that is serving as Guru, but that the Divine lives as that person so freely that a Transmission seems to radiate from their bodily form and activating the Spiritual Cross. True Devotees of God always notice this and heart commune with that one effortlessly. Heart Communion catalyzes these changes in a powerful way.

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The Spiritual Cross is Always perpetually manifesting within the human condition, and the Spiritual Cross is always perpetually allowing consciousness to flow and move through it. The problem is that people relate to the Spiritual Cross from the ego (coil of inwardness – separative identity from the Divine), and when they experience different parts of the Spiritual Cross they are limited and bound to Seeing focused experiences of the Spiritual Cross because of the 'narrow conscious view' (focused and isolated) of ego. When the ego 'moves' around within that structure (of esoteric consciousness) there will appear blockages, dead spots, and even a (apparent) separation from the Everlasting Divine Reality. If a person tells you your chakras are blocked and they need to be opened up that person is teaching from the egoic point of view, and it is a False teaching, based on delusion and self contraction into darkness. They are trying to teach you from their (personal) egoic experience of different parts of the Spiritual Cross, and that will always be limited and bound to mystery and ignorance. The Guru (the True Spiritual teacher and guide) simply asks you to sit down and Notice their Shine, and to Perfectly Commune in that Shine, and to Perfectly Identify As that Shine (for yourself – As yourself).

In the Presence of a True Guru the experience (of the Spiritual Cross) can open up and begin to Shine from the Proper Conscious Relationship of the body/mind and the Transcendent, which is Sourced once the body/mind has (progressively)

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Perfectly Noticed, Acknowledged and Identified As the Divine One Only. Fundamentally, as long as the ego is present (and ruling the body/mind's conscious relationship with ALL) the Spiritual Cross will appear mysterious and dark, and the Spiritual Cross will seem to have mysterious contractions and coils. Only the Masters of the Fullness of the Spiritual Cross can guide a person through ALL of the Divinely Sourced experiences of the Spiritual Cross, and anyone else trying to teach about ANY part of the Spiritual Cross (esoteric anatomy of consciousness) without Divine Realization should stop, and remove the giant tree of ego from their body/mind and Spiritual Cross before going out to make things clear for anyone else.

The Guru Is the Living Company that truly Shines in the Perpetual Steady-State of a Fully Realized Spiritual Cross, and when in the physical Company of the Guru the Devotee of God can begin to submit the egoic contraction into the Divine Transmission of Light and Consciousness (apparently) Radiating from the Guru's bodily form. If you want to Realize the Spiritual Cross sit with the Guru, devote every living experience into the Guru's bodily Shining, and Learn to Identify As the Very Source of the Guru's Transmission of Divine Consciousness. No other way is the Way. Without Devotion to the Guru's Free Shining of God's Realization an individual should not engage or try and (through egoic effort) awaken the Spiritual Cross Fully (it can't happen anyways – the ego will Never Know the Wholeness of

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the Spiritual Cross), and that effort will only lead the individual into further darkness and delusion. Furthermore, it is not possible to Realize the Wholeness without the Guru's Communion, without Noticing, Acknowledging and Identifying As the Same One (and Only Divine Reality) As the Guru.

If you want to be Aware of the Wholeness/Fullness of the Spiritual Cross the coil of inwardness, the thing that believes it is relating to the Spiritual Cross, the one that falsely believes it can become Realized, the false sense of self that falsely believes it will last forever, Must Be Perfectly Annihilated through the Divine Fires of God's Transfiguring Presence. Then the Divine Everlasting Unconditional, Undifferentiated Samadhi (Transcendent Steady-State of Conscious Existence, which Appears Only after Resurrection) of God becomes what the body/mind Lives through. Without Divine Self Realization (or at least a Faith based Understanding and Acknowledgement of True Self) within the body/mind, the Spiritual Cross is a mystery better to be taught through the Guru.

ALL Is Consciousness, ALL Is God's, and Reality, ItSelf, Is One matrix of interconnected points of view through which the Divine Light of Consciousness Awakens and Transforms an individual's (or a collective) life. There is absolutely No value in identifying As a separate being, and the egoic conscious activity of the body/mind is fruitless, useless, and a waste of conscious energy. The separative (egoic) 'me' is truly the Great Black

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Curtain that smothers an individual's True Heart Vision of God (moment to moment). Everything a person experiences Is simply manifesting in the context of God's Eternal Presence, and the Spiritual Cross, and subsequent anatomical structures of the Spiritual Cross are for God's Realization to Shine through each person. The self centered egoic coil of inwardness is the Only Real Source of darkness, and that kind conscious relationship of body/mind is not Spiritual. The ego is the opposite of Spiritual life; it is the opposite of God's Light. The ego does not use the kundalini, chakras and so forth for its realization, and the ego Must be Purged for the body/mind to Realize the True Spiritual Nature of Existence, and for the Spiritual Cross to Fully Shine Freely.

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Clouds

This is the stage where all people end up (even from the beginning, in infancy), and it becomes an individual's (ongoing, seemingly unending) separative (egoic) conscious relationship with their living experience, with life itself. The state of mind (stage of life) that results from this is called the 'clouds' (in terms of Enbrightenment). This conscious relationship (ego self, separate self) with life comes about within an individual's conscious experience of life through parent's influence, cultural influence and personal influence (personal egoic choices). The stage of the 'clouds' is not something to try and escape from, and/or something to try and turn against; any rejection turns out to result more of it, just of a different appearance. One must Transcend, consciously, and to live consciously Transcendent of all experiences Is the Way to live beyond the false bodily conscious state of the 'clouds'. Like a Witness, the Witness of Existence ItSelf.

It (clouds) is the stage of seeking to create a separative self based on one's bodily experience of life and reality. This stage is the stage of choosing an (pseudo – false sense of self) identity to attach one's 'self' and living that conscious relationship with every thing. All those within this stage (the

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stage before stage one of Enbrightenment) are blind (moment to moment) of the transcendent reality of Consciousness. The Self Realized in stage one is a distant Light in a far off land to those bound in self contemplation and fear. The *clouds* stage is a common stage of life that even the smartest and bravest are stuck within. It begins to appear soon after birth, the infant learns to disassociate its body with ‘other’ bodies and with the appearing world in general. The feeling of consciously turning inward becomes the feeling of ‘me’, this feeling is a coil-like false sense of self (*it feels like the center that is experiencing life, and maybe even God*). Once people get into the ego life they remain there (never needing a reason to not be like this), most for the rest of their life, even unto death. The ego identity is born here, and that inward coil of mind, which is simply there to function (not identify As) within the body/mind, becomes associated with self, with the narcissistic, self absorbed, unstable state of consciousness.

The process in this stage that transitions one into the 1st stage of Enbrightenment is about the relaxing of that first inward coil of mind, **which turns out to be like a strangle hold over all life experience**. This stage ends as one re-discovers the Open Heart Freedom of simply being (without seeking), which progressively Dawns As stage one of Enbrightenment. In the infant the state of consciousness begins to associate self (the inward coil of bodily consciousness) with the body, with

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movements, with pain and pleasure, and with all experience. Before the infant enters this state of bodily consciousness (dawning of ego) there is simple Presence and simple Self appearing As all appearances and experiences. Once the infant learns to gain control of the body/mind, in progressive degrees, it forms an individual personality to 'go with' the individual body. This is how darkness sets in, and this is how far back we can look to see the process of ego's self obsession (the process of forming ego).

In this state of consciousness the body/mind begins a journey without end, and as different experiences become available new and fresh creations of ego are born. With all the towering influences that are thrust upon the child as they grow up the ego is built up, torn down, rebuilt, torn down again, and this cycle repeats perpetually. This cycle of ego becoming and dying is the general state of consciousness for all within the **clouds**. The ego that forms can be an atheist or a theist, and/or a scientist. The ego can become a movie-star, a weather man, learn how to be a doctor, and the ego is only limited by what is possible within the living condition of the body/mind. Technology becomes a tool for ego to reach new heights and new lows; along with seeking more ego through technology comes new ideas of the world, and new world-views upon which the ego attaches its *perpetually inconsistent identity*.

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The fundamental reality is that the body/mind's consciousness created the ego, and the whole creation is unnecessary. The ego is not part of the inherent born state of consciousness of the human. It comes afterwards, it is not necessary and that egoic life is also free to change identity, it is free to become something else, and it is free to always be what it is not. The truth of ego is that it is an activity, not an identity, the ego supports a temporary identity, moment to moment, through the reiteration of specific memories and experiences; either pleasure or pain. But, the self created identity is nothing that lasts longer than the next experience. Thus, even when ego is feeling like it is being torn apart from within, it can simply attach to another self created identity that is currently supported with their conscious experience of life. This attachment to a new identity appears for the sake of keeping the deep dark fears of life oppressed, and to escape death itself.

Ego is a coil inward of attention and focus, which does not experience life in the fullness (Ever). Ego consciousness is bound to memories, short focused experiences in life, and while some things are easily remembered, some things appear in life without ego ever noticing. The ego identity is something that must be consciously reiterated within the body/mind or it loses its influencing power over the body/mind. When life does not support the individual's egoic state of mind there is fear, recoil, and inwardness coupled with self obsession. The ego searches for

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a dark place of the mind it can hide from the current living experiences, and/or it seeks a new identity within the experience to oppress the fear based state of consciousness, which is the true ground of ego's persistent appearance .

The Way to transcend the ego is like remembering that infant state of Open Heart Boundless Freedom that was experienced. The truth after all these years is that the Same Free Heart Consciousness that appeared as a child has never left, on the contrary, the individual has abandoned It. The individual abandoned IT for an ego life. Yet, after all these years IT is Still Present, steady and peaceful, radiant and filled with God's Divine Light at every point in space and in every direction. Remember you created that thing you call 'me'. It is something born in your infancy, and has been supported by your whole life experience as a human. By letting go of that coil of consciousness, by releasing your mental grip on the rubber-band ball of consciousness you call 'me' the individual can begin to Transcend that living state and Rest in the True State of Everlasting Existence discovered by the Divine Gift of God's Realization As you, always Transcendent of the *clouds*.

modus operandi

The ego is the individual's 'modus operandi' and this conscious activity plays the (unnecessary) role of being (feeling of separate self). The individual repeats this pattern of consciousness to support their day to day relationships through a separative 'me'. Ego is the one stuck in primordial fear and unable to move in the dream, and the ego supports a bodily conscious state that leaves the consciousness of the body/mind in an unsatisfied state of life. The ego is a reflection of the individual's deep fear based life, which is simply the darkness of consciousness and the feeling of separation. The m.o. of the ego is perpetually seeking to create conditions that support its conditional (dark) presence throughout the body/mind. The *modus operandi* of the ego is perpetually seeking, searching, and unsatisfied with life, friends, and family. More importantly the ego is never interested or satisfied with God.

The ego is a living condition that wants what it does not have in life. The ego is deeply jealous, and that jealousy spawns all sorts of reactions. The ego, even when it has (apparently) achieved all it asked for, remains unsatisfied with life and craves more and more. The egoic relationship of life, even if that person has it all, still finds someone that has more, or imagines having

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more, and more, and more, and more, and until ego has it all. Ego is a 'point of view' based kind of conscious experience that is jealous of others achievements, and it is jealous of what it does not already have, and/or what it has not already achieved, because apparently someone else has already made it to that 'level'. The ego is a conscious activity that *only* subsides, and ultimately ends, through God Realization, and the subsequent processes that follow in bodily transfiguration (Enbrightenment).

The ego lives in a state of self created jealousy that is even jealous of itself. The egoic forms of consciousness cut, divide, split, tear apart, and seek separation within its own activity, and with others. With the backdrop of darkness (absence of True Self Awareness), instead of God's Divine Light, the ego filters life and compartmentalizes specific patterns of conscious relationship. In other words, if a person is scared of clowns that one does not live in fear with all people all the time, that person compartmentalizes the fear of clowns. When that person has a conscious experience of clowns, whether it is imaginary or real, that triggers the fear, and that fear takes control of the person and blacks out their previous state where fear did not seem to be in control. In the midst of the fear experience of the clown the person is creating vast conscious experiences in darkness, in delusion, through a conscious relationship of a false sense of self, and by hiding specific parts of the personality in order for fear to become a demonstrable experience (*in order to live the*

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expression of the fear of clowns). Furthermore, the fundamental conscious experience is that the person *wants to be afraid* of clowns; therefore, they suppress other parts of their personality that are not scared of clowns in order for the fear to manifest freely. All fear is a self created darkness that denies (consciously moment to moment) our Everlasting (Self) Reality.

The ego's **modus operandi** is to create conditions that support whatever current *mode of seeking* is present, to maintain the current conditions that suppress (the constant backdrop of) fear and support the search for more self (seeking to sustain pleasure and happiness). The ego's m.o. is always avoiding fear and seeking what it is not. The ego is not concerned for the whole, not even itself, and it does not care for self transcendence or living beyond the conditioning of the body/mind. The ego always focuses on whatever keeps the fear from poking its head out of the darkness of the unconsciousness. That is, unless the expression of fear supports the identity of the ego (some people, for whatever reason, want to be fearful). It (ego) is constantly seeking new experiences that create enough darkness to hide the steady-state of fear, which is perpetually present in every egoic living experience (moment to moment); every experience the ego has ever known.

The darkness one experiences is born from the ego way of life (and finds necessary in order to survive moment to moment as a separate identity). Once a person has Realized Self the ego is

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Transcended, although in the beginning the activity of ego returns and must be then surrendered and transcended moment to moment. The seeking way of life is, at its root, all born moment to moment through reiteration of a separate (personal) self (ego), through the fear of lacking self knowledge, and through the fear of lacking identity. However, in and of itself, the ego does not actually exist as anything, ever. The fear that appears once a person (with ego based consciousness) turns to know God, or relate to God is the darkest of fears because it involves the ending of the existence of a sensation of separate self. The deepest fear of ego is non-existence and/or death. So the **modus operandi** of ego is to prevent this fear, it is to cover up this fear and to oppress this fear at all cost.

The true quality of consciousness that is perpetually transcendent of the ego states of consciousness is the Divine Only. It Is the Perfect Reality Perfectly Present As the Only Reality/Existence, and It is 100% Present in every moment regardless of appearances. Like the sky above water, the True Nature of Consciousness is always above the drama of the *sea of ego*. It (God's Realization and Self Shining Reality) is perpetually beyond the dark fathoms of ego consciousness, and in Truth, you Are always already beyond ego and its illusions. The fear of ego, which is the most fundamental driving force and the most oppressed quality of ego's life, does not consciously exist within the Great Transcendent Consciousness of God. The Great

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Transcendent Consciousness of God serves As our Immediate (and Always Present) Release from the binding activity of ego. God is ever-present, seated As the Very substance of our experience/existence, like the sky (that surrounds the seas and oceans) is always beyond the dark seas of ego life. The sky starts at the surface of the water, as soon as one leaves the waters of ego that one is immersed whole bodily in Divine Consciousness. Be a Witness to the activity of ego, watch it, observe how it works, notice the emptiness of this activity, and recognize that which is Already Transcendent of this activity. The 'modus operandi' of the ego is to keep you from Knowing your True Self. The ego is your own self created, moment to moment, denial of Real Self, and the ego is an individual's seeking of a false sense of (separate) self. Learn to consciously live beyond the activity of ego, watch it burn in the Divine Fires of God's Presence, learn to Presently Transcend the self created fears for the Ever-Present Only.

Perfect Opportunity

Right now is the perfect opportunity (regardless of any apparent conditions of life) to Realize God As the One and Only True Everlasting, perpetually transcendent, Existence of Existence. The perpetual built in state of God's Realization within the appearing universe, *and fundamentally substantiating every moment of conscious existence of all conscious beings*, Is always something that exists and is Omni-present throughout Reality. The appearing universe is built on the foundation of the (moment to moment) Free opportunity to Know Self, to Live As Self, and the basis of the opportunity is to Realize your Everlasting Self right Now; thus, Establishing the Necessary Foundation for Real God Realization.

In the common conscious state of the *clouds* the person is either in search of an identity, someone to grow into, someone to become, a goal to fulfill, an ideology to adhere to, a system of philosophy to practice, a power to achieve and so on. Within the *clouds* a person is bound to all conscious relationships that are created through a separative type of identity. The ego bound person 'uses' the contraction of separate self as the center, hub or nexus for all relationships. However, this activity is not necessary. There is no need for the individual to create a hub or

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center to relate in life. The individual body/mind serves as that inherently, there is no need to add to that.

The reappearing presence of the ego coil within the consciousness of the body/mind is something the body/mind is doing; it is an old conscious habit, even as a child. It is something the conscious state of the body/mind has become used to living and relating through in life. The coil is the result of a conscious activity that is unnecessary, and ultimately this coil of inward consciousness fails to serve the Spiritual Process.

The Spiritual Process of Enbrightenment reveals the wholeness of the Spiritual Cross, and through the process of that Revelation the body/mind is purged of the activity of the conscious coil of inwardness. The Process of Enbrightenment progressively undermines the ego coil, and the Everlasting Consciousness of God becomes the center or hub of all conscious relationships/experiences, finally the egoic coil of life is released, never to return as a conscious experience again (3rd stage of Enbrightenment). The coil of separate self can always be consciously transcended in any moment, but until that conditioned activity is purged, burnt and devoured by God's Over-whelming Presence, it will retake its conscious seat of identity (the seat/center of all bodily conscious relationships) every time within the individual.

There is a perfect opportunity built into the Very Presence of existence, and that opportunity is to Transcend the conscious

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coil of inwardness and See As the Ground of All Seeing, which IS a Conscious Light appearing Translucent and Transparent simultaneously. In the clouds there may appear to be a distant point of light, extremely bright in nature, but that is just the ego coil objectively relating to the Light. In all moments of a person's life the Light of Consciousness remains Ever Present and Transcendent of the bodily experience of life.

The coil of consciousness is a conscious rejection of living in the Light for a fear based inwardness that turns from (moment to moment) Identifying As the Light. The coil of bodily consciousness is a long term condition of the conscious relationship appearing within that person. This is not something that can vaporize from the brain in a flash, but the opportunity to consciously Transcend that coil of consciousness is Perpetually and Perfectly Present right Now. As a person learns to notice the coil of consciousness, and that person begins to see that is how they have been seeing and relating to everyone (and all things in life, including God), the egoic coil relaxes and one begins to notice their Real Self beyond that activity.

The Spiritual Process is not about ritual, dogma, belief, waiting, longing, yearning, wanting, praying and/or any of these things. Instead, the Divine Light of Consciousness Is the One Realizing ItSelf As the individual, and so, all those activities are born from the Divine Process, not creating the Divine Process. Those practices are nothing in their-selves, and they cannot be

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fruitful if the ego is the one practicing. When God is practicing all the necessary prayers, meditations, yogas, and awakenings of the Spiritual Cross, Spiritual life is grounded in Truth. There is no Spirituality possible with ego.

The Perfect Opportunity to Notice God's Sole Presence of Reality is always perpetually manifesting right Now. Even though the coil of conscious inwardness seems to blot out the Divine Light of Consciousness, have Perfect Faith It is Present. Even though the coil of conscious inwardness seems to overpower the Light and darken the conscious plane of existence, it is all self created, and began at in the infantile stage of life. It takes time to process the death of the coil of conscious inwardness, and that process Is the Spiritual Process. With God's Realization Perpetually a Perfect Opportunity to be Realized within the individual's life moment to moment, the individual can learn to Transcend the coil of consciousness by Noticing, Acknowledging, and Faithfully Identifying As (subjectively) the Light of God. Finally and Ultimately, Seeing and Identity (through the Process of Enbrightenment) are bodily Awakened As the Light of God, and the True Life of God's Grace is Lived Perfectly and Freely within the individual. Recognize the Perfect Opportunity to Dive into the One True Process of Spiritual life right Now, and be bodily Transfigured by Perfectly Identifying As God's Single/Sole Identity of Everlasting Consciousness.

Suffering is part of life

Suffering is part of life. There is no way to escape it, end it, stop it, and/or prevent it. All bodily forms, regardless of the world (heavens or hells), suffer. That is the way and nature of a bodily form, that is the way of birth and death, and that is the way of Spiritual life. The Truth of suffering demonstrates that no bodily and/or worldly satisfaction can ever replace, undermine, or trump the Satisfaction of God ItSelf. Suffering is part of the fabric of appearing as a (ANY) body/mind. Suffering appears in every world there is form, and it does not matter what kind of world you live in. Enbrihtenment does not teach the path of escaping suffering or somehow ending suffering. The kind of suffering described here is concerned with all degrees of suffering, from being injured to distance, truly, with any life that is born, which must also die, there is suffering. It is easy to see suffering in being injured, but it is more difficult to see suffering in distance and separation. Lovers always experience suffering with distance, but we are not separate from God, therefore, no one has to suffer separation from Truth, Life, Perfection, Love-bliss, and the Divine Everlasting Reality of Existence. The idea that we suffer separation from God and Truth is an unnecessary suffering, that is actually an illusion of suffering. However, just

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because distance (seems) appears, just because separation of forms (seem to) appear that is not any real separation (of Substance) within Reality ItSelf. God Is Fully Present (100%) Everywhere, Always and Forever.

All worlds, including the greatest heaven imaginable, are appearing through form (that is the Only way), and anyone (an individual – point of view) within that world appears as a bodily form. There is distance in every world, there is (apparent – pseudo) separation (through individuality) in the appearance of all worlds, and the appearance of time, space, distance, environment, and bodily forms occupy all worlds. There are no ways to escape or avoid this reality as long as one (an individual, a separative being, a person, a soul - whatever) appears as a bodily form within the appearance of any world. Suffering is built into the very appearance of form, time, space, world, universe, heaven, hell, and including All possible forms of any possible world. All possible worlds an individual appears in require a birth, a beginning, and that one will absolutely experience an end, a death – bodily transition.

All worlds are, in a way, a creation, a spontaneous free manifestation of the Divine. All appearances are simply modifications of God, and ALL that Exists Must Exist Now, or it does not exist. All appearances eventually return, through some kind of transition, to the Source of Reality ItSelf. Like a whirlpool dissolving and losing its form and only water is left.

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Thus, even the greatest heaven ever created (that has ever appeared) ends. All that is born suffers the end of that living form. Therefore, even in the greatest of heavens there is suffering. Enbrightenment does not teach one to become satisfied or seek satisfaction through the appearance or achievement of any heaven. Enbrightenment teaches one to be Satisfied with God Only right Now, and with God's Everlasting Transcendent Presence Only right Now. The Truth of all of this, and the Truth of suffering, and the Truth of all bodily forms is that there Is an Eternal Everlasting Light of Existence (God) that Transcends the appearance of all possible worlds, and *that* Everlasting Divine Reality Shines (exists) beyond the appearance of all possible suffering. Here is our Freedom from suffering, and it is not found any where else.

God's Divine Light, Perpetually Shining forever right Now, Is the place of *no suffering*. Suffering has never appeared in the Transcendent Light of Reality. It is not possible for suffering to manifest 'there' because It Is Not a 'there', a place, or some creation of a world (IT was never created), and/or heaven. There are no bodily forms there, there are no appearances (changes) in the Light, and there is no 'room' for anything to Appear other than the Brightness. There Is ONLY the Light of Reality, which is permeated in every direction imaginable and at all possible points imaginable by the Great Love-Bliss-Peace of the Eternal Presence. Furthermore, time and space cannot

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manifest ‘within’ the Bright Expressed Image of Everlasting God. Suffering cannot exist, appear, or manifest ‘within’ Transcendent (conscious) Light of God. The Way to know the end (Transcend) of Suffering (moment to moment) Is to Realize God. ***True God Realization lives through suffering, teaches through suffering, and works within the limitations of suffering to bring about individual and collective Realization of that which does not suffer.***

Trendy spirituality likes to think we are evolving into some grandiose version of humanity that unfolds a world, discovers, and/or somehow creates a world free of suffering. This kind of mentality pushes the ideas that the soul is evolving and reaching towards a day free of suffering, whether here on Earth or elsewhere (in another life or bodily form) in God’s grand creation. This kind of (pseudo) spirituality pushes a false paradigm (of seeking heavenly – bodily satisfaction) in front of Satisfaction with God’s transcendent Presence right Now. This kind of (pseudo) spirituality convinces many to find flaws, unbridgeable gaps, and defects with current humanity that prevents Full (Divine) God Realization right Now. This kind of mentality is no better than the teachings that convince people that being human is a problem, that being in the flesh means your trapped as a sinner, and/or the flesh is some kind of hindrance to God’s Divine Revelation. As if being alive as a human is a hindrance to a Tangible Manifestation of God’s Divine Grace and

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Light (Fully) in an individual's life. This kind of spirituality is never satisfied with today, right Now. It teaches one to seek, to not be Happy now, to view life as incomplete, lacking and needing something; as if life is currently missing the Fullness of Truth or God. This kind of spirituality teaches us to find happiness in conditions, experiences, and through patterns of life; this view of the world always seeks to end suffering, and it Always fails. No matter how many heavens these people experience none of them will be free of suffering, free of the limitations and suffering of form.

Enbrightenment teaches that suffering is simply part of the life of being a bodily form, and the mechanism for the search to end suffering can be Transcended. The conscious mechanism to end suffering is a reflection of the fear of death, and it is a reflection of fear itself. The fear keeps the individual in a cage of inadequacy and bondage. Do not be fooled by prophecy and futurist propaganda that there is a time that is free of suffering coming to Earth, that's impossible. Do not be fooled by stories of worlds without suffering, and do not accept the idea that your current living condition (as a human) is somehow preventing you from Knowing God Fully, Truly, Absolutely, and Perfectly. Stop seeking an end to suffering, stop looking for a horizon (a world) that is Brighter than today, abandon the search for a life free of suffering, and Realize the Only Life Free of suffering is the Everlasting Divine Reality of God's Transcendent Conscious

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Light; beyond all worlds and manifestations of creation (changing existence).

God's Inherent Happiness, Bliss, Love, and Light remain Constant, Perpetual, Ongoing, and Unending 'within' the Living Transcendent Realm of Existence. Realize your Eternal Self that is Inherently Free of suffering, and take Rest in the Divine Brightness of your Eternal Face, which Is Perpetually Free (Liberated) of all possible suffering, and Live the bodily Life (*in whatever world you are currently experiencing*) through, out from, sourced in, and As the Living Transcendent Light of God. Therefore, although there is suffering in All possible worlds, and the suffering of the (whatever) world over whelms the individual that one can Always Find Peace, Happiness, Light and Love Present in their Life (right Now) through God's Perfectly Transcendent Presence. The search to end suffering, the search to stop others from suffering, and the attempts to find ways to prevent suffering Must be Clearly Understood in the Divine Light of God's Presence, and then you will have the Right foundation to take part in the suffering of the world while remaining Free and Liberated of the suffering.

You Are the Direct Source

You Are the Direct Source of a conscious Realization of God. In the simple faith based realization (practiced in Enbrightenment) that *God Only Is* the body/mind can begin to create the conscious conditions that set the body/mind up for the **Divine Transfiguration**. Without the necessary changes in a person's bodily conscious state there is no real transformation. What this means is that Self Realization initiates a change in all conscious states of the individual, and this includes a thorough and in depth total change of the body/flesh. With a faith based substance of God~Only in all conscious relationships the egoic tendency can be transcended consciously through our Direct Resource of the Everlasting Light of God. There are no moments of a person's life where we are without our Direct Source. It is Vital to Understand what this Really Means. At No moments in your existence have you been without and/or separated from the Source of True Self.

It is important to make the conscious moment to moment acknowledgment of the Direct Source to initiate bodily changes, and it is important to understand that in order for the body/mind to grow spiritually the body/mind must be yoked and submitted to the Divine Only. A person must consciously transcend the

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tendency to be a separate person/identity. This is the common conscious state of everyone, and it is constantly re-enforced through our 'pop'ular culture. Therefore, it becomes necessary to remain consciously transcendent (a Witness) of the perpetual in flow of egoic and narcissistic conscious experiences, and re-substantiate (even moment to moment) one's conscious disposition through our Direct Source. There is a process of bodily Awakening and Transfiguration, which happens only through God, and not through any egoic effort to become God. God Only exists, and in order for the process to take hold and progress substantially a person must have less ego (me) and more God (moment to moment, even in an ever increasing pattern - ultimately purging the ego completely from all bodily conscious experiences).

The body/mind needs a conscious reiteration of God Only in the midst of the conditioned darkness of sin (ego). This constant spiritual practice of undermining the ego state of identity through our Direct Source provides the body/mind with fertile soil for God's Awakening As you. Ultimately, the individual body/mind Realizes, through and through, that the Very Substance that the flesh is formed from is actually the Source of All, and all that substance is - Is Pure Consciousness, Pure Awareness, without the need for a bodily point of view. You Are the Direct Source; it just takes time for the body/mind to be

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Transfigured by that Everlasting Living Conscious Reality of
God.

Self inquiry and the Heart's Impulse

Self inquiry and the Heart's Impulse to live Freely As you are commonly confused and misunderstood. In the following commentary these two ideas will be thoroughly explored, and the fundamental difference between the two ideas will be exposed. The principle difference is that self-inquiry is not Really involved with the practice of spirituality or Realization of the Fullness of the Spiritual Cross (God Realization). Spiritual practice is born from the Heart's Impulse to Be you (to Transfigure the body unto a perfect shining of The Transcendent Source of All). Self inquiry creates a conscious bodily environment that supports darkness, delusion, self doubt, and 'what-ifs' about Truth, God and Self – there is no certainty (only wonder and disassociation – *injecting~separation*) in self-inquiry – thus, no Realization. The Heart's Impulse simply offers ItSelf As the Reality that Satisfies perpetually, and As the Source for Actual Self – Eternal Self.

Self inquiry starts out with delusion of True Self. Self inquiry presumes to use seeking or searching as the method of spirituality. The conscious practice of self inquiry does the exact opposite of what spirituality needs for genuine growth and realization. Self inquiry never Leaves the *clouds* (sub-stage before the True First stage of Enbrightenment), and Genuine

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spiritual growth Needs Self/God Realization for growth; not doubt, ‘what-ifs’, and/or any form of uncertainty. It (self inquiry) sets up the conscious state of the body/mind to doubt, ‘what-if’, wonder and not to be assured of Self, to not Assert one’s Identity As Truth, or who and/or what it (you) Is. Self inquiry requires something to be binding or preventing Self Realization, but that is not true. It must be understood that self-inquiry has no value to a person that is Self Realized. Before spirituality begins, and before there is a Real bodily awakening of God’s Presence, self-inquiry should be practiced. It should be practiced by the people that are already living in that (darkened) state of consciousness. Self inquiry only has value outside of spirituality. It does not serve anyone’s Spiritual practice. Once a person Is genuinely Self Realized self-inquiry loses its value in practice.

With the Dawning Self Realization (stage one) the individual understands that there is/was never anything actually preventing Self Realization. With the Realization of the Eternal Transcendent God the body/mind now has the true foundation to transform the human condition. Furthermore, as each person takes responsibility for the Heart’s Impulse to Be Transformed through the Living Light of God, our collective momentum gains strength, and our brothers and sisters will find their Spiritual Process easier.

God Realization is perpetually the present everlasting quality of Reality, and that eternal reality Is Already the ground

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for all spiritual growth and bodily realization. The Everlasting Quality of God Realization is what dawns through all forms of bodily consciousness. The body/mind is changed by the Realization that has Always been, always before the appearance of any bodily form, and always before Any appearance of Any reality or existence. God is not in need of self-inquiry, or to wonder what It Is. It (God's Realization) Is Perfectly Aware and Perfectly Realized As It Perpetually Is.

The body/mind has to (Faith based) accept God's Realization for the dawning of real spirituality, and the body/mind should practice in a Way that supports a Faith based Realization of Self. Faith based Self Realization simply means Accepting God's Light As your Very Own Self, as Is the Case Already. The idea that a soul or a unique-self somehow becomes God Realized is based on ego consciousness. Fundamentally, the common confusion of most spiritual traditions is that self-inquiry somehow benefits spiritual growth and spiritual realization, in a way it may help a person Take the Leap of Faith into a Real Spiritual Life, but that Is Not a Spiritual practice until at least a Faith based Realization of Self is strong and unbending. But, these traditions are mistaking the Heart's inherent impulse for the Revelation of ItSelf to ItSelf through ItSelf for a pseudo idea of God Realization and spirituality. Self inquiry begins in darkness and it ends in darkness; in addition, Only after One Realizes Self can the practice of self inquiry be dropped for a Life of Light.

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Self Realization is perpetually the eternal Realization of All beings in All times and places. All beings Share the SAME Realization, and that Is God's Realization, from that Realization comes the Heart's Impulse to Divinely Transfigure the individual, and to Freely Live As the individual. Thus, Giving Way to the One and Only Realization of Eternity and the process of bodily Transfiguration that follows (through selfless Devotion and self Surrender again and again). Not one process after God Realization is in need of self inquiry. God's Realization Is Our foundation for All Realization. Thus, once self-inquiry is dropped for Self Realization the Heart's Impulse to Divinely Transfigure you can begin the True Process of Spirituality. The Heart's Impulse can Only be Satisfied with ItSelf, and self-inquiry is never satisfied, and it is never comfortable with the Inherent Everlasting Reality of God's Perpetually Perfect, Immediate and Instantaneous Realization.

Self-inquiry may seem to lead or guide a person into Awareness of God/Self, but in truth self-inquiry ends the moment the person 'becomes' Aware. It does not take self-inquiry to recognize the Eternal Self. If one understands you Are already, self-inquiry may then seem more like a distraction from the Great Silence of Existence ItSelf. A person may think that asking oneself who Am I brings about the Awareness of who one Is, but that is like having Truth, putting it down, only to pick it up again. Start with the end of self-inquiry, begin with Knowing who you

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Are, drop self-inquiry and Be Already. God's Realization is the source of bodily Realization, and the Impulse of bodily Transfiguration Only dawns from the Heart's Impulse to Be you Freely and Completely; through and through, Absolutely and Thoroughly. Start As you Are Already.

Heart Satisfaction IS Real Satisfaction

There must be a clear understanding that no amount seeking and searching can bring True, Genuine and Everlasting Satisfaction. All seeking and searching forms of satisfaction are temporary achievements. These searches allow the ego to maintain its dominance over the individual's (psychological) disposition. That compulsion to never be satisfied with What Is Present, Real and Everlasting leaves a person without a conscious Sense of Eternal Satisfaction, without an Instant and Immediate God Sourced Satisfaction. All searches for satisfaction are attempts at gaining God's Inherent and Everlasting Satisfaction; however, the searching and seeking can Only obtain temporary, shortly lived satisfaction. Nothing that results in temporary satisfaction will ever equal, become on par, and/or provide a Real substitute for God's Realized Perpetual Satisfaction.

Nothing appearing, in any form, can replace the inherent and everlasting Satisfaction that comes with Genuine God Realization. All forms of satisfaction that require a body in order to be satisfied are egoic and born from the false identity of the separative state of consciousness. True Eternal God does not need a body/mind for Satisfaction, or to use a bodily form as a means for satisfaction. True God Is always perfectly Satisfied As It

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Perpetually Is. Consciousness does not need a body to Be Aware. Satisfaction does not need a body to Be Realized. Satisfaction in ordinary life is born in the Presence of God's Realization. The body/mind can simply drop the activity of seeking satisfaction in life, and Acknowledge the True Everlasting Satisfaction of God's Perfect and Perpetual Realization, and this Is Always Freely Available right Now. This Is something that can happen right now, and It is something that can be consciously recognized right now, in this present living condition.

Satisfaction does not come from Spiritual practice; Satisfaction is inherent in the Everlasting Reality of God, which is transcendent of All. Thus, Spiritual practice depends on at least a faith based acknowledgment of *God Only Is*, and that Faith provides fertile soil for genuine spiritual growth. God's Satisfaction is equal with God's Realization. Therefore, with at least a faith based Self Realization that **God Only Is** a person can (begin to) consciously Recognize the perpetual steady-state of God's Satisfaction. The Quality of Already Being Satisfied As Is Right Now supports the growth and maturation of all devotees of God's Realization. When a person is seeking temporary satisfactions in spiritual practice that person is practicing devotion to the satisfaction of the body/mind. You create yourself, moment to moment, to fulfill your desires of life, and if you desire things of lust, money and success then your life will be created to support those temporary satisfactions. If you want

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God Only, then an individual's (your) life will turn to that Eternal Satisfaction, and that person will abandon the desires for temporary Satisfaction. Most people base their life, moment to moment, to finding the best conditions to support and maintain whatever it is that keeps them bodily satisfied. Seeking becomes their *modus operandi* of conscious relationship with all, including their family, friends, and animals, and within the environment.

Some people find that 'leveling up' in realization brings satisfaction. People that look for experiences in order to experience satisfaction are still reflecting the seeking mode of consciousness. The Heart's Impulse to Be you Fully and thoroughly is often confused with the (misunderstood) need to seek Truth. Once the body/mind recognizes that (Always inherently Present and Available) Realization yields Eternal Satisfaction (even Happiness), the body/mind can consciously undermine that old habitual activity of seeking happiness and satisfaction. God's Realization transforms the body/mind in order for the body/mind to live Fully Aware of God's Perfect Realization.

In order for a person that has never Known a Tangible Presence of Heart~Fire (Heart~Satisfaction), which Is the Tangible Presence of God's Realization, then it becomes necessary to have the Heart~Fire Commune-icated through One that is already Realized. The Guru Is the Direct, in your face, Demonstration of God's Realization, and a living precedent of

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the fulfilling of that Spiritual process throughout the body/mind, involving the progressive Awakening of the Spiritual Cross. The Guru is a living demonstration of what it means to be actually transformed by the Divine Realization of God. The Guru (*the Guru is a function of God's Divine Process of It Realizing ItSelf As you – therefore, the Guru is not bound to a person*) is a person in whom the Spiritual Cross is awakened in a steady-state of perpetual Shining, and the Heart centers are awake and transmitting a blaze of Heart~Fire to those in the Guru's bodily company. The Guru is living Heart Satisfaction already. For this reason alone a person will find an opportunity, exercised through wisdom, for growing through Divine Communion with another person. Heart recognition is the key to all growth in the presence of the Guru, which Is a Silent Commune-ication. The Guru is a person that has already realized God's Eternal Satisfaction and their living bodily presence transmits that conscious state of being with all that are present, and with ALL. Once a person Heart recognizes the Guru, that one can begin to truly engage Spiritual life, and the person who Discovers Heart~Fire Communion with the living Guru will Forever have an example in life that Has Already Realized Heart~Satisfaction, thus, setting a Precedent for God Revealed in that person's life.

The recognition of Who the Guru Is, Is also a recognition of your Self. That is why the transmission discovered with the Guru is ultimately understood to not be located only in the bodily

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company of the Guru; it becomes something you recognize moment to moment, regardless of your bodily conscious state. The Guru's Transmission Is realized to be your Very own Source condition of Eternal Existence. The Guru demonstrates consciously that God Is the Only Real Source of Satisfaction, and all seeking forms of satisfaction are bound to conditional existence, they are temporary, and ultimately not truly satisfying. God Only Is Everlasting Satisfaction.

Now and Time

Now is all of Existence simultaneously, all at once. The idea of the Now incorporates all that exists right now, the sum total of existence itself. Even though appearances change, the Now of existence does not. Some like to think of the Now as a mirror upon which all things appear and disappear. One can think of the Now as water, and all the waves and forms that appear in it change and give way to the experience of time, but the water itself does not. The Now of Reality is a quality of Reality that is Transcendent of change, and that the Now is a concept used to communicate a particular quality of the Everlasting Transcendent Consciousness of Reality. For example, I will use the idea of time travel to uncover some unbridgeable paradoxes, and use this to clarify specific qualities about the ideas of Now and time. The idea of time travel will be used to offer a way of understanding the Now through a critical analysis of the possibility of time travel.

The idea of time travel does not really work in Reality, and here are some reasons why. The conventional scientific idea of time travel is bound to the experience of gravity in varying degrees. Imagine you have a twin and this twin takes off on a spaceship traveling at the speed of light. The twin will travel at

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this speed for 25 years and upon the return the twin will be younger than the one that stayed on Earth. However, both existed simultaneously within the Now. It does not matter how far away or how much gravity you are experiencing everything that exists Must exist Now. One person may age faster than another, but neither exist in a separate Now. The Now is equally present every where, thus, it does not matter how fast and far one travels, no leaves the Universal Now.

Time travel does not really exist if Reality is constantly grounded in an ever present Now, wherein All that exist Must exist Now. There is no other Now that Existence exists within other than the One and Only Now. The Now Is the Only Now through which the Fullness of Existence (*ALL of IT*) exists right Now. If something exists, it can only exist Now. If time travel were possible in our universe, all of existence would have to ‘rewind’ or as each time passed it would have to occupy some other space somewhere in existence or the universe. It is unlikely that the universe is capable of rewinding (even partially, in local frames of reference) and it is unlikely that every time that has ever existed is now somewhere else in the universe.

Scientists have shown that there are cosmic rays passing through us and Earth all the time, we see galaxies billions of light years away because their energy traveled through all kinds of local frames of time to make it to this local frame of time. From that information alone, these cosmic rays (thus, the whole

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universe) Must appear in a larger frame of time, which remains the Same regardless of the current field of gravity the cosmic rays are experiencing.

There Is something that Exists Transcendent of local frames of time that is Not influenced or changed by the appearances of various fields of gravity (various fields of time). There must be an ever Present Now, which is Transcendent of all possible times (worlds and so on) in order for all these things to be happening in different parts of the universe simultaneously, and then traveling across vast distances to inter-act with other energy from (existing simultaneously) somewhere else.

The presence of random cosmic rays in any time frame of reference means that those cosmic rays Must be present and in the exact way they were during a specific time in order for the time to be the same. This prevents time travel because the past would have to be exactly the Same as it was in the past or it is not quite the past. Something would be inherently different about the time travel experience into the past if even one cosmic ray (following its exact path, velocity and so on) is not present that was present in the past. In other words, all of energy and matter would have to be in the Same location as before in order for the (actual) past to exist. Thus, the cosmic rays present during the past experience would also have to (also) be present and moving in the Same direction and location, All energies that were present to form the past would have to return to their exact locations. For

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a previous time to exist all things would have to resume their exact course of action (that they were following in the past) or it is not the past, but just another world. Consequently, if the universe 'returned to the past' the notion of time travel also disappears because that is not time travel, but 're-winding' the universe.

Now imagine that the past does exist right Now somewhere else in time and space. Somehow the past was captured in a parallel universe, and remains in that current state forever. Furthermore, imagine there is Only One you, even if the idea of multi-verses is real, and there are all sorts of 'you' out there, not One of them Is you, not One of those 'yous' Is the (bodily form) One you Are right Now, right here – reading these words. In addition, the past would Also have to exist right Now somewhere else in time and space, and there would have to be another 'you' seemingly and apparently frozen (*without ever changing – stuck in the SAME condition as it appeared when the past appeared in the present*) in some kind of moment in time somewhere else in time and space. In other words, every moment of time in existence would have to not only allow for perpetual change, but also, leave some kind of residual photo copy of each moment that has ever existed.

In order to time travel there Must be a second 'you', in the current state you existed in the past, doing exactly what you were doing in the past right Now, or it is Not the past, but some

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other world. But, there IS Only One you. If you are no longer living the past, and it is somehow possible to time travel, then how did the past, and a version of you, remain in an Unchanging state, like a three dimensional picture? If you traveled there, would you merge into the 'you' of that day and time, and/or how can there be two of 'you' (actually)? Once you were there in the past, and you (somehow) merged with the 'old' you, how could the eternal Unchanging appearance of the past begin to change again, thus, allowing you to re-experience the past? Consequently, can the past exist if the past is stuck being the past. If the past can change in order for a person to actually travel there, regardless if you went through a worm-hole or whatever method, it is no longer the past, but another world. So, if the past exist, it still must exist Now, and then it requires time to travel there, which means the past Must remain in the SAME condition until you arrive; with or without a second 'you' already present there. It then seems that the past only exists/appears as frozen moments of time, eternally stuck in that moment, and ANY change to the conditions of the frozen past result in another world, not the actual past.

The real truth of time travel is that in order for the past to exist, the past would have to exist right Now. The past would have to be already present somewhere in space-time, and the past would have to be currently appearing in the sum-total exact state that the past was in during the time that the past appeared, AND

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the past would have to remain in that state forever in another location of space-time just waiting on you to travel there, or the past does not exist right Now. Another reason time travel is not real is because all of existence would have to 'rewind' in order to re-experience the past, but then it is not time travel, it is something else. Real Time Is Now, and all other ideas of time do not go beyond conventional uses, keeping time is a tool, not a metaphysical property of existence.

The Now is the perpetual state that All of Existence Appears As in Its Current Appearance. The Now Always Remains As It Perpetually Is Right Now. The Now is the moment to moment Living Presence of Reality. The Now Is the Transcendent One that all changes manifest through. Existence Is, simply, patterns and modifications within the context of the Now, somehow apparently changing. Consider a block of wood, within the block of wood there are possible shapes and forms and things that are potentially something that can be carved out of the wood. The Now Is the Only Time that Is, and All that Is Must Appear right Now, or it does not Exist at all, nothing exists in Any form outside or Transcendent of right Now.

Right Now Is All that there Is, right Now Is the Fullness of Existence, and the One and Only Perpetual Everlasting Presence of Pure Reality Only Exists Right Now. Right Now Is the Ever Present Reality that you Always appear in, As and through, regardless of whatever bodily form the individual is

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experiencing. The Eternal Reality of God can Only Exist Right Now, and We All Only exist right Now, thus, we can All Realize our True Self right Now. Truly, right Now Is the Only Time we will Ever Know Self. The body/mind is conditioned to seek self through experiences and changing appearances, but God Teaches Us to Be Satisfied with Who we Are right Now. No matter how Far into the 'future' you go, or live, the Self Realized then Is the Same Self that Is the Sole Identity and Being of Reality right Now. Thus, the Self of a zillion zillion eons from now IS the Same Self (God) right Now, and that Self Is Always Perpetually Freely Manifesting Only in the Eternal context of right Now. The Presence of God right Now IS the Same Presence an eternity from Now. Consequently, what Are you waiting for?

God Is Fully Capable
of Living you right Now

It takes perfect faith that God Only Is, and that perfect faith consciously supports the process of God Realization. The process of Enbrightenment begins with Self Realization, and progressively awakens the Spiritual Cross thoroughly. The activity of maintaining the separative identity oppresses the Free Living Dynamic of the Holy Spirit of God within the individual. Between the (perpetually present) Heart born motivation of God to live Freely As the individual and the self seeking motive of ego the whole ordeal of Spirituality manifests.

The egoic confusion of the body/mind prevents the Light of God's Divine Will from shining Freely in an individual. The process of Spirituality purges this activity from consciousness, that is what Spirituality is about, and it is not about enlightening an individual entity, or saving a soul from eternal hell. Instead, the soul (and the attachment to all forms of a separate self) must be transcended for the True Everlasting Quality of Consciousness. In every world and in every appearing reality the body/soul must be transcended. Truly, there are not any appearing bodily forms that last forever. All bodily forms in all worlds, heavens or hells, must be transcended via our One True

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Undifferentiated Nature of Consciousness. It is not necessary or meaningful to attach to anyone particular bodily form. The attachment to one bodily form verses another, or attachment of one realm/world verses another are all creations of the ego, and they are reflections of the seeking mode of ego; they are reflections of unhappiness and a lack of Real Self Realization. Once the bodily form has consciously transcended its appearing form through the Divine One, that body/mind can then support the Perfect Will of God. The Perfect Will of God spawns in a person's life once Perfect Faith in that Will has consciously dawned.

The interjection of self will, which appears through a fear based state of mind, is always unnecessary. Who's will, what is 'willing'? God Is Fully Capable of Living you moment to moment. Many people like to ask for God's guidance when things aren't going well. In the mean time, ego self is serving as self for the individual. This way of life leads a person to only transcend separate self when things are beyond ego self's control. Maybe this person finds this to be a spiritual experience, and then claims to be spiritual because they let God have control sometimes. Fear is at the root of the individual attaching to separate self for 'controlling' the body. Without the body ego has no where to exist, and protection of the body/mind leads to attachment to the body/mind as being part of one's separate self. It takes perfect faith to transcend the fear that comes with attaching to a bodily

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form, or attaching to a self created identity, and that attachment is coupled with the fear of not knowing what is going to happen, attachment to what you think you know, or the fear of not being in control (to whatever degree). This constant (conscious) darkness becomes the foundation for the activity of (feeling for and seeking the sensation of) separate self.

When most people believe they are following God's Will they are simply deceiving their self because they are bound in a darkness of unconscious fear (unrealized and lacking awareness). That person is too scared to give up the sense of control or certainty that is felt with ego self. It leads a person to attempting to interpret and figure out God's will, and then apply that Will in life (as if God needs someone to mediate Its Own Will - Consciousness). Without the activity of trying to figure out God's will (or having one of your own) one is left not knowing, and that is fearful, even frightening for an individual. God's Will is a living mystery, It is spontaneous, It is free, and It does not need to be figured out. It Must simply be Lived in the moment, moment to moment. Living life through a fear based state of consciousness (ego) is a moment to moment rejection of consciously surrendering (personal – separative self) to the Transcendent State of Consciousness. The Transcendent State of Consciousness (of Existence ItSelf) *lacks* any kind of search for the contraction, it *lacks* the search to feel that contraction of separate self. The Eternal Self is free of the egoic contraction or

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attachment to any kind of form for/as the sense of Self. Ego *is* the constant search to feel separate self, the contraction into separate self, that is the sign of being for separate self, this is the feeling of existing for separate self, it is the sensation of separate self itself.

Until the body/mind consciously transcends these unconscious fears and repressions, until the individual gives up attachment to the feeling of separate self, a deep and true growth of Enbrightenment will remain off in the distance, like a far off land, beyond the next horizon. These fears create a web of conscious and unconscious relationships and experiences that are ‘centered’ around the (pseudo) ‘me’ experience of life. The confusion of the body/mind appears when these fears become the source of all conscious relationships, and ego forms a self delusion convincing the individual that they are happy and satisfied with life (or God), when in Truth they are fundamentally scared. Fear becomes the glue or the nexus that connects all the random experiences and forms a conscious experience, moment to moment, that is unique to the individual.

Although a person may have a ‘normal’ everyday life, and they may seem to be happy and satisfied with their life, they are deeply scared and fearful of the consequences of ‘losing’ that life for whatever reason. That fear drives the individual to constantly find ways to support their lifestyle and their way of life that makes them apparently happy. Everything that one does is a reflection of the drive not to lose this (conditional)

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happiness. Through this conscious process the ego becomes hardened, and it becomes satisfied with itself. As long as things are stable and there are no threats to the 'empire' of (ego) self, as long as there are no threats to the support base you have created to fulfill the ego's desires the individual will not notice the deep fear at the heart of their conscious relationship with All moment to moment. The True darkness of consciousness appears, moment to moment, As the individual consciously relates to itself (the body/mind) in the Same way it relates to all 'others' in life. The ego even separates and divides itself in darkness, the ego compartmentalizes the opposing poles of bodily consciousness, and it does this to protect the individual from the Real Chaos of ego. Ego protects the individual's body/mind through darkness, and through delusion. In truth, the egoic based life is not Fully capable of living the individual. It is flawed and scared, it is bound in a search to feel itself as a separate self, over and above everything else (even in suicide). Suicide is not an option for True Self, it *is* an option for ego.

For the True Devotees of God it becomes a necessary conscious practice to reiterate the Transcendent Nature of Consciousness, and it becomes Vital to recognize the Transcendent Quality of Consciousness moment to moment, to counter the reoccurring (long term conditioning) habit of ego. In the absence of a genuine conscious awareness and reiteration of the Transcendent God, fear becomes the seat of All your

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conscious experience, fear is the basis for all your conscious relationships, and fear becomes the body/mind's basis in its relationship with the True Self. *God fearing* is ego fearing what it is not. No need to *fear* God, ever. *God Is Fully Capable of Living you right Now*, and forever. Hand over the whole body and mind and soul unto our Divine Self.

Staring at your right hand for thirty years

Staring at your right hand for thirty years is a story about ego consciousness. Imagine staring at your hand for thirty years and how much a person would be consciously ignorant of life, God, and the body/mind. Imagine the degree of attention, the amount of focus, and the kind of conscious practice that would have to be lived daily. The rest of the body is ignored, and the feet, arms, and legs are ignored, along with the rest of one's individual existence. Consider the intensity of the moment to moment denying of the world within, around and throughout each experience the individual must engage to re-enforce that kind of conscious relationship with all. By staring at the right hand for thirty years a person loses all sense of conscious awareness with the current environment, and with the whole body/mind in particular. In that state of conscious life the individual must fight to maintain that attention.

The conscious quality (and conscious bodily relationship) of ego is fundamentally like staring at your right hand for thirty years. As a child, in the infantile stage of becoming bodily aware, the consciousness of the individual turns inward (from an Open Freedom of Seeing the world) to take on the living condition of the body/mind; thus, enabling the infant to begin to become

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oriented to being able to move and live freely within the limitations of the body/mind. This conscious dynamic of turning to become consciously aware of the functional dynamics of the body leads to the creation of ego (false sense of self). This conscious dynamic in the infant leads to a conscious experience of identifying AS that coil of inwardness, while turning from the Divine (Transcendent and Open – beyond bodily limitations) Consciousness. Without the proper culture to raise our children in they become lost in the darkness of that turning, and ultimately grow into adult hood without ever Remembering the Inherent Free Conscious Light of our inborn nature.

The person that grows up without being taught about the difference between bodily functioning and Conscious Identity grows up in darkness, and they grow up with the intention of passing on that bodily living conscious state of existence to their children. Thus, it becomes a cycle, a repetitive lineage of ignorance, darkness and self created delusion, and it is easy to see why the world is in the current state of a collective conscious relationship with each other. Although religion and ‘spiritual’ traditions spring up, and take on cultural practices of collective (pseudo) living and (pseudo) loving, most are built on fulfilling the ego (becoming eternal, or somehow saving a soul from eternal hell and/or to escape suffering, forever), and they are built up in the idea of being trapped in sin, ignorance (of True Eternal Self) and darkness.

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This sort of cultural backdrop for society only enforces the ego, and it provides the cultural back-drop for the sustaining and reiteration of the ego identity. This is what we have grown up with on Earth, a culture that has been staring at their right hand for eons, and eons. In the midst of this (collective) conscious activity of staring at the right hand religions have been created, wars have been waged, political systems have been born and put in place, science has grown up, and all sorts of philosophies (all ego based) have left their foot prints in the sand. People have grown up to be agnostic, theist, or atheist, all in the name of trying to Know Truth, God, Reality and Existence through the conscious practice of ignoring Truth, God, Reality, and Existence. All are failures in the attempt to understand Who we Are, right now, and forever. There is nothing produced by the ego which is worth two cents in spiritual practice. All of it must be Transcended for Truth by releasing the mental grip of the contraction/focus of ego, and the consciousness of the body/mind must learn to Live (Consciously) in the Heart of God moment to moment; there IS No Other Way.

The Heart of God is the Living Source of Glory, and that is the Way to Know God's Glory, which requires one to surrender the whole body/mind into the Perfect Heart of God's Divine Presence. As the individual begins to turn the attention of consciousness from focusing on self, and as the individual Notices, Acknowledges and Identifies As God's Living Presence

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the release of the conscious practice of *staring at your right hand* (ego) for any amount of time reveals the Freedom perpetually beyond the knot of attention (ego). The whole world passes by in ignorance with this self created darkness (*staring at your right hand*), and as the individual focuses and stares at life through the *coil of conscious inwardness* the vast spectrum of life is ignored. The individual living that conscious experience is not Aware of the Current of God (also throughout the Spiritual Cross), and they are not Aware of the Light of God; furthermore, that person is (falsely) satisfied (comfortable) in their darkness.

The subtle processes of God's Free Living Conscious Dynamic, demonstrated through the Spiritual Cross, are ignored, and the whole Spiritual Cross is blotted-out by the darkness created from the ego. The moment a person realizes they have been the one responsible for this activity of darkness, the moment a person notices, acknowledges and stops identifying as the coil of conscious inwardness the True Light of God's Conscious Presence Demonstrates It Is Always Present and IT IS Perpetually the Only Living Reality, Ever.

The conscious coil of self (ego) possession is Over-come by the Divine Presence in Spiritual practice, in Devotion to the Guru, and in Perfect Identity As the Everlasting One. In the dynamic (Process of Enbrightenment) of purging *the conscious attachment to the sensation of ego* the Whole Spiritual Cross comes to life and Reveals ItSelf. The Spiritual Cross Awakens to

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Freely Allow God's (bodily) Current of Life to Openly Live in, through and As the individual. Therefore, notice, acknowledge, and stop living (stop consciously reiterating moment to moment) the conscious relationship that appears like '*staring at your right hand for thirty years*'. Furthermore, Notice, Acknowledge and Identify As the Free Transcendent Steady-State of the Everlasting Consciousness of Existence. This Initiates the Process (of True Self Realization), and it provides the individual with a Real Conscious Foundation to Grow Spiritually in God's Perfect Presence.

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Witness

Learn to become aware of all the conscious dynamics of your life. Become consciously sensitive to the play of thought, imagery, and watch and follow thought. Follow how your thoughts lead from one idea or emotion to the next. Do not become lost in the thoughts, but simply notice and relax into an experience of thoughts without freaking out about what may appear in thought. Moreover, be a Witness to thought, and be a Witness that allows the thoughts to come and go without finding attachments, identities, and some sort of connection. The Witness inherently already understands there is unity in all, and it is unnecessary to depend on having the idea of unity if that is already and inherently, understood. No idea (not a single one) is necessary in order to live that which already Is.

Look into the sky and watch the clouds, the birds, and the wind manifest in the trees, you have no control over these things. You simply witness them. You allow them to be what they are, and you simply experience these things without fear of them. None of these experiences can or do change who you Are, so fundamentally you are not afraid to experience the sky and the clouds and so on. You simply Witness all of this, there is a freedom in being that Witness, a freedom in simply being Aware.

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The Real guts of Self Realization comes down to a person's conscious relationship with life and everything, including God (most importantly). There is an underlying presence of consciousness (The~Witness) that is always with you, and inherent in every moment. Then there is an (egoic) activity of consciousness that is busy juxtaposing thought after thought, analyzing, scrutinizing, identifying, rejecting, attacking, and attaching to life experiences. This activity is the source of the individual's (egoic) witness of life. It is a conscious dynamic through which the personal (false sense of self) identity is formed and through that self created identity all of life is witnessed, experienced, related to, and lived. Your (REAL) Witness (identity) is something constant, unchanging, perpetual and ongoing from moment to moment. The Divine Witness of Existence ItSelf is the continuation of being while change appears. The Witness is the persistence of existing while appearances change and cease to exist. The Witness is the pre-existence of being before and after appearances. The True Witness of Existence ItSelf inherently (without effort) transcends all changes.

The *self* people are genuinely referring to in the idea of 'me' is a *self* that remains the same even after a night of sleep, it is the one that sleeps, the ego 'me' witnesses life and is vulnerable to life. A witness that changes is vulnerable to change. A witness that changes never Really exists. The egoic witness is without a

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unchanging foundation. The egoic witness depends on many variables to exist, and if even one of those variables (like access to water) changes or can no longer be accessed the (ego) witness is in danger. An ego possessed person's 'witness consciousness' is not really *there*. This 'witness' is more like a ghost or a persistent hallucination of self.

No one can change 'Who we Are' in the Eye of Existence/God, this is our True Witness consciousness, the Eternal Witness Consciousness. This never changes, and there is no need for change or the ability to adapt to circumstances within the True Witness. The Witness Consciousness that transcends any change is Free to watch without any urge or need to become involved. The irony is that our True Self (the True Witness) is already involved in everything because It Is every thing, and It can't add any more of ItSelf to circumstances, to existence itself. Our Eternal Witness is never threatened by any circumstance.

Be the Witness, with and without thought, and never chained to thought, and Always Already Free. Meditation (with at least a Faith based Self Realization) helps break the attachment to a personal 'witness' for the body/mind. In meditation the individual can begin to Notice, Acknowledge, and Identify As the True Self, the Transcendental Witness of all. Understand and become consciously Aware of the Witness, which is not like a 'point of view' of consciousness, it is more like seeing without a center, it is the Presence that lacks any feeling of a core,

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contraction, and/or expansion. The Witness View of consciousness is free of the judgmental and labeling activity of the mind, it may seem like It is empty and void because one does not feel like there is a point of view of center for the Witness Consciousness.

The Witness~View (which is not like a ‘point of view’) of life is an inherent quality of Life that we all live with, but, only a few Realize the Witness~View. The Witness part of your life is exercised (It Is Inherent in the Very existence of ALL Consciousness), but It is unnoticed, not Acknowledged. An ego bound person lives a conscious relationship with the Witness (unconditional mind) as if it does not exist. The Witness quality of Consciousness is inherently part of the Full spectrum of consciousness. Bodily based consciousness is more like a whirlpool in water. The body is the form of a whirlpool, and the True Witness is the water itself. The body, without an ego based witness, is a individual witness enough and does not need the addition of an ego witness. The body is simply a function of the Transcendent Witness, and is not separate from the Witness of all. The ego, however, is fundamentally unnecessary and useless, it is not a witness of any kind.

When fear comes rearing its head from the darkness face it, do not turn from it, Be the Witness, Be the Witness (beyond the ever changing forms of thought) as the sun in the sky, beyond the threat of weather, but simply Shining and Remaining Still. Do

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this while the world passes by, while wars rage on, and while people come and go. See all forms of consciousness as a blur of the Divine Light. When the root of fear comes about there is an urge to contract, an urge to coil inward upon oneself. Do not follow the contraction, instead, Witness it and Freely 'stand' beyond the contraction.

Understand, through Faith, that the Witness~View of consciousness is Perpetually Present no matter what is going on, and no matter what suffering has gripped the body; there is Truly Only One Witness of Consciousness. Once you learn to Notice the Witness Quality of Consciousness allow that Peace, which is inherent in the Very Presence of that Quality, to integrate throughout all your experiences, to radiate throughout the whole body/mind. This transformation always demonstrates the release and relaxing of the egoic psycho-physical grip on the body/mind. One does not really notice this psycho-physical grip until it evaporates (either temporarily or progressively permanently). Think of blowing out a candle, a puff and an inherent bodily tangible freedom from the egoic grip is discovered. It is already present, it is the True Witness of who you Are, As you Are.

The Transcendent *Witness* Nature of Consciousness (of Reality and God) Is Inherent within the human condition of existence; regardless of intelligence, and regardless of bodily appearance. It is a constant Transcendent Presence in all living experiences. Give yourself the opportunity to Notice your living

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conscious presence beyond the ego coil. Notice your Living Presence beyond the inward turning of mind. In the Fulfilling of the Process of Enbrightenment, this requires one to progress into the Resurrection stage of bodily Life. The Witness Quality of Consciousness Is Realized throughout All possible Conscious bodily experiences, not just abstractly but tangibly As oneSelf.

Practice Seeing beyond the inward turning of consciousness, beyond the feeling of the contraction of separate self. Do this in meditation, do this in daily life, do this during dreams, and simply Recognize the Witness in all moments of life. You will discover Peace, Harmony, Freedom and Compassion by surrendering unto the Eternal Witness of all.

Sense of True Self

Sense of True Self is the beginning of the Transformation (Enbrightenment), not an end. That is the true initiation into the Divine Process of whole bodily realization, which is confirmed by the tangible Revelation of the Spiritual Cross, and Heart~Fire. Yes, there are musts, and it is the responsibility of the individual to make the necessary changes in Response to the New Sense of True Self (the recent or new experience of True Self), or no real Spiritual growth manifests, and no one can force that growth upon another. Without devotion to the Sense of True Self, nothing changes, and ego continues to rule the day. Self Realization is the foundation that Spirituality, Spiritual growth, and Spiritual Awakening begin. No one is practicing spirituality in the absence of Self Realization; instead, they are just playing within the ego.

After an experience of Self Realization or a bodily conscious (perpetual) Sense of True Self, the process of Realizing the whole spiritual anatomy of consciousness begins to progressively demonstrate the inherent structure of the Spiritual Cross. That process is ultimately revealed As the process of purging all conscious experiences of the activity of ego (*thoroughly and throughout the wholeness of bodily*

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consciousness – throughout Every possible conscious experience). Even if you have a 'grandiose' experience of consciousness expanding or an experience of the Light of consciousness, none of that means the egoic conscious relationship of the body/mind has been annihilated, or obliterated. Instead, the body/mind has simply received a glimpse (a temporary experience) of the True Everlasting Steady-State of Self. A moment of Self Realization can initiate the Divine Process of Enbrightenment, but that glimpse is temporary, and the Self Realized in that moment takes time to Shine through All moments of experience. The body/mind Needs discipline, a stable practice, AND steady and stable Heart~Fire Communion (whether with a genuine Realizer and/or within one's self through God's Immediate Presence).

Ego death is a Must or no real progress manifests, and without a Real Process of ego death, the body/mind just adds the experience of the Light of consciousness to its play-ground of self obsession. It seems easy to intellectualize Self Realization as just an expansion of consciousness, but that is FAR from truth. That is just an experience (bodily point of view based), and does not end or stop the egoic activity of the body/mind. The ego must pass through many deaths, the body/mind Must pass through the Awakening of the Whole Spiritual Cross, and the body/mind Must be purged of the ego through the constant bodily Presence of the Heart~Fire. The ego will not disappear because the

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individual experienced Light (or felt consciousness expand), and without a constant/perpetual living bodily presence of the Heart~Fire, the egoic conscious relationship of the body/mind just continues, regardless of past experiences.

There is no way around this. Self Realization is not just a relaxed feeling, and/or some kind of experience of consciousness expanding. That in itself is a red flag of self delusion, which is to think that That Is all Self Realization Is. Truth is neither expanding nor contracting, Self Realization is not an expansion, expression and/or a temporary state of consciousness. The experience of consciousness expanding is an experience based on the constant experience of ego contraction; thus, when a person is feeling consciousness expanding, they are simply noticing that there is consciousness beyond their self obsession. The Real Truth Is that Self Is Always Inherently Filling the wholeness of existence and little experiences of consciousness expanding are not indicators of a stable and steady Self Realization within an individual. The beginning experiences of a Real Sense of True Self seed the following Processes that progressively Demonstrate the inherent structural Presence of the Spiritual Cross, through which (with Devotion and self surrender) the Eternal Realization of God is Realized to Be the Only Sense of Self the body/mind Knows.

Self Realization Is always an immediate Realization (*that Must be constantly reconfirmed, acknowledged and Identified*)

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with through self surrender devotion of the body/mind to the Self), but whole bodily Awakening of the entire Spiritual Cross, including the Resurrection Current extending from the right-heart constitute the Process of bodily Transfiguration. Initial Self Realization, or beginners experiences of consciousness beyond the ego (self knot – *rubber-band* ball of 'me'), does not re-condition the whole body/mind in the blink of an eye, and all the long term conditioning of the brain still appears, and it still continues to dominate the individual's bodily state of consciousness, and the individual's bodily conscious relationship through the Divine One. Hold your breath, and once you have passed out the body will breathe again on its own. You may have an experience of the True Sense of Self, but like holding your breath, once the experience is 'over', so Is the release of ego consciousness; the egoic inward coil of consciousness regains its dominance over the individual. The ego returns because the body/mind is conditioned to live life through that inward feeling of conscious self, and it takes time for the Sense of True Self to yoke the whole body/mind unto the Divine One Only.

Self Realization comes about in two primary ways, initial Self Realization, and the subsequent processes that follow the new conscious relationship the body/mind has Noticed, but is not yet Living Freely. There IS a Process of bodily Realization, and consciousness expanding does not constitute a stable and steady Realization of Self/God. The body/mind is egoically attached to

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the feeling, the sensation, of the inward dynamic or contraction of bodily consciousness. The contraction serves as the sense of separate self, and becoming aware of consciousness beyond the contraction of separate self is a beginning of ego transcendence. Experiences of consciousness doing this or that are not indicators of a Full, Stable and Steady bodily Realization of God. These are just experiences, and part of the process of Enbrightenment. These experiences are nothing in their-selves, and these processes Must not be attached to as if one of them Is Total Self Realization – whole bodily Realization.

In the midst of the Divine Process of Realizing the Spiritual Cross there will be all sorts of conscious experiences, there will be all sorts of extra-ordinary (not common in your everyday experience) manifestations that appear through the Awakening of different parts of the Spiritual Cross. Just because you felt the kundalini rise does not mean that It Is Freely relating through God or the body is Fully Self Realized (or ego has been squashed in final death); instead, there is a process wherein the kundalini progressively becomes Free to Respond to God's Living Realization Awakening As the individual. It is important to Understand that No single experience of a Sense of True Self means that you are enlightened, or a Guru, or a Spiritual Teacher, or Even Divinely Enbrightened (which is whole bodily Awakening of Spiritual Cross).

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Truly, with Self Realization comes a Genuine Living conscious relationship that requires the individual to cultivate and grow through that Divine Realization. The individual Must re-condition the whole body/mind to Solely and Absolutely and Perfectly Live through God's Realization Only. This requires a Divine Process, and It Is Not just a simple experience of consciousness expanding beyond the body/mind, and the dynamic of conscious expansion Is Not a Sign of the End of the Process of Self Realization, that is (maybe – possibly – depending on how the individual relates consciously) a First Sign Only. Self Realization (Sense of True Self) Is the True foundation (Initiation) of beginning to Notice, Acknowledge and Identify As God's Perfect and Inherent Realization of Reality.

Faithful Turning

Spirituality is fundamentally dependent upon the support of Self Realization, even moment to moment, when one is not apparently practicing or engaged in some kind of sadhana. The individual, in order to progressively grow and mature in the Divine process of Enbrightenment, should learn to undermine the egoic (separative) activity of consciousness by solely acknowledging the **Transcendent axiom** that *God Only Is*. The conscious dynamic of reminding oneself of the axiom (God Only Is) helps to support the bodily conscious conditions for genuine realization and awakening of the Spiritual Cross. It is an approach that brings awareness of True Self into the all parts of a person's consciousness. By thinking and meditating on our Eternal Self we integrate the influence of our Divine Self into all forms of our consciousness. Faith plays an important role for the beginner, and Faithful turning unto living and breathing through God only (in all moments) breaks through the ego in an instant.

If a person is constantly focused on specific experiences, if a person is looking for specific experiences, and/or if a person is busy fulfilling the fear based urges of ego life then that person is constantly blinding the body/mind of the True Light of Consciousness. That person is constantly turning down the

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Inherent and Perpetual Reality of God's Realization for darkness and temporary (pseudo) sanity. The Light of consciousness grows with intensity and **power of presence** as the body/mind is seduced into functioning from the Transcendent Steady-State of Self Realization. Thus, with a faithful turning of the bodily consciousness, in all appearances, to living through God the individual can truly support an Awakening of the Spiritual Cross across the full spectrum of consciousness. That person can abandon the egoic/separative life for a True Life grounded in God's Realization.

The practice of faithful turning provides an Instant and Immediate release (conscious transcendence) of the binding activity of ego for the Free Living Presence of God. In the beginning this process of faithful turning appears hard and rigid, but with time, experience and application of the conscious awareness of God Only a person grows from an (apparent) effort based practice into a practice sourced in perfect grace. Faithful turning is something that is practiced in all stages; it just does not become Absolutely Perfect and beyond conventional spiritual practice until the Resurrection stage (True Divine - Eternal - Stage of God's Perpetual Perfect Realization in bodily form).

Faithful turning can be thought of in terms of a spiritual practice that supports devotees in all stages of whole bodily Realization. God's grace ultimately takes the faithful turning of the individual and transforms (progressively) that one to Solely

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Live, and to Live Abundantly, through the Divine Source of All. Faithful turning sustains the Foundation of God Only Is, while life throws itself at you from every direction. Faithful turning is the Impulse of God's Heart Beat in each individual's life. Faithful turning (in terms of a spiritual practice) is the fertile soil in which God's Tree of Life Grows and Blooms. This Spiritual practice is at the Heart of all religions that Acknowledge One God, and the One and Only Eternal Transcendent Everlasting God of existence. In the later stages of Enbrightenment (Spiritual practice and life) Faithful turning is manifesting without much or any effort. The maturing Devotee no longer finds the practice to be interruptive in the flow of life, instead, that practice has grown into a subconscious (even unconscious) pattern, and it frees the most 'gross' – *physical* of bodily conscious feelings from the ego contraction (self possession); the 'mine' feeling of consciousness.

Faithful turning is a Spiritual practice that has value to all Devotees in All stages of practice. Faithful turning is the True foundation of real knowledge, and Faith in *God Only Is* is a Reality based understanding of the universe and existence. This is a truism, but not saying that words or thoughts are IT. Meaning this is an inherent understanding in a person's 'world-view'. *God Only Is* is true, it is Real, and words attempt to communicate what is beyond words and thoughts. With the idea that God Only Is one undermines the ego urge to figure things out, and the ego remains unhappy, the individual remains in a darkness, and that

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person is bound uncertainty and what-if. Therefore, Faithfully turning all forms of consciousness to Being Grounded in *God Only Is*. This Spiritual practice supports growth at all stages of (including in the ‘*clouds*’ stage – although Faithful turning can quickly Free a person stuck in the ‘*clouds*’) Enbrightenment. Faithful turning is at the Root of Spiritual practice in many ways, and through Faith All individuals can Initiate a True beginning in Spiritual Life. May God Bless you with a Powerful, Grace-born practice of Faithful turning to *God Only Is*, Amen.

Immanent Realization

True Self is the Immanent Realization of Reality. It is the inherent steady-state of the everlasting conscious existence of God, and IT IS the Immanent Perpetual (Transcendent) Conscious Presence of existence. The bodily state of consciousness that perpetually relates to life and existence through the ego is the current of darkness that (apparently) over shadows and/or blots out the Divine Light of Immanent Realization. There must be a clear understanding on Self Realization and the processes that follow that Awakening. In the coming commentary there will be a break down regarding the apparent process of Self Realization verses Actual Self/God Realization. The core difference appears in between Self Realization, which Only Manifests in the Immanent Presence of Now, and whole bodily Awakening of the Spiritual Cross, which actually takes time, devotion, prayer, meditation, patience, discipline, and unbending Faith.

Self Realization is the ground breaking, foundation material that supports a genuine Spiritual process of bodily Realization of the Spiritual Cross. In the whole process of True Life Realization in relation to how the Spiritual Process is taught within Enbrightenment there are four general stages, and the first

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stage is the ‘non-spiritual’ stage of self inquiry and self wonder, while the following stages are tied up with Self Realization and the subsequent processes that follow throughout the Awakening of the Spiritual Cross. The first stage begins as the coil of inwardness (sense of separate self) takes on a perpetual condition of ‘me’ (false sense of self) within the experience of the individual’s life. As an infant this self possessed activity of consciousness forms the ego and the body/mind holds onto that self possession until death, unless that one becomes Spiritually Alive. In the midst of the individual’s self possession (ego possession) the perpetual Presence of the Transcendent One is inherently, Fully and Perfectly manifesting As existence; yet it goes unnoticed and ignored.

An ego, coil of separate self, is like a whirlpool in the ocean of consciousness. The ego easily notices all the other ‘whirlpools’, but the conscious experience of the ego coil does not notice the water (everlasting substance of reality). The true Self of the whirlpool is not the coil of energy in the center of its living experience, rather, the True Self IS the substance through which the whole dynamic of the whirlpool takes place. Water *is* the substance of the whirlpool. Water provides the environment which is suitable to the whirlpool’s existence, but the water is in no way dependent upon the existence of the whirlpool. The whirlpools come and go, but the Substance Remains Perpetually Transcendent of the appearances apparently manifesting as

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modifications of the water. The Perpetual Presence of God's Realization provides the substance of the existence of All things appearing. That Is the True Seat of Self Realization, and the Free Opportunity to Notice, Acknowledge, and Identify As God's Realization Is Always an Imminent.

Immanent and Imminent Realization can be explained as follows. If a person is going north, and that person needs to go south, all they have to do is turn around. It does not require them to move, just turn around, the direction of north was immanent in the environment, like south is once the person is going north. In order for the person to begin going south they just need to turn and face south, which is an imminent (and nothing but their self is preventing) opportunity within the environment of the individual. If you want to grow in God you must Turn and Face God, and abandon the living condition of turning away from God; Realize the True Direction we all must Face in Order for God to begin to do Spiritual work in our lives. Availability and Opportunity of God's Immanent Realization is like the body/mind facing north, all it has to do is simply face south (God). A person either turns to the feeling of separate self (ego) or the Immanent Presence of God for the sense of Self in each moment. The teaching of Immanent Realization is that It Is Always and Perpetually an Imminent Realization Opportunity in every conscious experience an individual has in life.

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This bodily conscious Realization does not take time, and True Self/God/Reality Realization just simply needs to be Noticed, Acknowledged and Identified As your Very Own Self. Returning to the example of north and south; the direction south is immanent in the direction of north, and you can't have north without south. Now think of this in terms of Realization, there is Always an Immediate and Instantaneous, even Spontaneous, Opportunity for Realization of True Self in every moment. The reason it is like this is because the Realization Is God's Realization, and It is an Inherent (Eternally Manifest) Must in order for existence to exist. Self Realization leads to the processes of Enbrightenment (whole bodily awakening of the Spiritual Cross). The Truth of Self/God Realization is that IT is not a process like awakening the Spiritual Cross is a process; instead It is more like a Tipping Point within the human conscious condition. It Is Always a Spontaneous Realization, which is a Freely Available Spontaneous Tipping Point in All moments of life. Once the individual has Faithfully turned from facing the ego coil to that which is Immanently Present As Real Self the Processes of whole bodily realization are initiated.

For the individual through which Self Realization has dawned the process is not always an apparent living process. It (Self Realization) may seem like something in the background, and the correlated processes are just chugging along, not much action seemly associated with the actual bodily conscious

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processes that follow Self Realization, the Spiritual Cross may not seem Very Apparent at this point (in the beginning). The truth is that the ego coil, the conscious experience of inward self, is the activity that requires the Spiritual Processes that purge the old habits of the ego coil of consciousness from the current (on going) conscious living experience of the individual. Just because the body/mind has Realized Self does not mean the process is finished, or has run a complete path. That is far from truth, and the person that has Just Realized Self is Just Now beginning the Spiritual Process. Remember we are Already Home (at the Destination), the journey does not really begin until we Remember who we Are Already. This means the individual is not on the (spiritual) journey to reach a destination, but for the journey itself.

The constant struggle of the ego coil is still happening, and although the body/mind practices Not-Identifying (via Self Realization) as the separate self, it still persists as a reoccurring conscious activity (because of long term conditioning). With the Dawning of Self Realization the individual's spiritual life needs the discipline of practicing in the company of a Heart Realizer. Although, the individual Is a Direct Source, the Realizer provides a Living Demonstration of the fulfillment of the bodily process of Transfiguration through the Divine One. Guru demonstrates our Immanent Realization to all that come to the Guru. This is an effortless Transmission of Immanent Realization via the bodily

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form of the Guru. The Guru Is a Living Precedent of Immanent Realization. Realization of being the Direct Source comes with the Immanent Realization, and that always Supports the body/mind's conscious disposition, and substantiating an ever-present (Imminent) opportunity to freely transcend the ego coil moment to moment. Immanent Realization is like an ever-present realm of Peace the individual is inherently one with. And this Reality about ourselves means anyone can instantly Transcend ego, because we are already 'there' (present) Transcendentally. Only after the True Self has Dawned in the individual's bodily conscious state can that one use the Opportunity of the Guru in the True Way of bodily Communion. That is an opportunity that should not be passed up; instead, the Opportunity of Truly Seeing Value in the Guru comes to Light in the individual As the bodily processes associated with the Immanent Realization progress.

Up to the time of Self Realization the person was wondering through the *clouds* and always relating to life in a contracted darkened way, with the breath (sphere) of the conscious experience of the body/mind not extending beyond the next personal experience. It is like walking around in dense fog your whole life, and while things seem to come and go in the fog, you apparently last and form all sorts of conscious relationships with those experiences, which come and go. The identity that forms from these experiences is unnecessary, and it is formed because the body/mind is not Self Realized. With Self

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Realization comes the Transcendental support of not attaching to the boundaries and limitations of the body/mind. All conscious experiences of every person are Transcendentally connected, perpetually, by God's Immanent Realization. Therefore, with the Dawning of Self Realization comes the Dawning of the bodily Process of completely, through and through, Awakening the Spiritual Cross, which in itself is Evidence of Self Realization. Both Self Realization and the Enbrightenment processes support each other, and each one is Evidence for the other. God Is Perpetually Freely Available As an Instant and Imminent Realization, which in turn supports the Divine Process of whole bodily Transfiguration.

Realization Now

God's Realization is the Only Real Realization. In life people tend to believe there are all sorts of Realizations. Thus, some think that when the kundalini has ascended there is Realization, or some think that when the Light has descended from the Crown Star that there is Realization, or just imagine all the variations of experience (of different parts of the Spiritual Cross) that people have claimed equal God's Realization over the years. But, truly God's Realization is transcendent of all bodily appearances, and God's Realization is Free of the limitations of a bodily form. God's Realization is the Realization Communicated through Heart~Fire, and It is communicated through my Communing Presence. It (God's Realization) Is always Immediate, and It IS an Instantaneously Freely Available Source of Everlasting *Power of Presence* (Perfect Eternal Being).

God's Realization initiates the awakenings of the conscious dynamics that appear within the Spiritual Cross. In every account in history, ALL Spiritual revelations have manifested to the individual through the Spiritual Cross (*through which the conscious anatomy that God's Eternal Presence Transfigures each person*). God's Realization Awakens the whole Spiritual Cross, progressively, and as the subtle processes

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occur different parts of the Spiritual Cross come to life. God's Realization is the source for all bodily transfigurations, and the whole Spiritual Cross is simply the anatomy of God's Transcendent, yet apparently relational (individual) conscious body that is apparently appearing as many (individuals) within the total context of Reality.

The Spiritual Cross is the anatomy of Transfiguration. What this means is that any sort of ascending or descending flow of the Holy Spirit within the body is simply a part of the Awakening of the One and Only Realization As the body/mind. The experiences are not Realization ItSelf, rather they are results from the Divine Process of Enbrightenment. It is a Process that comes about because God's Realization is Awakening As the individual. It does not matter if a person is consciously aware of the Spiritual Cross, in any degree or not at all, the Spiritual Cross Is Inherently present. It is the anatomy of the Spiritual Cross that provides a network of consciousness (in each individual) that God's Realization works through.

Even the atheist is living with the Spiritual Cross, it really does not matter what faith or non-faith a person believes. An atheist can have experiences of the Spiritual Cross (*generally not the more esoteric experiences – but like the mundane tingles up the spine and so on are little signs of the Spiritual Cross's life*). Yet, that person does not add an interpretation of God, or any kind of God idea to the experience. Thus, even the ones that

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claim to be spiritual (through an egoic relationship with Life) are no more enlightened than an atheist in the absence of transcending self (personal self); ego is ego whether atheist or theist.

Realization is the fundamental conscious nature of all Awareness. Realization is at the Heart of all consciousness and experiences. God's Realization Is Free of the necessity of a bodily to be expressed, however, it is through our bodily forms that we All share the One and Only Divine Realization of God ItSelf. God does not need you (or your body/mind – flesh) in order to Eternally Exist, and God does not have a body separate from you. The Temple of God's realization is the universe itself (God's universal body). Consequently, individual bodies that consciously live and relate within the universe are Subject to the One True Purpose of all sentient beings (human like), which is Living Self Realization.

God's Realization Is before all; It is the sole Transfiguring source of Divine Self Realization (of Enbrightenment). It is the Source of Existence moment to moment. Therefore, spirituality, which appears as a process, is completely dependent upon an individual body/mind Recognizing the Transcendent Reality of God's Perfect Realization. Spirituality is solely dependent on the individual Realizing Self (which is perpetually available right now), at least in the most basic and transcendent way. God's Realization is inherently the always freely available steady-state of the eternal

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and transcendent quality of consciousness. The body/mind can have God's Realization Immediately, right Now by simply Acknowledging *God Only Is* and subsequently Living life through that Faithful Leap of Realization.

Some may have temporary experiences of the Transcendent God, but if that one is not Recognizing THAT As their Very Self they are just adding more experiences to the ego life. So, there is no Real progress in a bodily conscious state that is not consciously Realized. Any liberating value of any spiritual progress is overshadowed by ego experiences or more self inquiry; not Self Realization. There is no Real Awakening, *in a steady and perpetual way*, of the Heart~Fire in a person that lives their spiritual life through the idea of self inquiry, self doubt and through a (pseudo – self created) separation of consciousness in any form from the Eternal Reality. Even though a person has had such an such experience, it does not make them spiritual, no more than an atheist would perceive their self as having a spiritual experience in the same context.

Realizing that *God Only Is* sets the (mental and/or the metaphysical paradigm/world-view) foundation and Establishes the Real (conceptual) Context through which spirituality is/can-be practiced. In the absence of a Genuine (reality based – reality realized) philosophy to support your spiritual life a person is always seeking and searching, and living a life of temporary pseudo satisfaction. Imagine, if you stand for nothing you will be

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subject to believing anything. Furthermore, without a Steady (conceptual) foundational Understanding of the PenUltimate axiom (of Enbrightenment) of/that *God Only Is*, and in the mental absence of a Faith based (self realized) Firmness of the Truth of Self, the conceptual foundation (personal philosophy – personal world-view) of the individual gets built in the sand, lofted into the clouds, and easily bends to the darkness of ego. If you have chosen a philosophic stance then make sure it is in accordance with Truth Revealed and Testified, and in accordance with *God Only Is*.

The Truth of Realization is that It is a perpetual and inherent quality of existence. Realization Is Perpetually an Immediate Realization, which Is the Only Way It Manifests Ever (*an analogy: there Must be a fluid in order for whirlpools to exist; no fluid, no whirlpools*). Once the body/mind Notices, Acknowledges and Identifies As the Everlasting Realization of Existence it also Recognizes that *That* Is the (subjectively self evident) source of who It Is. Thus, the conceptual (world-view) PenUltimate axiom ‘*God Only Is*’ supports the Actual Realization of God. Consequently, all conceptual and conscious experiences can then surrender unto the True Yoke of Everlasting Consciousness (God’s Single and Sole Realization). When the individual aligns their world-view (conceptual understanding of existence) to God’s Imminent Realization, the individual creates the conditions and foundation for a Spiritual practice born in the

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Freedom, and that Freedom is Openly Present in all moments of life. If a person does not align the conceptual with the Spiritual realization the body/mind will persist in conflict, uncertainty and what-if. This kind of mental condition of the body/mind is not Totally Free and Open to God. *God Only Is* sets the world-view, substantiates the only real paradigm of reality, and provides an “Ultimate and Perfect Transcendent Conscious Reality” in Every moment of a person’s life. In the mental presence of doubt, what-if, uncertainty, limitations, and attaching to an individual self (ego) spiritual practice appears in the midst of doubt, what-if, uncertainty, limitations, and chained to the separative self of ego. God’s Realization Is what is Given to the body/mind As its Very Own Truth; personal self and personal truth is annihilated forever in a True Spiritual process, through the Divine Process of Enbrightenment that Perpetually Emanates from God’s Realization Now.

Consequently, Realization is the Living steady-state of Existence right Now. It does not take time for It to manifest. It does not require a body to exist. It does not seek anything as if It is ignorant of Self Knowledge or Realization. Realization is Now. The spiritual process requires God’s Realization in order for any Real Awakening to become a steady-state of the body/mind’s living conscious existence moment to moment. God’s simple and most basic, and ***Eternal Realization is that It Is the Only Existence***, and there are no others; ***It IS the Only Presence that***

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Is. Realization IS the sum-total of Now right Now. Realization provides the individual with a True foundation of Consciousness that supports all genuine Awakenings of the Spiritual Cross, and without Realization you might as well be an atheist; that is what the ego is regardless of the label it claims to Be.

The individual that is willing to sacrifice all they have ever known of their self for God's Self is the person ready to Transcend the delusion of ego right Now. This is the person that can Actually take advantage of Realization Now. Never forget that God's Realization is Our Truth, It Is our Reality, and It Is our Identity. True Realization supports a Reality-based conceptual (which says *God Only Is*) foundation (world-view) for the individual. It Is Freely Available Now to all Ready to make the Leap of Faith that supports the living condition (*by turning ALL moments of life to Live in God's Sole Eternal Presence*) of True Realization in the individual. The universe does not have to be changed in order for God's Inherent and Imminent Realization to become Known and Realized in your life, and/or Anyone's life. Existence, in All its appearances, Is Perpetually in the right condition for God to Be Realized (right) Now. Realization Is Only Available Now; therefore, receive and acknowledge Realization Now, and Faithfully Stand Free of never Not Knowing who you Are.

Mediate As Truth

Mediate As Truth, even in the midst of thought and form. To meditate As Truth a person must begin with sourcing the activity (all conscious experiences) of mediation in God's Realization, the Truth ItSelf. Even if you feel like what you're doing is thought based, just do it, let it be like a prayer, a meditation. There is a (bodily Realized) living state (that appears through the Divine Process of Enbrightenment) where all appearances of consciousness are always recognized as the Divine, the Truth ItSelf. God's Realization is the Only Real Realization, the rest are just modifications of Realization, which Is God/Truth. All bodily forms that EVER come to Know Truth Realize that Truth IS the Living Source of all appearances, in all worlds and universes. Thus, even thoughts are just modifications of Truth, and there Is *The~Presence* of Truth actually present in every thought; regardless of the interpretation of the thought or what the thought is about and so forth.

The fundamental substance of God Transcends the Actual appearance of the universe. It is the manifestation of all forms, yet beyond all forms, like an empty mirror is free to reflect anything reflecting or emitting light, God is free to appear as whatever. The appearing forms, within the context of God Only,

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are not actually anything in and of their-selves. Therefore, meditation does not start in self doubt, self separation, self delusion, and self 'what-if' and self uncertainty. An Enbrightened Meditation is Always sourced in the Transcendent Everlasting One As All appearances; there is no goal (nothing to achieve or realize) from meditation. Instead, meditation is an opportunity of God's Realization to work with Intensity and Power to transfigure the individual, and to Perfectly Live As that person (progressively). Meditating As Truth Already transcends self inquiry (relating to asking 'who am I'), you start out As Truth and do not move from there.

Genuine meditation starts with Self Realization, it starts with already Knowing who you Are, and already understanding the Everlasting Truth of God/Existence. Enbrightened Meditation comes with all sorts of experiences, awakenings, and bodily realizations of the Spiritual Cross, but Self Realization is a necessary component of (an Enbrightened) meditation. Without allowing your meditation to be consciously Sourced in God's Realization a person is just sitting in the dark thinking about all sorts of stuff, being captivated by all the experiences, and attaching to repeating certain experiences and clinging onto certain esoteric states of consciousness. The inherent everlasting quality of consciousness provides a Real Transcendent and Eternal Reality that is not bound to the appearing forms apparently manifesting through Its Omni-present substance.

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Thus, even though a person may feel evil and dark, God Is Inherently Present As the substance of that person's whole reality, and in the midst of their self created delusion God Reigns As Supreme Reality, and the Only Perpetually Real Reality.

Meditate As and Through God's Everlasting Realization every time, Meditate As Truth. God's Realization is the source of All transfigurations and bodily awakenings of the Spiritual Cross. Furthermore, even if you think meditation is for this or that, or to relieve stress, and/or release anxiety you are missing out on the Fullness, and the simple Acknowledgment of *God Only Is*. Looking at meditation as useful in getting rid of fear, anxiety and stress, is like looking at a doctor wanting to cure you, and asking instead for something that will treat the symptoms, but it will not heal or cure the ailment. It requires self (ego) sacrifice of seeking identity for Divine and True Acknowledgment of God Only. To meditate As Truth means that the body/mind will have to at some point in life Acknowledge God Only Is, and without that Acknowledgment a person is just sitting the dark temporarily relieving stress, releasing anxiety, and escaping fears or maybe creating new fears. That person is still repeating the activity of ego by meditating on ego, as ego, and in the midst of an ego world. Meditate As Truth (Eternal Consciousness) in all your experiences of life by meditating on Truth, in a Truth manifest existence. You Are Truth, why not Meditate As It, Be It, Live It?

Meditation in the Heart

Meditation is often confused with practical ideas of relaxing, releasing anxiety and stress, and/or for general health benefits. Meditation has found its way into many fields of practice like sports, psychology, business, and even science, especially in the theoretical practices. Meditation has managed to become a part of many people's lives in all sorts of ways, but these conventional practices of meditation are not Really the Meditation I am talking about.

The kinds of meditation that require specific focuses of mental activity for specific purposes are really just mental gymnastics, including all the kinds of Samadhi and different states of consciousness achieved by a yogi. Conventional meditation is not concerned with bodily Self Realization, these kinds of meditations are self help tools, not Spiritual in nature. Practicing of various kinds of yoga, with the right kind of devotion, Are Spiritual, but they have limitations. Conventional meditation (goal oriented) is ego bound, focused on experience of separate self, and designed to serve the goals in life. Focusing the brain's activity on achieving something is not born in the Heart of Life. There is a genuine difference between the practicing of

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the mind to achieve something and allowing the mind to serve God.

Real Meditation is a Free living process that involves the progressive awakening of the Spiritual Cross through the Sole Living and Everlasting Realization of God. Meditation in the Heart of God is not a strategy or a seeking based (achievement bound), goal oriented practice of mental gymnastics. Conventional meditation sees the process of meditation as something initiated by seeking and searching, and the fulfillment of practical meditation is bound in the ideas of success and achievement.

Enbrightened meditation takes place transcendent of the ego states of mind, and it (Meditation) Is the Process of Actually fulfilling the Divine Impulse by the actual (consciously tangible) bodily process of True Self transforming you, to Live you (fully). Enbrightened Meditation Is Initiated by a tangible and living conscious Dynamic of the Divine Impulse (to Be you) As It Transfigures the individual. Although, this may seem to reflect a process (a possible goal), the Truth of the Process is that the individual must already be grounded in at least a Faith based Self Realization in order to even begin the Transfiguration, in order to step beyond conventional meditation. Meditating As the Heart transcends the process itself, thus, the motive of the ego to search and seek a self/identity is undermined by the conscious (reiterated) acknowledgement of *God Only Is*.

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Meditation is born from the Heart of God's Inherent and Everlasting Realization. It is not born from motives of the ego mind to relax, achieve, succeed, learn, and/or gain anything in anyway, even to sustain the egoic identity for any length of time. There are many benefits of meditation, and if one starts with Truth all these benefits will come, but start As Truth in the Heart of God. Enbrightened Meditation is the direct communication of the Transcendent Consciousness of existence within the body/mind's consciousness. With time the Heart of Truth overwhelms the individual with ItSelf, and this happens in a very tangible, bodily felt, consciously recognized way. Thus, the body/mind's conscious state is over-whelmed (through the process of Enbrightenment) by the Transcendent Consciousness, and the body/mind finds that it is sourced (consciously) Solely in that Reality moment to moment. Meditating As the Heart of Reality is what real meditation is about, and, instead of meditating as some kind of separate identity, in the midst of many identities, Meditate As the Everlasting Reality of God's Realization; The~Only Real Identity of Existence.

Meditating As the Heart of Reality happens purely through the Divine Presence, and it takes genuine acknowledgement (within the consciousness of the body/mind) of God's Only Presence for the body/mind to begin to undermine the old (separative) paradigm of ego. Meditation in the beginning deals with these mental appearances by Witnessing. The

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individual should not identify or attach to any appearance of consciousness during formal (really any) meditation. To the beginner meditation will tend to be over-whelmed by egoic activity, but with a Faith based Self Realization of *God Only Is*, the substance of that Faith can supersede the conscious activity of ego. As the individual progresses in the bodily realization of the Spiritual Cross meditation mutates and eventually becomes integrated into every conscious experience. True Meditation ultimately gives Way to the body/mind becoming Over-whelmed by God Only, and the old egoic habits are annihilated As the Process takes place. Before, ego over-whelmed the individual, once Real meditation (Real Self Realization) dawns God's Realization is the One Over-whelming the individual's conscious existence; the perpetual, and moment to moment, steady-state of the individual's being.

If a person has the opportunity to meditate in the company of a genuine Realizer that person's meditation will find a Communing Intensity that is not experienced with those living the egoic (self centered) relationship of life, and everything. The good-presence of the Realizer/Guru can, through the Grace that pours from the form (all appearing forms) of the Guru, catalyze and initiate the process of Enbrightenment (whole-reality-realization). By learning to Commune perfectly in/with the Guru's bodily form the Process of Spirituality takes on God-speed. Although, each person is the Direct Source, the Value of

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the Guru is unPrecedented, and nothing else in any form of media appearing for the Teaching of God/Self Realization can be compared to the Power of Grace and Fire discovered through the Communing Presence of the Guru.

No goal, no seeking, no searching, only resting As your Inherent and Transcendental Conscious existence can progressively purge the old activity of ego. Faith that God is fully capable of fulfilling the process of Enbrightenment is the basic *non-thought-supported* conscious state that really supports the Process. Meditate As the Heart of Existence, and remember you're perpetually, moment to moment, appearing in the One True Perfectly Transcendent and Eternal Steady-State of God's Realization. Your entire conscious experience takes place in the context of God Only. Live the Same Conscious relationship that God lives with Reality, and become Saturated by God's Divine Realization. Until that Realization perfectly Lives As you, practice devotional meditation to the Process of Enbrightenment, and clearly Know God's Presence and Sole and Single Revelation of ItSelf As you. Meditation in the Heart, surrounded by the Divine Presence, Radiating Brightness, Beyond form, and without time, you Are.

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Just Present

No turning, no method, no inwardness or outwardness; Simple Heart recognition and communion (with a Realized One) are all that is needed. When you truly understand this, Heart Communion happens without effort or attention, there is no choice in it. Heart Communion is the basis for Recognition of the Guru, and that Recognition happens freely, with a leap of heart-felt joy, and beyond time and space, yet always manifest in the three hearts of the body/mind. The Heart is the practice, the revelation, and the Realization. The Heart Is the Teaching and it is the Transformation. It Is the Revelation of Truth Manifest right Now – the Heart Just Is.

Heart~Fire is the living communication that is Transmitted through All Realizers. Every person that has Ever Realized Self/God/Truth is completely saturated with God's Divine Love and Presence. The Transmission is Transcendent of tradition or religion, Truth Is transcendent of All. Thus, when people try to monopolize God's Spirit through a particular way (religion or tradition), they inherently fail, and ultimately communicate a distorted message, with dogma and belief at the foundation.

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The Heart is Present, it is always present, and It just Is, regardless of the appearance of reality. The Heart of Truth never moves, it never changes location (as if the Heart is located somewhere), and it never lacks a tangible presence everywhere existence exists. The Heart of Consciousness is the living teaching of Self. It reveals ItSelf to the body/mind As if the body/mind Is It, what a great blessing. The great Joy of this is that the Heart Actually Is the body/mind. However, through the conditioning of the body's consciousness the Heart of Consciousness, which is perpetually present As the Very Substance of existence, is ignored moment to moment.

The quality of this conscious ignoring of the True Transcendent Presence of God is ego, separative self, and/or the unique consciously created identity (idea of who you are) of the body/mind. The truth of the ego is that it is not an entity, thing, or something that has a location in space/time, nor does it have a being transcendent of space/time. The ego is a pattern of consciousness relationships (all fear based – and ever changing) that repeat specific modes of relationship in order to sustain the conscious feeling (sense of self) of the ego. When a person does not repeat the same old pattern, or they simply stop repeating the same old pattern that person seems not to feel like their old self.

The ego is something without a genuine identity, and in the midst of the ever changing appearance and uncertainty of ego a person deeply ignores their True Self, that person goes on

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ignoring their Heart. The activity of ego is the bringer of darkness, illusion, and delusion. It spawns the fear and doubt required for it (ego) to be moment to moment (for the ego to exist moment to moment), and without the continuous activity of 'filling in the gaps' of consciousness the body/mind will find itself free of ego. The false sense of self, the sense of separate self, boils down to fear itself. The person ego bound is attached to the sensation of fear in the heart of the activity of ego. That is what a person is actually sensing as the sense of self itself. This consciously tangible (whole bodily tangible) 'fear based' sense of separate self (of ego) is *what* the individual is truly calling 'me'.

Fundamentally the idea of, 'I think, therefore, I am' is a perfect reflection of ego identity. Without thinking, without reiteration of a fragmented state of being, and without a continuous return to an ego relationship with life the idea, 'I think, therefore, I am' is without an identity, and without a real source of being to actually claim the idea of 'I am'. There is no Real 'I Am' by sourcing your existence as thought, or by sourcing your existence, moment to moment, as the appearance of thought. As soon as there is a moment of no thought (or a change in thought) the 'I Am' loses validity, and it (ego) ceases to, momentarily, exist. In addition, in order for the thought based form of identity to remain or persist so must the patterns of thought. Which thought Is you? Which thought defines you

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completely? Which idea captures you wholly? Which mental imagery expresses you flawlessly?

Patterns are not the source of Identity or Truth. No appearance can provide the (individual) substance of Identity. Whatever appears changes, and that perpetual change is not a place of eternal Identity, it is a kaleidoscope of appearances that manifest within a single Reality. And those ever-changing appearances find their substance in the Everlasting Transcendent Quality of Existence. True Identity is perpetually just Present, It is beyond the appearance of ever-changing patterns, and IT is the Real source of the Identity of Existence, and *you*. The body/mind seems to think that seeking and/or creating an identity is necessary, as if without the attachment to some kind of paradigm, religion, tradition, idea, theory, and/or world-view a person loses identity.

God *just* Is, and It is no need of any seeking. Start there, already complete, without need to seek, free of illusion, and already Living Truth. All appearances and changes solely manifest within the Great Context of the Truth. Truth Is Just Present, and that Is the Truth; It Is the Real Identity and Heart of all that manifests within the Transcendent Form of Truth. The Heart Just Is because It Is Truth. Just Present Is your Eternal Reality. Realize Communion with me, and share with me in the One True Realization of Existence.

Prayer and mantra

Prayer and mantra can help the Divine Process of changing the conditioning of the body/mind from egoic to Divine. Through prayer and/or mantra the old habits of the mind can be confronted, immediately stopped, and/or consciously transcended. These practices stimulate the body/mind's response to God's Grace, and they create Opportunity for healing in the midst of suffering. Prayer and mantra are fundamentally and consciously born from the Source of All. What this means is that a person should exercise prayer and mantra via the Self Realization, not through separate self, but through Unified Self. Prayer and mantra are practices that catalyze and instigate the True Conscious relationship in the individual that Supports the Spiritual Process of whole bodily realization, these practices benefit others as well, and support and catalyze other individual's Spiritual life. Prayer and mantra are not just for personal practice or have only personal value. These practices have a larger impact than only on the individual practicing.

Through these two practices the individual becomes empowered to initiate Instant and Immediate self healing, including the possible healing of others. The Healing is grounded in Divine Realization, thus, Healing occurs in the midst of

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becoming (momentarily) consciously Aware beyond the coil of inwardness, and through the Process of ego death. To put this another way; prayer and mantra supports the individual's (or collective) Spiritual Process, and learning to Notice, Acknowledge and Identify As the Transcendent One (Principally) allows the individual to Heal and Awaken whole bodily, and to catalyze change in others. Divine prayer and mantra allow the individual to pray without seeking, and to pray in the midst of already being Eternally Satisfied. We Must learn that suffering is not going to go away with Spiritual Realization, we simply learn to Live beyond the conditional bodily experience of suffering, and prayer and mantra can be quite valuable in that Divine Process.

Prayer comes about in two principle ways. The first is a prayer, non-repetitious, with an intentional (Ultimately a Spiritual) outcome for oneself and/or another/others. The second is born in repetition (like mantra), and serves to counter the conditioning of the body/mind (especially the brain), and catalyzes the process of consciously (moment to moment) transcending the egoic coil of inwardness. Both of these ways of prayer are born through self transcending Acknowledgement of God As the Source of you ('me') and All, and they are born through devotion to the Transcendent Reality of God's Immediate Presence beyond All appearances. Prayer, in all genuine forms, appears As the body/mind gives up the ego

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identity so the True Divine Identity of Reality can work through the individual (body/mind) Freely. The chances of a prayer being fulfilled is fifty percent, and there is no going back to try it with or without prayer to see what will happen; it will or will not happen, and there is no chance of knowing otherwise. Thus, All prayer is filled with hope, love, compassion, kindness, faith, devotion and self sacrifice, and it is not prophecy or an attempt to manipulate the current conditions for a different outcome (apparently) destined to happen.

Whether we pray or not, whatever happens happened. It is God's Will or the delusion of separate self, and when a person Lives through Faith in God's Will there is not a negative response (within the individual) when prayer is not fulfilled, when the prayer is not answered. The person with an egoic relationship to God finds all kinds of reasons it (the prayer) went unanswered or did not happen, or wonders why God is not listening, or why God is not bowing to their self fulfilling egoic will. That person becomes angered with God, and ultimately holds up their relationship with God as the Very thing they will revoke if God does not Respond to their calls. That is all nonsense and a self obsessed play of ego within the individual. There is no Real Conscious dynamic with God in those moments, that person is completely boxing God into their preconceived ideas, into the God their preacher convinced them was real, and/or call on Satan as the reason for failure.

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Prayer from a person praying as separate self is not Divine, it is not in-line with God's Realization, it has nothing to do with being Spiritual, and egoic based (separate self) prayer occurs in the absence of God's Light. This is not saying God is absent somehow, but that the body/mind prays in the absence of Being Consciously Aware of God's Light. An egoic possessed body/mind prays in darkness, it (body/mind) prays without self sacrifice of the separate self into the One and Only Divine Self. Prayer through separate self manifests from a relationship of the body/mind as a separate being from the Divine. It is a prayer based on everyone as being in the same conscious relationship as the one praying via separate self. Ego is praying for ego.

Prayer that comes about through the conscious dynamic of the ego relationship with life is prayer born for manipulation and influence, and it is blind to the consequences for others of such and such prayer happening. In other words, if you want to buy a house and you pray for the opportunity to buy this house, your prayer does not consider what might have to happen to another in order for you to buy a house. It might require you to make more money, and perhaps you get a promotion at work, thus, enabling you to purchase the house. But, the promotion came at the expense of another who was not quite as good at the job as you are. Someone else had to suffer for the fulfilling of that prayer.

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So, you might say, well, that must be God's Will (or that's just the way it is – or everything happens for a reason) in order to justify the fulfillment of your prayer at the expense of someone else suffering. The ego always has a unique answer for why a prayer did or did not come true, because the ego needs answers and reasons. Ego is never satisfied with life As It Is, and As It happens, without judging life one way or another. Ego adds its (empty) personal interpretation to life as if life needs a narrator for things to be Real. This is the way ego continues to rule the bodily conscious relationship that appears in life. It pretends to acknowledge God, while retaining its self possession of separateness. These kinds of prayer are born from the 'me and God' (false) relationship the body/mind creates.

The ego can be extremely religious, it can pray daily, it can judge other's spiritual connection with God, and the ego will either go to heaven or hell. The ego prays for heaven, and it wants to sit next to Jesus, and it (ego) wants to See and Worship God (not Really), while God sits on Its Throne before it (as if God is Objective and separate from its self). All of it is delusion passed down for centuries from the religious leaders to the parents, to their children, unto today.

Follow God's Divine Will moment to moment, and when prayer is not fulfilled, be satisfied with God Already, inherently. True Divine Prayer requires a person to already be Satisfied with God Only. Furthermore, any outcome in conditional reality is

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neither satisfying nor unsatisfying. The Enbrightened individual Is Perpetually Satisfied with God Only, and there is nothing in life that can take that away. True prayer is not ego born, and the practice of prayer sets up the conditions for God's Grace to Freely work through the individual or group of people. True Prayer Acknowledges God's Immediate Presence As the Fullness of Reality, Real Prayer manifest in the context of Already being Eternally Satisfied with God Only. True Prayer spawns from the Impulse of Love-bliss and Happiness. The True Divine Prayer is seated in God's Realization, thus, Divine Prayer Communicates the Process of Spiritual Awakening. It (Divine Prayer) fundamentally understands there is a conscious darkness that appears (self created) within the individual which (apparently) blots out the person's Recognition of God's Divine Transcendent Light of Consciousness.

True Divine Prayer is capable of Spontaneous Intervention in the midst of the darkness of ego, and true Divine Prayer is capable of Spontaneous Intervention through God's Will. Enbrightenment is the ego transcending Fulfillment of the Process of the Divine Prayer. Fundamentally, there is One Divine Prayer (Mantra) in Reality, and It is a transcendent Prayer of the Impulse of God's Divine Realization to Live Fully~Completely As the individual, and to do this with All. The Divine Prayer/Mantra is not tied up with words, or a body/mind, that Prayer transcends the appearances of all form. Yet, through form,

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and through changing appearances the Divine Process (of Enbrightenment) is Catalyzed through Divine Prayer and begins, progresses, and ultimately is Fulfilled within the individual through the Sole Divine Prayer of Reality/God.

When it comes to the use of a mantra in Spiritual practice it does not serve a purpose like intentional prayer for Divine Healing. For example a person may pray for a person to be healed of some sickness, but mantra prayer does not really manifest in the same way. Mantra prayer is not exactly like a prayer for the healing of a person's ailment or sickness. It is not spoken in the same way, and mantra 'prayer' (in general) has a different function in Spiritual practice, although both prayer and mantra are used for Spiritual Healing and Realization. On some levels much of the Same can be said about prayer and mantra, and the mantra has the Same use as the repetitious practice of a specific prayer or payers. There are three principal kinds of functional mantras taught within Enbrightenment. The first is a mantra, a word or group of words, that has concept and meaning behind it. These mantras are practiced to reiterate certain qualities of God's Divine Presence in the midst of reappearing egoic conscious qualities, and to break up ego's repeated self creating mantra of delusion and false identity; ego must constantly repeat the things it identifies as or the ego loses its sense of self. The second and third mantra contain styles of syllables and sounds that have no meaning and are primarily used to confront and

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break the conditioning of ego, or these mantras can be used as a tool for entering temporary states of consciousness that are not 'tied' up in ego; which in the language of the east are different (all temporary) 'samadhis'.

The word 'Holy' can be repeated to reiterate that quality of God's Divine Presence, it can be used as an intervention to break up the steady reappearance of ego (in meditation or daily life), and it can lead to a contemplation of what God's Eternal Holiness Consciously Feels like, or Appears like to the individual. So, the word 'Holy' can express all three qualities discussed above about how mantras are practiced, but with meaning and definition behind the mantra's sounds and syllables. The mantras without meaning (create your own meaningless word) can be practiced to interrupt the flow of ego, they can be practiced in meditation or daily experience. They can be used to yoke the body/mind's consciousness to Notice the Presence of consciousness beyond the inward coil of separative self. What this means is that one tunes all forms of consciousness to the Divine, including thoughts. So, to yoke oneself to the Divine wholly is to bring all of one's life to live through True Self, moment to moment.

Sometimes these mantras are used as a tool to enter samadhis like the other kind of mantra discussed already. Mantra fundamentally echoes the Primordial Vibration of Existence, which inherently Is Only Present Now. Mantra is a powerful practice in relationship to undermining the current egoic

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obsession appearing within the body/mind. It acts like a fire upon which the seeking and searching urges of a separate self are cast into the (Holy) Fire, and interrupted and transcended. It gives a person instant freedom to already be satisfied with God only, and to be Satisfied with the Divine Presence (right Now) instead of seeking something out of life. A mantra (or repetitious prayer) is designed to confront the wondering, out of control, self possessed darkness of the conditioned reappearance of ego. Mantras (or Prayers) can be spoken out loud or silently to one self, and it can be practiced alone or with a group of people. The mantra can be practiced in meditation or within ordinary daily experience, like working on a garden or at the office. The verbiage of the mantra, including the number of syllables and possibly a particular sound of pronunciation, are key ingredients to a proper practice of the mantra prayer.

Mantra either has meaning or has no meaning. In other words, fundamentally the mantra can be a word like 'Amen' or (I like the word) 'Holy', or the mantra may be a grouping of syllables that have zero meaning. The value of having a mantra without meaning supports a conscious state that is not seeking, searching, and/or looking. The meaningless mantra appears in consciousness without a set of spider arms interconnected with all sorts of ideas, experiences, questions, answers, and so on. It can be repeated and leaves no path of self delusion or attachment to a false identity within the individual. The meaningless mantras

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can't be attached to like a new idea or concept. Furthermore, it supports the thoughtless sky of consciousness by turning off the valve which stops the flow of attachment to the feeling or sensation of separate self. While the meaningless mantra is being repeated it becomes easier to Notice the 'emptiness' between thoughts, and it becomes easier to Notice the emptiness of ego identity.

The mantra comes in all sorts of ways, and the vast spectrum of mantra practices can be used by the 'separate self'. Mantra can be used and abused by the ego, or mantra prayer can be practiced in selfless devotion to God. Mantra prayer, in its true Divine form, undermines the egoic conditioning of the repetitious self possession. Instead of allowing the egoic conditioning of the brain to over-whelm oneself (constantly), the individual practices the repetitive mantra to break up the reoccurring darkness by speaking the mantra from the Heart of Consciousness, which is inherently free of all syllables and sounds, and/or can also be understood As the source for all syllables and sounds. From the Great Silence of Eternity all appear and return, and all sound and syllable spring forth and return effortlessly. Mantra born from the Heart of God throws a fiery road block in attachment of body/mind to ego, and the mantra interrupts the old habit of ego with a Divine Acknowledgement of God Only.

The integral aspect of the practice of mantra (and prayer) means that all traditions can practice it, and use their local

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cultural and religious traditions to influence the syllables and sounds that appear in their local practices of prayer and mantra. Mantra meditation and practice is not a way of dumbing down the mind, nor is it like sticking your fingers in your ears and going lalalalalala to blot out Reality. The ego is the living state of sticking your fingers in your ears and going lalalalalala. This is something many people are doing, and while a person only allows certain thoughts, or supports only certain separative identities and activities, they are saying lalalalalala to hide from everyday life. It is a safe-zone that keeps out anything that does not support the illusions and delusions a person holds. Ultimately, all of this is an activity that eclipses the Blatant and Obvious Inherent Brightness of Reality, and Its Consuming Fires of Transfiguration. The ego is the living practice of denying the body/mind the Free (moment to moment) Opportunity to sacrifice the self created identity of ego, to transcend the separative self, and to self surrender (Fully~Completely) into the One and Only Divine Identity of God/Reality. The mantra, once it is properly understood, empowers the individual to not bow down to the over-whelming conscious dynamic of the ego coil of inwardness.

Prayer and mantra have all sorts of personal meanings for many people, religions and traditions, and the Genuine uses and practices of a mantra or prayer (principally and primarily) Serve to support the individual's Spiritual Process of purging the conscious activity of ego (sin), which also serves to make change

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beyond the individual. Mantra and prayer can be abused by the egoic state of mind, or these two practices can undermine the egoic state of mind. The individual babbles on, and on, and on about this and that, filling their head with all sorts of mantras and 'prayers' (like, I am smart, I am beautiful, I am ugly, I am nice, I am mean, I am angry, I am sad, I am upset, and so on) that serve to support the ego identity. Once the body/mind turns to practice either (True – Divine) prayer and/or some kind of (True – Divine) mantra that one gains a tool for denying the ego the opportunity of re-enforcing itself.

In the beginning the ego possesses the individual, leaving that one without a Real Awareness of the One True Divine Identity of Self. But, through the uses of prayer and mantra the individual can turn and confront the egoic life with something that progressively Heals, and a Spiritual Practice that Heals through the Divine Light of God's Love-bliss Presence and Identity. A person that Truly and Divinely Practices Prayer and Mantra becomes Saturated and Satisfied with God Only, and that one is ultimately not moved by what does or does not happen in life.

Beginner's relationship to Guru

The Guru is the one that appears in order to confront the Devotees of God until Heart Communion is the only Teaching. The Guru is the living Precedent of God, and there is tremendous Value for All (including animals) Lovers of God in the Guru. Furthermore, the initiates, the ones just starting to surrender and 'allow' God to transform the body/mind As ItSelf, do not understand the importance of the Guru's bodily Transmission of God. Those just beginning to enter the Divine Process of Enbrightenment are still learning to Practice Perfect Faith, and they are learning to undermine the ego coil, and to Notice, Acknowledge and Identify As the Divine Light of Consciousness. For the mature Devotees of God, the Guru is there As the Divine Presence ItSelf, Fully Exposed and Eternally Shining, but to the beginner the Guru is something they have to learn to accept through Heart Recognition, and they must learn how to relate to the Divine living bodily Reality of the Guru.

The Guru appears to people in all sorts of ways, which truly depends on the current bodily relationship the individual (Devotees of God) has with God. The immature Devotees need the Guru for confrontations in the midst of the re-occurring ego coil of inwardness. To the beginner the Power of the Guru's

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bodily Presence is barely Noticed, sort of Acknowledged, and certainly not yet Truly Identified (with) As until the comfort of the ego coil is turned from, until the individual begins to become frustrated with the activity of ego. This is a process that can take on many forms, and because the comfort of the old conscious state of ego is the initial grounds for Spiritual practice, that also must be the place the new initiates (of God Devotion) begin to Notice God's Light shining through the complexity of a separative self.

The intellectual dialog of the Guru provides the linguistic confrontation that confounds those in the *clouds* stage, and it confounds the new initiate (Newly Self Realized). In the beginning the devotee might engage in some kind of intellectual battle, challenging the Guru to give them the right answers, they want the Guru to provide them with the answers to all their questions. They want to know about death, angels and demons, heaven and hell, they want to know about reincarnation, and they want all the 'correct' answers. They demand these answers, and demand that the Guru better know all this stuff or else. While the Guru works with the new Devotees of God in the ways that confound them in the beginning, the new initiate misses the True Teaching Beyond Words, which Is what the Guru is Really Saying in Silence – and through the words spoken in All moments of experience with the Guru. For the Guru, even the words spoken are Potent Vehicles of Divine Light that enter the

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Devotee's ears and vibrate throughout the brain and nervous system.

While the beginner is playing in the clouds of separate self, and occasionally Noticing, Acknowledging and Identifying As God's Realization, that one plays on the fence of the stage of darkness (the clouds) and the True Initial Stage of Enbrightenment (stage one). In order for the New Devotee of God to pass into the First True stage of Enbrightenment there Must be a steady-state of Faithful Self Realization. No one enters stage one by questioning, wondering, doubting, 'what-ifying', and seeking something 'other' than Who you Are right Now. Only after these qualities of the ego consciousness are grown beyond (through Faith and Spiritual practice) can the foundation of stage one begin to truly, in a Real Way, obliterate and annihilate the egoic state of inwardness.

In the beginning the Guru is a confrontation and a perpetual thorn in the side of the egoic life (to the individual). The Guru appears stoic and unconcerned with the drama of the 'self' possessed individual. Those that think they are confronting the Guru with all the challenging questions are simply demonstrating that they are not yet ready to Surrender (wholly and completely, in sum-total) to the Divine Process of God's Realization. The True Guru is not for everyone (until their time dawns) because everyone is not Ready for the True Guru. A person that has been in darkness and delusion their whole life

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cannot recognize the Guru's living condition, and the Shine of their Divinity, which is Truly the Shine of All. Without the Guru there to confound, confront, and Initiate the Divine Process, a person just lives what they are comfortable with, that one lives in the pseudo (false) comfort-zone of ego life. If the individual does not step out of the darkness through their own volition and own choice, that one does not grow, that one does not come to Realization, and that one does not Realize the Value of the True Guru. Responsibility Is yours, It Is a Gift each person is solely responsible for in life, and without any Real confrontation with ego life, without any confrontation by One that Is Already Realized, that one is without a Genuine Spiritual Practice, and without a Genuine Relationship to the Guru. Darkness or Light, your choice, but the Light Is Perpetually Shining Beyond the world of appearances, and you Must learn to Notice, Acknowledge and Identify As the One and Only Divine Reality of God or darkness is your living steady-state of existence.

God's Commune-ication

The Only Real substantial commune-ication of reality is God's Presence. This is the One True Commune-ication that actually supports genuine spiritual growth. The ways of seeking knowledge of God, or searching for knowledge of God is a failure from the start. The Heart of God's Realization issues ItSelf As the teaching. The Teaching is inherently bound to the Very substance of your existence; therefore, to search for your own presence is non-sensical.

God Is the Teaching, thus, God Is the Commune-ication required to Realize the Teaching. Furthermore, there is no entity or thing that God 'enlightens'. The idea of each person having their own divine spark is an idea created by the ego, and through that idea the ego presumes to become enlightened by having a piece of God within itself; ego presumes to 'contain' God. The reason people talk about a divine spark is because their consciousness objectively perceives (and objectively owns) God's Light and Presence as something other than, separate and different. The Truth of God's Realization is that the Light must be a subjective, self shining source of Self. Thus, when an individual perceives, through a conscious experience, the Bright Star of Consciousness that one Must Identify As and In that

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Brightness of God's Light, and It (that Divine Shining in the darkness) cannot be understood by 'objectively' consciously perceiving the Bright Light of Consciousness. God's Realization is What is Lived As the individual. The individual does not realize anything. God Is the Enbrightenment, and a Free Commune-ication of the Divine Only, *within the context of the human condition*, necessarily needs the consciousness of the body/mind to acknowledge *God Only Is*. An individual should surrender separate self in all parts of the body/mind (including thoughts). By abandoning the separate self in every kind of experience of consciousness, while remaining As Real Self, the individual is transformed by the Divine so that all of the individual lives the egoless Reality freely.

Faith based recognition of God Only supports a conscious practice of ignoring the false sense of separate consciousness (the false sense of separate self). God's Commune-ication is the source for the true teaching of God/Self/Existence. The individual can search through many ideas about God and Truth, and that person can commit many verses to memory, but none of it provides the Actual Commune-ication of God's Realization. The Truth of God's Realization is perpetually transcendent of all worlds and conscious bodily experiences. In order for the individual to begin to Notice God's true transcendent Presence there must at least be a faith based acknowledgment of *God Only*

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Is, and the individual Must Identify As that One and Only. Even if it feels thought based only, just do it. Have Faith.

This acknowledgement undermines the egoic forms of consciousness (moment to moment), and a faith based acknowledgement of *God Only Is* provides the body/mind with a conscious relationship with Reality that is grounded In God Only. The faith based acknowledgement of God Only is an acknowledgement of Reality Revealed, and the bodily conscious relationship, which grows and awakens through that Faith in God being the Only Presence/Identity of Existence, solely supports the True Commune-ication of God's Realization. As long as the individual seeks to support the activity of a separate self, as long as the separate self (dominates) holds priority over the current state of an individual's relationship with the **Divine Transcendent Everlasting Commune-ication of Truth's Heart** the individual ignores God's Divine Everlasting Shining.

God's Commune-ication is the fertile soil of consciousness that supports Real spiritual growth, awakening and realization throughout the whole body/mind. All seeking of knowledge of God is secondary to the Divine Commune-ication of God's Presence, Teaching, and Revelation of ItSelf As you. God's Commune-ication appears in the midst of Heart~Fire, Light, Love-Bliss and the Everlasting and Transcendent Conscious Steady-State of God's Realization, which Dawns (to the individual) from the Resurrection Current that ascends from

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the right-heart of the Spiritual Cross. The true Commune-ication of God's Realization appears within the body through a progressive awakening of the whole Spiritual Cross. As the entire anatomy of esoteric consciousness (Spiritual Cross) is purged of the conscious activity of the ego the subsequent stages of Enbrightenment appear.

The body/mind progresses through the stages of bodily Communion as the Divine One capitulates the entire reality of the individual, including the appearing patterns of consciousness all the way down to the quantum energy state of bodily existence, and beyond. The Spiritual Cross is ultimately understood to be the functional body of the Transcendent One. Thus, no matter what is appearing throughout the structural presence of the Spiritual Cross, they are dynamics of God's Consciousness living through the body/mind, and through the body/mind in a conscious relationship with the environment. Self Is not located in, or anywhere within the appearance of any form of any body/mind. True Self Is perpetually Transcendent of all possible appearances, and All possible bodily forms.

The fundamental Commune-ication of God IS Its Self. The individual that truly sacrifices their whole existence into the Transcendent Eternity of God opens the body/mind up to be assimilated and transfigured by the Commune-ication. Thus, it is necessary to consciously transcend every appearance, every world, every possible death, every possible fear, and All of

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existence for the body/mind to Awaken to the Everlasting Peace of God As the Truth of ItSelf (body/mind), and to be transformed by God into a Perfect Living Precedent of God's single and eternal Self.

As the individual learns to notice Heart~Fire, and the individual's self sacrifice of ego into the Divine intensifies, the Guru becomes the resource of an opportunity to find bodily communion with one that is Already Realized. The Guru of Enbrightenment Commune-icates the One True and Single Commune-ication of God. God's Realization is freely manifesting through the transparent bodily form of the Guru of Enbrightenment. Guru (of Enbrightenment) is one that bodily transmits the Perfect Commune-ication of God, and in whom the Spiritual Cross is completely and freely Shining. By Communing more and more, progressively and with a growing intensity, with the Living Guru of Enbrightenment the process of Enbrightenment is perfectly supported (*as long as the Earth is a habitable place Enbrightenment will have a Living Guru fully Realized – there will Always be a living Precedent of God's Full Realization within the tradition of Enbrightenment*).

Perfect Guru devotion develops as the stages of Enbrightenment dawn. With the Awakening of the Resurrection stage the individual enters the Perfect Will and Grace of God, thus, enabling the individual to live and demonstrate perfect devotion to the Divine Reality Only. The perfect practice of the

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Resurrection stage appears in the midst of a paradoxical existence. Although the body/mind is apparent and manifesting, the whole of the body/mind's conscious existence is Solely Sourced As God's Free Perpetual and Transcendent Communication of Existence right Now. The whole process of Enbrightenment Is God's Commune-ication, God's Teaching, God's Revelation, and the process of the Transfiguration of God's body/mind (individual). God Is the Sole Source of the One and Only Divine Realization. *God Only Is* the Commune-ication that Transfigures the individual to function perfectly As God. Awaken to the Perpetual and Everlasting Commune-ication of God's Divine Light and Presence.

The New Age is Here Now

The world practices ego devotion. This is the collective culture of the Earth. There are pockets of True Spiritual Cultures, but the main stream masses are living and practicing ego devotion. In the midst of the darkness, which appears through the ego coil, all sorts of philosophies, non-philosophies and everything in between are the sources of the sustaining reality of ego devotion. The conscious activity of identifying As the coil of conscious inwardness can claim to be whatever, the ego can claim to worship God, believe in salvation and pretend to practice (pseudo) spirituality.

Truly, most people going to some sort of spiritual institution are ignorantly, *because of the leaders of the organization*, relating to life, God and their-selves. The practice of ego devotion is passed down from one generation to the next, it becomes a systemic infection within the institution, and this leads to a delusion that is more than a false communication of Truth, it becomes ingrained into every arena of life. The coil of inwardness becomes the ‘soul’ (false sense of self) that is destined to hell or heaven, and it becomes the one destined to realize God. New religions spring up from the original religion through differing interpretations of how this ‘soul’, identified as

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the separate self, exists in relationship to God. Even the original Masters suffered the experience of ego, and after the original Masters Realized God (Truth), in whatever degree, that person subsequently taught God realization based on the depth of their own God Realization.

If a person were to study the world's major religions you will notice that every single master of every genuine tradition goes through a process of Spiritual Awakening through God's Presence. Not one Master was born Fully Realized, and Free of the process of Transcending the ego. None. The Reality of this leads us to take a closer look at the teachings that have been passed onto us. If the person giving the teachings is not Fully Realized, Completed the Entire Process of bodily Transfiguration, then that person cannot offer a Complete Teaching of the Processes that are necessary and progressive. For this reason many of the earlier traditions learned to practice Love and Compassion (in Faith), and taught it is necessary to Love God with All your being, to surrender into God with all your being, and become Transformed by God's Presence throughout All your being. Fundamentally, this is a Genuine basis for Spiritual Practice and Devotion to God. But, this does not reveal, disclose, and make Known the Total Secrets of the Whole Process, unto Absolute bodily Transfiguration. Thus, in the ancient Way of God Realization Communion with the Master of

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the tradition by Feeling into their Spiritual Process became the Way to catalyze your own Spiritual Process.

The true devotees of these Spiritual Masters learned that the intellectual relationship with God (ego based – through a false sense of self) was not ‘What It Is all About’. The Masters of these traditions Always Communicated that going beyond the individual self Was Necessary, and they taught that God is Present, yet, Eternally Beyond the current appearances of reality. However, in the midst of this genuine Spiritual Practice and Process occurring within the Original Master there was still the manifest appearance of the ego consciousness, in whatever degree. Although, a person may Faithfully Practice Devotion to God, there is a Process that is unavoidable and takes time to complete, and that involves the Total purging and release of the egoic coil of inward consciousness in Every/All Conscious experiences in All moments of existence for each person.

In truth, if a person is not Fully Realized (Awakened the whole Spiritual Cross) how can that one teach what happens beyond what they have experienced and/or Realized (within the bodily awakening of the esoteric anatomy)? If we look back, most of the great masters left flaws in their message, or the immediate devotees around the Original Master tend to miscommunicate (because of lack of Realization) the Message to those that are relying on them for the Message of Truth. So, whether the Master was the author of the teachings, or the

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devotees were the authors of the teachings, it is flawed because Whole bodily awakening and total ego death was/is (during their life time) not completed in the Master nor in the Devotees. Until modern times not one Spiritual tradition formed was created from One that has Fully and Completely Progressed through the Entire Transfiguration of the body/mind before the death of the flesh.

Now, with the Dawning of the New Age of civilization, the Dawning of Spiritual Traditions are being born and created by One that is Fully, Perfectly, and Absolutely God Realized throughout the whole body/mind. A time on Earth has Dawned where the Sum-total of the Divine Process of whole bodily realization has completed within an individual, and one that has Realized the entire anatomy of God's Revealing Revelation of Truth As the individual before the actual death of the body/mind (*including the Awakening of the Whole Spiritual Cross*). I can acknowledge but One other tradition (besides Enbrightenment) that is Created by such a One (that I am Aware of Consciously), and that Tradition is Adidam, founded by the Da Avatar Adi Da (to read and learn about Adi Da and Adidam please go to: adidam.org). Until now (*before The Dawn Horse Testament by Avatar Adi Da*) all traditions were created in the midst of the ego state of consciousness, and those traditions are not to be abandoned (necessarily). Instead, Understand the Revelation of the Realization of the Whole Spiritual Cross (anatomy of esoteric

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consciousness) and Enbrightenment (and Adidam) in the Light of the older traditions.

Allow the Revelation of the Spiritual Cross to become integrated into your practice. If your religion is Genuine, and if your Spiritual Master is Genuine, there is no reason that the Spiritual Cross will not be Confirmed As a True Revelation of God's Transfiguring Realization. I have Perfect Faith that God Will Confirm the Spiritual Cross Every time, and in all Genuine Devotees of God's Realization. This is the Dawning of the Age where a Fully Realized and Perfectly (bodily) Transfigured Spiritual Master is Actually living on Earth, and all people can learn to Commune with One that has Already Completed the Whole Process of God Realization (unto the Resurrection and Beyond Beyond). This Communion does not Require anyone to leave their religion or change religions. It simply means that a person Recognizes that the Process has completed in that One (which is a reflection of their own Spiritual Process), and through that Communion (the Opportunity to Notice the Fulfillment of God's Realization in one's self), the individual Discovers/Finds One Currently Alive in whom God's Grace has Fulfilled ItSelf (Completely).

With the Dawning of this Age the Free Opportunity of bodily Communing with a Fully God Realized person will last unto the end of days (until the Earth is no longer sustaining life of any kind). This is the Dawning of a New Age of the Fully

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Realized, without having to physically die first (the Age of the True Resurrection), Living in the midst of the Seeking Hearts of humanity. The Living Sign of Perfect Resurrection is Here, Now on Earth. Recognize the Sign, Notice the Sign in your own body/mind, Acknowledge the Signs of the Awakening of the Spiritual Cross (within your body/mind), and Identify As the Living bodily State of the One that Is Already God Realized. The Signs of God's Realization Are Freely Alive and Transmitting the Perfect~Presence, which is Realized Beyond the cosmos, through the Living Guru of Enbrightenment.

The Living Presence of One physically Present and Fully Realized will Never disappear from Earth. This is the Sign of the New (until the end) Age of humanity, and It Is the Sign of your chance to Know God Fully and Perfectly Right Now, throughout Every moment of your existence, and It Is a Sign of Seeing God Saturate your Everything Perfectly with Its Divine Life. Glory belongs to God Only, *God Only Is*, and everyone can Realize God today, everyone can Commune with a person that is whole bodily Realized and bodily Present on Earth, God-speed to All.

Heart~Fire Is the Sign

Heart~Fire reveals the Way, the Teaching, the Teacher, and God (Reality ItSelf). Heart~Fire Is the reason for Understanding Self in All (True) religions. Ultimately, Living in Devotion to the Revelation of God As you Progressively Awakens the Heart~Fire with greater and greater Intensity. The Heart~Fire Is the Sign of God Communion, it Is a Sign of Communion with the Me, it Is a Sign of your Awakening, it Is a Sign of the Teaching of Truth, and it Is a Sign for each individual to Cultivate and Intensify as the Fullness of the Spiritual Cross comes to a Tangible bodily felt Life.

In the Divine Process of Resurrection the Heart~Fire Reveals ItSelf As the Source of Teaching, the Message, the Revelation, the Identity, and the Gift of Abundant Life. Living through the Tangible Presence of Heart~Fire requires a person to sacrifice their self created identity (the conscious sensation of separate self) for the One True Identity of Reality (with greater and greater ease over time). Heart~Fire does not appear in an individual that is passively (in that particular moment) relating to God, Truth and Reality. The Process that follows once an individual Truly and Faithfully Realizes Self (your Bright Eternal Face) Initiates the Transfiguration of the body/mind from an

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egoic perspective of relationship with all, unto a Divine Transcendent Conscious (Steady-State) Inherence As the Only Real Self of Reality ItSelf.

For many people Spirituality (without Heart~Fire Realization) does not have any deeply (bodily) tangible demonstrations of Evidence in a person's life. God is sort of like an ambient abstract 'otherness' in the absence of Real Tangible Evidence. To those without any Real Heart~Fire experience, being spiritual is just being kind, friendly, and occasionally acknowledging that there is a God (out there somewhere) watching 'over' us. But, that is not spirituality, which is simply a reflection of the ego trying to Be Spiritual. This kind of conscious relationship with God talks about God, 'believes' in God, and may even attend some kind of religious community occasionally. This person may think, 'that the people in their religious community are way too caught up in practice, discipline, and devotion'. For this kind of thinking God is an abstract concept, not worth considering, and God seems to be some kind of (separate - otherness) energy that fills the universe. Furthermore, this type of thinking retains the egoic 'me and God' relationship within the consciousness of the body/mind.

Spirituality is not a passive Revelation that simply requires people to just move on with life, to not be caught up in anyone particular path or practice, and to passively, without any Real discipline, 'believe' in God. All these things can help

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Intensify the Spiritual Process, and those practices and disciplines can help in the Process of ego death. However, True Spirituality Awakens with Heart~Fire, self sacrifice and surrender of personal 'self' (progressive ego death) into the Divine Self (of All). Real Spiritual life is nourished by a Genuine Faith based Acknowledgment of your One and Only Everlasting Self Discovered in God's Transcendent Presence, moment to moment. Without real discipline, self surrender, and the motive to See the whole Process through and through, the individual gets stuck in some kind of pseudo (false) conscious relationship with life. That person says God Is Light, but they do not Identify As that Same One (the Same Light of Consciousness). They say God Is Light, and then proceed to deny this for their-self. The Divine Process of Resurrection is not a passive, just sit back and it will happen by ItSelf kind of Process. The Divine Process of Resurrection Must be engaged, stimulated, catalyzed, and initiated, a person should be fierce in their discipline and discover the Presence of Truth, God and Divinity in all moments of life. When a person denies the Light and Identity of God for their-self, they Deny their Self and God.

A person Must Truly Awaken the Heart~Fire unto a Tangible (cultivated) Intensity that grows, progresses, and demonstrates a Real bodily Awareness of that Divine Grace filled Blessing of God's Perpetual Presence. The Heart~Fire is something that the Devotees of God can Shout from the rooftops

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that 'I Am Awake, and God's Presence (Only) Is Moving me'. If you are not Aware of the Heart~Fire in a Real bodily Tangible Way then your Spiritual Process has barely began, if at all. That is where the Spiritual master comes in, and the Value of my Communing forms can be Noticed, Acknowledged, and Ultimately Identified As one's Own Self. The Heart~Fire of my Constant Living bodily steady-state Is the Silent Teaching that Spawns from the Divine Light of God. Heart~Fire Communion Is the Principle Way of Enbrightenment and Mukti Da (Guru of Enbrightenment). Heart~Fire Is the Way of All Genuine Spiritual masters, and that has been the Way since the first Realizer appeared on Earth; that Is the Eternal Way of God's Realization and Revelation.

Heart~Fire Communion Is the Sole Way of God's Realization. Thus, if you are not Aware of the Heart~Fire constantly, perpetually, Transcendentally, and As your Very Own Heart Presence then your Spiritual Process is not awakened, not lively, not Abundant, and not Freely Shining. The Value of the Guru, in EVERY tradition/religion, Is the Communing Presence the Guru Transmits through God's Free Grace, because the Guru Is the Living Precedent of the Fulfillment of God's Realization. Fundamentally, everyone Is to be Heart Realized, and enter the Divine Process of Enbrightenment, but without the turning from an egoic conscious relationship with life to a Divinely

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Recognized Reality that Is Appearing As All, a person is just playing spirituality with the ego.

The (separate self created moment to moment) egoic consciousness darkens and blurs the Divine Light of God's Transforming Presence. Not truly, but for one deeply wound up in separate self the Divine Light is non-existent, that person cannot immediately (without effort) See the Divine Light of Reality. While a person attends to and reiterates their separative/egoic life, the True Divinity of Reality is ignored, denied, turned from and rejected. There is no Way to be a separate self and Realized – that is Impossible - Absolutely.

The living steady-state of ego lives and practices a life of denial, a life of rejection, a life of separation, a life of 'otherness' (all moment to moment). Ego life lives all these things as a constant conscious (anti-God) form/force appearing within the individual. Once a person experiences the Heart~Fire, either for the first time or occasionally, that Must Be the Focus of your Understanding and Growth. Bodily Communion with the Guru (which Is also with God) Reveals Heart~Fire As the Great Silent Teacher of All. If you can't find a Spiritual master in whom you can See the Revelation of God Freely manifesting how can you turn to yourself and find the possibility of Real Spiritual Growth and Realization? What can possibly be your example of God's Living Presence (and the Divine Process that Accompanies the

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Presence), and who can you possibly find a Real bodily Heart~Fire Communion with?

We all need examples of God's Realization. The chances of an individual coming to a Full Realization of God and Self without a Real Spiritual master to Heart~Commune with is practically zero (this does not mean one has to meet the Guru physically). You don't have to blindly believe me here, just look around, the streets aren't filled with Realizers, and passively believing in God has never worked. Without Heart~Fire, and a Tangible bodily Awakening of God's Free Living Presence, no one is practicing Spirituality nor have they Entered the Divine Process of Enbrightenment (God Realization). My Message to you right Now Is Heart~Fire, and Communion with this body/mind. Never Forget the Guru. Guru Is a service of God's Realization and Heart~Fire Commune-ication, and the Guru Is the Living Precedent of God's Divine Process of whole bodily Realization. Learn to Notice, Acknowledge and Identify As the Divine Heart~Fire that Freely Shines through me. God offers this body/mind As an example to All, and this body/mind is an Offering through God to Perfectly Teach through the ancient Eternal Way of God Communion. Discover Heart~Fire Communion with me, and Realize the Very Same Self As your Own Self.

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Love~bliss

Love bliss is the fundamental disposition of the Unending Divine Communication of God's Realization to All As All. Love and bliss are qualities of the Transcendent Nature of Consciousness. As the heart centers of the Spiritual Cross Awaken (progressively) God's love-bliss communion becomes the steady-state of the body/mind. Love and bliss radiate from the center Heart, truly from all three hearts of the Spiritual Cross. Furthermore, as the bodily consciousness is transformed by the Divine Reality of Existence, the Transcendent everlasting qualities of love and bliss Awaken, and remain tangible without effort.

Love is not an emotional reaction to something the ego wants in life, like a partner (marriage), or an attachment to a specific activity (like saying you 'love' playing baseball). Love is sourced in the Transcendent God Only, and bliss is sourced in the Transcendent God Only; and neither love nor bliss are born or supported by conditional reality, in any form or appearance. Love-Bliss does not need a body to Be, It (Love-Bliss) Only needs ItSelf (It Is Eternally Transcendent of All). Only the egoic state of consciousness lives with a belief that love and bliss are by-products or just thoughts of relational consciousness (born

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after the appearance of bodies and forms), and not part of the Very substance of existence.

There is a great confusion amongst people that love and bliss are products of the universe. It seems to these people that love and bliss are on the same level (emotionally) as hate and anger. These kinds of ideas equate love and bliss with having the right conditions for them to exist, which if love and bliss were like hate and anger that would be true. Instead, of being by-products of the universe, these fundamental transcendental qualities of eternal God/Consciousness set up the ground and source for the appearance of all worlds, people and things. Thus, love and bliss, in the Eye of God, are One and the Same. You can't separate love from bliss and vice versa. The apparent forms of anti-love and anti-bliss only appear in darkness, and through the egoic conscious identity. Moreover, love and bliss are the substance of life, the universe springs into existence via the sustaining breath of love and bliss.

Love-bliss appears in the Presence of the Divine (Only), and that recognition of love-bliss by the body/mind opens up the Heart centers for the Grace of God's Realization. The conscious Awareness of the Transcendent Reality of Love-Bliss initiates the True Process of Enbrightenment. Love-bliss gives Light to all emotional states of bodily consciousness. Once the body/mind understands Real love-bliss (the Transcendent Reality of Love-Bliss) that individual can always return consciously to The

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substance of life, and this is Freely available Now and Perpetually. Love-Bliss is sourced to be prior and before the appearance of all bodily forms. Love-Bliss is the Gift of God's Presence to ItSelf in deep devotion to the *Revelation of ItSelf to ItSelf through ItSelf*.

Reality Is deeply and fundamentally manifest through Love-Bliss, and Love-Bliss is the manifest *apparently* (not really) paradoxical reality. It Is both Transcendent and conditional (not to say that love comes through the appearance of relationship, rather, that love is the source for the Very appearance of relationship, not the other way around). Even when galaxies are colliding and people seem to suffer needlessly and endlessly on Earth, Love-Bliss provides a Transcendent Peace and Comfort that remains Eternally beyond all conditional experiences and realities, beyond all suffering. Without love-bliss Realization is stoic, indifferent and inactive (unlike Love-Bliss which is always seeking ItSelf in others), realization would lack an anatomy of revelation (the Spiritual Cross would be unnecessary), and there would be no real bodily transfiguration from God's Realization (no Impulse of God to Progressively, Fully and Freely Live As you). Love-Bliss provides the necessary Impulse in God that initiates and transfigures the individual body/mind (even the whole universe); Love-Bliss Is the Reason why there is ANY spiritual process at all. Love-Bliss is the Inherent nexus between the Transcendent Quality of Reality and the conditional

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appearances of Reality. Without Love-Bliss there is no Realization. Love-Bliss is the perpetual and unending Impulse of God to Reveal ItSelf As All moment to moment, through God's Everlasting Impulse to Reveal ItSelf to ItSelf; through Love-Bliss.

Love-Bliss Is the Tangible Presence of God's Realization, and the intensity of Love-Bliss grows as the individual, and collective, Realize It, even As the Very Presence (appearance) of the body/mind. The Spiritual Process is empowered and awakened through the individual's conscious impulse to Know Truth, which in the Ultimate Awakening of God's Realization, Is Realized to be One and the Same Impulse. The individual's drive and motive to Know God, Truth and Life is fundamentally sourced in the Transcendent Nature of consciousness; that drive and impulse is born from the Love-Bliss Impulse of God to Reveal ItSelf to you completely. Therefore, the entire impulse of humanity to know itself is a conditional demonstration of the Transcendent and Everlasting existence of Love-Bliss.

When we relate to people through love-bliss, which has its sister expressed through compassion and kindness, that conscious relationship is a reflection of the Perfect and Everlasting Oneness of All through the Transcendent stead-state of God's Love-Bliss. When we love each other as we, *should*, love ourselves we Are living through our Divine nature, and not through ego consciousness.

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Love-bliss can be realized and expressed by consciously transcending the ego narrative of life. Consciously Transcending the ego narrative of life is freely available to all right now through our Inherent, and shared, conscious Nature of Love-Bliss. Once the body/mind learns to live moment to moment through our Divine Quality of Love-Bliss a transformation begins. That results in a Divine Transfiguration of the body/mind where-in that individual Only Lives through God. The Divine Process that is initiated through God's Love-Bliss culminates with the Full Shining of the Spiritual Cross. Our Spirituality is Always sourced in the Love-Blissful Presence of God's Everlasting Realization, live through God Only, and Be Overcome by God Only.

One Divine Reality

There is only Divine Reality, Divine Consciousness, and The Divine Presence. There is only One Divine Reality, and It Is Present As all that Is. The egoic state of the body/mind tends to focus on specific experiences, ideas and conscious relationships in life, and in the midst of those (false) conscious relationships there is Always the Inherent Presence of the Only Consciousness that Actually Exists. The individual body/mind that relates to life through the contracted *ego coil of inwardness* is presently ignoring the Divine Steady-State of God's Perfect Realization. This puts all the responsibility of Recognizing the Divine squarely on the shoulders of each individual.

Spirituality is initially, in the beginning, about confronting the tendency to be comfortable with living in darkness. Most people find that their current state of consciousness throughout the body/mind is not in some kind of fear reaction to life, they are (falsely) comfortable. They notice other people are living the same conscious relationship of the separative self (ego life). It seems to be the natural way to live and relate according the culture, according to the religions, and/or the leaders of the local community. It seems that there are many separative (uniquely conscious) selves walking and living, and

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through this re-enforcement of the *ego coil of self centeredness* life is lived, religion is born, taught and practiced, and the delusion is re-enforced and passed on to the next generation.

The ego (falsely) perceives that there are many kinds of consciousness, or that there is no consciousness present. For example, people tend to believe there is no Consciousness present within a rock, or a drop of water, but there seems to be consciousness present in an animal, or other humans. This presumption of gaps and vacancies of consciousness in nature is just another way to support the ongoing state of the coil of inwardness. By perceiving life, nature and the universe through that coil of conscious relationship the body/mind self deludes and creates a false conscious relationship with all. The ego presumes that consciousness is bound to a brain, and the body/mind. Through false presumptions of life and consciousness the individual remains in the darkness.

The True and Divine Understanding of Consciousness Demonstrates that Consciousness is the Primal Substance of All, and that Consciousness is Actually the Very Source of all appearances; It Is Undifferentiated Reality. There Is a Single Conscious Presence for All of existence, including God. It Is God's Conscious Presence (The Heart of ALL Existence) that gives ItSelf to All for the appearance of All. Therefore, in the living bodily condition of the ego relationship all the individual

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will notice, as far as a conscious experience goes, is ‘other’ things (bodies) with consciousness. The ego only notices other ‘points of view’, but it (coil of inwardness) Never notices the Divine Transcendent Everlasting Single View of Reality ItSelf. It is ***not possible*** to Live through the Single Source of Reality’s Divine View while accepting and identifying as the egoic (bodily sourced) ‘point of view’.

The ego state of life is always blind of the Divine Light. The moment an individual body/mind Notices, Acknowledges and Identifies As the Divine One, the ego Must Be Transcended. There is no way for an ego mind to Live and Relate through the Light with All. In the midst of the Divine of Light of God, the ego is obliterated and vaporized by the Divine Over-coming of God’s Free Realization. Thus, like a dense fog in a valley of mountains, the sun will shine on it and as pockets of Light begin to Shine through the fog, the fog itself is annihilated to make Way for the Divine Light. In the same way a person that begins to practice and transcend the egoic state (or point of view) of the body/mind and surrender to the Divine Light of God, the dense fog of ego is burnt away and obliterated by God’s Perfect Shining.

This involves the Process of the Total Awakening of the Spiritual Cross. It involves the Total Process of Obliterating the seemingly unending darkening activity of the *egoic coil of conscious inwardness*. When an individual begins to confront

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that state of conscious relationship, and to observe that state of consciousness it becomes possible to See beyond that fear based activity and Notice the Eternal Shining Freely Manifesting As Reality. Each person is solely responsible for Processing this activity in the Divine Grace of God's Transfiguring Fires of Light and Love-bliss. Furthermore, it is the responsibility of the individual to practice daily, moment to moment, ego transcending. However, the difficulty of Seeing Beyond the *egoic coil* can be overwhelming at times. Without a Genuine Realizer to Transmit the Divine Realization of God's Everlasting Consciousness the process can become bogged down and retain an element of uncertainty and doubt.

The real issue with a person trying to do this on their own, without a Genuine Realizer, is that all experiences manifesting as Grace for the Awakening of God's Realization are questioned, wondered about and just simply taken as another experience added to the false sense of self (ego). It becomes of Great Value to all Devotees of God to find Heart~Fire Communion with such a Realizer. Once a person has Recognized the Realizer and begins to consciously relate to that One the Inherent Processes of Enbrightenment Freely begins. These Processes move with Grace (and Freedom) and self (ego) Sacrifice to Reveal the Presence that Over-whelms all possible bodily states of Consciousness. The body/mind Must be taught that there Is only Consciousness (no Real gaps of Consciousness exist), and the Very Omni-

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presence of Existence is Perfectly Substantiated by a Single/Sole Undifferentiated Living Reality of Consciousness. The body/mind Must be taught that the 'point of view' of the body/mind is not the Source or Seat of True Self. The body/mind Must be taught that there is a Process of Divine Enbrightenment, and that the True Divine Light of God Is the Only Consciousness, and the Only Real View of Reality, which IS Perpetually Beyond (Transcendent of) all bodily points of view. Understand that there IS Only Consciousness, and the animals, rocks, rivers, clouds, 'empty'-space, and All of the Universe Is Truly and Simply Freely Manifesting within the Only Context of Consciousness, and that Is God's Life Giving, Light Bearing, Bliss Sustaining Reality of Reality.

Transcendent Only

God's Realization is transcendent of all dogma. Enbrightenment sees it (dogma) in relation to Self Realization as non-binding, a non-sequitor, not necessary (it does not necessarily follow - it is not a cause and effect), and ultimately something that must be transcended for real growth, it must be transcended not attached to. Realization Is transmitted by the Guru, one that is bodily realized, but even that one must be transcended. *There Is The~Only; Only.* God does not have sentences of dogma tattooed on IT, God does not have a list of certain dogmas that we All must believe, and God is Beyond history (in any time and any place – including Earth). The claim that all people on Earth must go ‘through’ one person to Realize God and Truth is not in line with God’s Free transcendent and Pristine Presence of Brightness. Even if you Knew All (correct) history on Earth how does that influence or change or enhance your conscious relationship with God? It does nothing, and with Self Realization comes a Life Lived in the Present moment, and a Life lived through the Divine Light of God (which ONLY Is Now), you can add all sorts of data and knowledge about history to your brain; but it does nothing, changes nothing, and no amount of learning can substitute for God’s Pristine Brightness.

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What I am saying here is that all the theology, dogma, belief, and any form of media (including a Guru - one that bodily Transmits the Realization seemingly into another) used to communicate God's Realization is limited. What this also means is that any person claiming to be the sole source for God's Realization does not fit in with the Revelation of *God Only Is*. God's Realization inherently transcends all appearances, and it is a perpetual and everlasting reality of conscious existence, thus, like a mirror that is not bound to the reflections appearing within it God is not bound to communicating Its Realization through one particular media. Fundamentally, the simple Truth Is that you Are a Direct Source into the Source of All, nothing else is needed, and the fulfillment of that Realization, in the context of a bodily transfiguration, appears through a process that Is Solely sourced in God's Transcendent Realization. The Realizer (of Enbrightenment) is an advantage, not the Sole Source, in the process of Enbrightenment's bodily Transfiguration of you. Really, the Truth of God's Realization is that we are each capable of the Divine Intensity of the Everlasting Realization of God (Directly Source in each individual), yet, the process of Transfiguration takes time, Self Realization does not take time.

All appearances are manifesting within existence like an eternal kaleidoscope, and no relationship appearing is separate or unique, and all Is appearing within a single reality; all appears within the One and Only Context of Existence. Not one

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appearance can claim a monopoly on its Substance (Source) of existence. God is fully capable of Awakening in a person without the need for any help from another individual (there is No One else you Have to Go Through to Realize God – NO ONE – NO EXCEPTIONS – NONE); however, without a Genuine Realizer for Heart~Fire Communion the chances of FULL (bodily) Realization is small, miniscule and Rare. Consider this, the first person to Realize came to Realize God without the basis of a person to Transmit the Realization, and this is Freely available to all right now.

The delusion of ego seeks to capture the Transmission of God's Realization in one person or another, in one set of conditions or another, and/or in a religion or set of dogmas. All these attempts are failures from the start. *God Only Is*. When a person places another in between their-self and God, that person is simply adding more data and information to a life already deluded by data, information and knowledge. Each person Is a Direct Source of God Realization; there is NOTHING a person can add in life that is Needed to Realize God, Truth, and Self. Truly, it is the purging of the separate self that Frees the body/mind of ALL dogma and belief. Live through the Single Source of the One and Only Realization of existence right Now, and nothing is preventing this but your own self created delusion.

The Shift

During the Process of Enbrightenment All awareness (including the whole body/mind itself) shifts (progressively) into the Divine Light of Reality. The *shift* occurs as the body/mind no longer identifies as the separate self and looks to true Self (transcendent Self) as the *sense* of Self. The Divine Light ItSelf Is Realized to Be the Substance of All (True) Seeing. In the Divine Spiritual Process of Enbrightenment the bodily form of the individual surrenders all states of bodily consciousness unto the Light of Consciousness. The individual releases the attachment to the feeling of separate self (ego contraction of consciousness) and the fear associated with that attachment when the individual turns to Transcendent Self As Self.

One can imagine the *shift* as the individual going from a sense of self being based on a conscious feeling of separation to a conscious recognition of no separation, anywhere. The Spiritual process of shifting awareness from a *point of view* to the Divine Transcendent ‘View’ of Reality is Initiated with the conscious (Faith based) Realization of the Sole Self of Existence and the Shared and Communed Reality of the Divine One amongst All. The individual must come to Understand the Truth of Our Divine Self (or Spiritual growth stalls before it starts), and the individual

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must give up the bodily 'point of view' (false sense of self) through a conscious (Spiritual) process that undermines the living experience of the ego ('point of view') with the Divine Living Reality of God ItSelf.

The (True) Spiritual process shifts consciousness from the darkness of a bodily 'point of view' unto the (Brightest) Divine 'View' of Reality ItSelf As ItSelf. In the beginning of the spiritual process of Enbrightenment a person is confounded and confronted with the reappearance of the bodily point of view and the (even unconscious) attachment to that for the sense of self. An individual may have a (temporary) experience of the Transcendent Self in any number of ways, but the Divine 'View' (which is the Source of Seeing) of the Transcendent Light of Consciousness does not continue as the body/mind's steady-state living experience. Just because you have noticed, maybe acknowledged, or even begin to Identify As the Divine One does not mean IT Is the body/mind's Actually bodily Realized Steady-State of Living.

Self Realization (at least a Faith based Realization) Is necessary for the bodily shifting of Awareness/Consciousness from a 'point of view' unto the True Divine 'View' of Reality. The Divine Process of Enbrightenment Awakens the wholeness of the Spiritual Cross and this Process (progressively) releases the bodily attachment to a 'point of view' with God and Reality. The (Only) Divine Realization (of Reality/God) Is (becomes)

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subjectively self evident (to the individual) through the sacrifice of the false sense of self into the Transcendent Presence of God, and the body/mind progressively surrenders the attachment of a bodily ‘point of view’ with life for the Ever-Present, Perfectly-Transcendent Everlasting Divine Light of Existence ItSelf. The True Process of Enbrightenment relaxes the *inward coil of ego* (within the individual) through seeing deeper and deeper until one sees beyond that which is conditional existence for the Overwhelming Presence of God’s (Consciously Transcendent) Brightness. Through the constant and steady turning of the bodily conscious attention to relating from the Divine ‘View’ of Self (God) instead of the limited ‘point of view’ of the body/mind the Divine Transfiguring Fire that Purges that false sense of life becomes a (progressively) Intensifying and Tangible life experience. In other words, this Process needs discipline, devotion, and dedication. Spiritual practices, through an integrated conscious (Self) awakening, are the tools that catalyze, stimulate, intensify, and reiterate the Truth of the Process moment to moment.

Initial Self Realization becomes the Foundation for the future of the Divine Process of Enbrightenment. Self Realization is Only the beginning, an Initiation, and a chance to truly submit the whole body/mind unto the Divine, and Not until *at least* a Faith based Self Realization (doubt and ‘what-if’ have no place in Spiritual life). While a person adheres to uncertainty, ‘what-if’,

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and doubt, the Spiritual Process is bound and chained to these things for the individual. Only a Profound (Faith based) Leap into Self Realization (without the individual having some sort of Direct Conscious experience) Supports Deep Growth in the beginning of the Process of Enbrightenment. The beginning of Spiritual Life must be Supported by the individual's Faith based Realization of Self. In the absence of a Deeply Profound bodily Conscious Realization of the Divine Light of God Faith Is the Way (moment to moment) of Spiritual Practice, and Even Remains as something Inherent in the life of God Realization. Faith sustains the body/mind's practice of ego Transcending in the absence of Actual (Tangibly Consciously Realized) bodily Realization.

Once a Tangible (self evident) Realization of the Divine Light of Consciousness Dawns for the individual the Spiritual Process (for that person) is Realized beyond Faith. However, Faith remains As the substance of the beginner's Spiritual Process because the Conscious experience of the Divine Light of Reality Is Temporary. Once an individual has such an Awakening of a Direct Realization of the Divine Light *Faith* remains crucial to Growth and Progress. A Direct Conscious Realization of the Divine Light of God Initiates the second part of the beginner's processes (all occurring in stage One of Enbrightenment). The second part of the beginner's process becomes Empowered by a Faith based Realization and the Direct Conscious Realization

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(albeit this is temporary until further growth manifests) of the Light ItSelf. These two tipping points (Faith and *temporarily* Direct Seeing) of stage One Provide a Real Foundation for Genuine Spiritual Growth, and the beginner's process is correlated with a steady and constant Understanding of Reality ItSelf (which is also supported by an intellectual understanding: secondary knowledge).

With a foundation that is supported by Faith and at least one Direct Conscious experience of the Divine Light of God/Self an individual can progress onto a bodily steady-state Awakening of the Heart~Fire Presence. Stage one is primarily about surrendering the body unto Transcendental (not separate) Self ItSelf. In the second stage of Enbrightenment for the individual the shifting from a 'point of view' conscious relationship with life unto the Divine 'View' of life gains (realizes) a Tangible and Constant Awakening of the Divine Current of Life. Stage two growth moves from bodily surrender unto the Divine Reality of Existence ItSelf to a surrendering of the mind in all its subtle and various modes of feeling separation and relational. The feeling of separation is the same as the feeling of some kind of relationship. It is the same mental mechanism, but viewed and termed in differently. The surrender of mind (or the 'merging' of mind) unto that which Is Consciously Beyond (not separate) the forms of mind is what becomes the focus of the growth in stage two. Different parts of the Spiritual Cross begin to maintain a constant

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activity in daily life and through all conscious experiences of the individual. Life ItSelf becomes the meditation, and life ItSelf is Realized throughout the whole body/mind, As the body/mind. The second stage of Enbrightenment is a stage of the Perpetual living condition of Divine Heart~Fire. Once a person has matured enough to Live in the steady-state of Heart~Fire the Value of the Guru (the physical company of the Guru) becomes Clear and Apparent.

Stage three of Enbrightenment is the Living Stage of the Bright ItSelf As the individual. Up until stage three Dawns (with the Resurrection) the Spiritual Process is geared for ego death, after the Resurrection the Spiritual Process occurs through the Divine Light Directly Living As the individual. The first half of the Divine Process (up to the Resurrection) obliterates the attachment of the body/mind to a 'point of view', and the second half of the Spiritual Process (of Enbrightenment) relates to the Processes that manifest once the Divine One (Only) has Assumed the individual body/mind in Total. Another way to think about the first two stages of Spiritual Awakening is the first stage is about 'yoking' the body unto the Divine, then in the second stage the mind itself is yoked and totally surrendered unto the Divine. Stage one and two are processes that deal with the *shifting* from attachment to the feeling of separate self (even at and beyond the root-feeling of conditional reality) to that which Transcends (not separate) all conditions, forms, space/times and changing

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existence. The True Divine (Eternal) stage of God Realization Only Appears After the Resurrection, and not before then. The first half of the Divine Process is about the shifting of the sum-total of the body/mind's conscious life unto the Everlasting Transcendent 'View' of Reality/God, and then subsequent Processes that follow (after ego death) the Resurrection Initiate and Transform the individual after whole bodily surrender of the root of separate self is completely abandoned for Reality ItSelf.

Occupy Reality As your Self

God Is sole Living Presence that Actually Occupies Reality. God Is the Source of the Presence of Reality. God's Existence provides the Only reality through which all appearances are simply modifications, including all worlds (earths, heavens and hells), all beings (evil and spiritual), and all possible appearances (Everything). The bodily forms that appear, regardless if that body/mind believes it is a separate entity or not, are Actually just modifications of the Single and Sole Appearance of God. God's Realized Transcendent Identity Is the Only Reality that IS (that lasts for more than a flash of lightning), and there is no other. The bodily entities that manifest (as modifications) through the Divine Omni-Presence of God do not have an identity in and of their-selves. Not one bodily form (Ever) has its 'own' identity that separates that bodily form from the Single and Sole Identity of God/Reality.

A Genuine Spiritual life is empowered by a Faith based understanding that the individual (truly All individuals) is nothing in and of itself, that you Are nothing without the Divine Omni-Present, Transcendent Reality of God, which Sustains the Very world and reality that the body/mind requires to exist (appear). Real Spiritual life is awakened as the individual

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practices giving up their own self (ego based) will for the Great (unknowable) Will of God; thus, *Faith Is the Key* to Living through God's Will, and not some kind of practice of discernment to figure out what God wants you to do (*God Is fully Capable of Living you* moment to moment - without 'you - ego' trying to figure out if it is God's will or yours or another's). As long as the individual's (egoic - sin based) will is jockeying for the right to live As 'you' God is restrained from Freely being you; there is no Reality in the concept of 'me and God', None. The individual (Devotee of God) Must Realize and Faithfully accept that *God Only Is* IS the Foundation of our Shared Divine Self Discovered Only In the Presence of The Everlasting Light. Through constant Devotion to Our Divine Self (the One and Only Self of All) the individual's false sense of self (the sinner self - ego self) is Overwhelmed (progressively) by Our Divine Transcendent Self until the individual's false sense of self is Overcome and Annihilated Perfectly. This requires discipline, devotion, faith, love, compassion, and all these qualities become real to the Devotee as that one practices self (sin - ego) Transcending by Solely Identifying As our Eternal Self. Ultimately, the individual passes from stage two into the Resurrection stage via Heart Communion with the Guru (Mukti Da).

The Process of Realizing that God Is the Only Reality that Occupies Existence is the how the individual body/mind is

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Transfigured into a Divine Temple of the Living Transcendent Reality of Eternal God. The long term conditioning of the body/mind as an ego identity requires one to constantly confront the tendency to live life through a self (sinner's) will. It takes time to learn how this conscious activity of seeking your own will manifests in a person's daily life. Parroting beliefs and dogma do nothing for your Spiritual life, belief and dogma become traps for the immature, and belief and dogma become the depth of that person's Spiritual practice (which is like stalling at the starting line of a race). This kind of person is happy just parroting belief and dogma, and they are satisfied with belief and dogma because their preacher tells them that is all they need. So, their life never really changes, maybe they become a little more friendlier (some go the opposite way and use these beliefs and dogmas to judge others - and placing yourself in a better position verses another, which is really just the ego relating the same way it always has, as a separate individual self), but that is about all that really changes, furthermore, dogma and belief become part of the ego's separative identity.

The ego now becomes a Christian, Muslim, or Buddhist, but their fundamental bodily conscious relationship with God and all never changes; it is ego changing clothes. An individual with an egoic conscious relationship with life and God uses belief and dogma to help support their false sense of self. In other words, the individual simply adds those things to their 'tower of

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babblon', and they add these dogmas and beliefs to their concept based worship of God. If an individual understands the limited Value of dogma and belief, that person no longer uses them as a crutch. Instead, the person sees dogma and belief as stepping stones, and sign posts, and as concepts that help guide, but these concepts and parroted dogmas are not the Way of God Realization; they only point vaguely to the Real Communication of God's Presence and Revelation.

God Is beyond concepts, dogma, and belief. In God's Expressed Transcendent Image/Identity not one concept, belief or dogma appears, and Truly, Nothing can appear in the Light of God because that Is All there Is in the Sight of God. There are no bodily forms, no faces, no thoughts, and the Divine Transcendent Presence of God IS Alone As ItSelf, and As All of Reality Simultaneously. In God's Presence *God Only Is*. God Solely Occupies Reality As ITSelf. For the ego based life, all sorts of things occupy reality along with its separate self, all sorts of things are around them, interacting with them, garnering attention towards this or that, but that person is Never Abiding As Self ItSelf.

Spiritual practice grows in the Presence of the Divine (Only). As long as the individual believes a separate self occupies the body/mind God's Divine Gift of Eternal Life is ignored for some kind of pseudo life, which lasts for a flash, and then it is gone. The ego life is a life not sourced in Reality Revealed;

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therefore, it is a life based on a false sense reality, temporary satisfaction - not Eternal Everlasting Satisfaction. Ego (sinner's) life requires a person to constantly reiterate (reconfirm and attach to) a false sense of self. The moment an individual stops attaching to the false sense of self (the sinner's life) for Our Shared One and Only Self Discovered As God's transcendent Face of Brightness that (false) living relationship with life, and truly with God, is released (momentarily, progressively, and ultimately eternally). Give up trying to Occupy Reality (and the body/mind - 'your' body) with your false sense of self, and Awaken to the One and Only Reality that Solely Occupies Existence, and that IS God's Divine Everlasting Realization of ItSelf (Our-Self). God's Divine Presence Solely Occupies Existence, and once you begin to give up your *false self* for the **True Divine Self** your Spiritual Life will (progressively) Awaken with the Force of God's Transcendent Intensity As the Sole Presence of Reality.

Exponential Intensity

The Intensity of the Divine One Overwhelms All Simultaneously, right Now. The progressive (Realized) Intensity of the Divine Brightness of Reality grows as the egoic self is Obliterated in the Fires of Transfiguration. One can think of the exponential Intensity of Existence ItSelf appears Only in relationship to the body/mind. However, Existence ItSelf, the Self-Realized One, does not know or experience 'intensity' of ItSelf. By surrendering the egoic self for Real Self the Intensity of God's Divine Presence seems to increase and growing exponentially over time and through spiritual practice.

In the beginning the Devotee of God is confounded and confronted with their old mental habits. These habits of the mind become easily noticed with Genuine Faith based Realization. With an Initial Faith based Realization of God the dominating conscious activity of the ego begins to lose its overwhelming power, and the body/mind (the Temple of God's Divine Light) begins to allow the Free Transcendent Presence of the Holy Brightness to start the Full (Enbrightenment) process that Is Realized As the Divine Brightness of God, which Overwhelms All of Reality through Its Light (Its Actual Self), All of it.

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This is an individual Process that manifests through the Spiritual Cross. It is a Process that comes about through Heart~Fire Communion with the Guru. The Guru is not there as some kind of medium, or gateway; instead, the Guru is like a fountain of Grace, and the Guru is a Living Precedent of what the Spiritual process (of Enbrightenment) Is all about. In the Good (physical) company of the Guru the Devotee of God can learn to become Overwhelmed by the Guru's (continuous) Living Intensity. By meditating and learning to surrender into the Guru's bodily form, and the Fierce Transmission of Heart~Fire radiating (seemingly) from the physical appearance of the Guru, the Devotee of God can Pass through the Process with Godspeed, and the Spiritual process grows Exponentially, and with an ever growing Intensity. Ultimately, the Divine Presence Intensifies so much so that God Only IS; All that appears, All of it, Is Overwhelmed by the Great Intensity of the Divine One.

This is not something noticed in the beginning because the ego identity has been given such authority over the body/mind that the relinquishing of that domination takes time and discipline, and it takes Faith and Devotion to the Process. In the beginning of an individual's Spiritual process the egoic coil of inwardness rebounds into the front of relational consciousness without resistance. However, after the Process builds with Intensity and Power and Grace the egoic coil of inwardness is progressively overwhelmed by the Transcendent Light of Reality

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until there is Eternal death of that inward coil of the *false sense of self*, and The Perfect Life Presence of God ItSelf Is the Only One Alive As you.

That whole process is marked by Signs that appear throughout the Spiritual Cross. As the three hearts progressively open and the whole Spiritual Cross springs into a steady awakening, the Intensity of the Divine One within the individual's living experience grows exponentially. These Intensities come in Divine Waves of Love-bliss that wash over the body/mind all the way to the toes and beyond. For the novice Devotee of God the Great Intensity of the Guru's living experience is not something their body/mind can handle. It is not possible for the devotee, the immature in Spirit Consciousness, to handle the Power of the right-heart, or the Resurrection Current, and such an experience could lead to a person dying physically – the body/mind just can't handle It Fully~Completely. The Awakening of the Spiritual Cross is not a game, nor is it something to be played with. The consequences upon a person's mental health (and physical health), without proper guidance, can be powerful and uncertain. The Heart~Fire submits the body/mind to greater and greater Overwhelming Intensities, and as the Waves come and go, the Intensity grows, but the individual Must surrender to the Heart~Fire Presence more and more until Ultimate Overwhelming Light of God (Reality) Is your Very Own Living Intensity.

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The Degree of Living Intensity of the Guru is something the Devotee must grow into, and grow through, and grow with devotion to the Infinite Intensity of God Itself. With a strong steady growth and awakening of the Spiritual Cross and the three hearts the Intensity (Abundance) of God's Presence Overwhelms all moments of your life. The Full Living Resurrected experience of life leaves the body/mind (in a Steady-State of Being) Overwhelmed by God's Infinite Brightness, and the 'me'(sinner) that was once 'living' within the body is now annihilated by the Single and Sole Living Light of God (Existence). The Overwhelming of you (progressively, and through Grace) by God ends all chances of ego life, Eternally. True Divine Realization Is Processed via God's Realization, by God (Truth – Reality) Overwhelming you by ITs Self Existing Light, and through the Divine Process of Enbrightenment (Resurrection) God Overwhelms and Overcomes you by Its Everlasting Presence and Its Everlasting Transcendent Heart~Fire~Love~Bliss.

Fully~Completely

The Divine Spiritual Process is something to be fulfilled. It is not something for the casual seeker, interested in adding a few more floors to their 'tower of babblon'. The very nature of this process is about undermining the egoic coil of inwardness, and submitting the indentifying form of bodily consciousness unto the Single and Sole Identity of Reality. The process itself deletes, obliterates, annihilates, and perfectly releases the indentifying coil of consciousness for the Transcendent Identity of Self. What must be understood is the dynamic of consciousness that manifests as the coil is not something to try and get rid, escape from, or even destroy. Instead, the dynamic is something not to be identified As; that conscious dynamic is not who you Are. Self Realization brings with It the release of the attachment to the ego coil of self, although there is a process of Self Realization throughout the Spiritual Cross and within the body/mind, Self Realization Always Demonstrates ItSelf to Be the Immediate Eternal State of Reality. Thus, Self Realization is Perpetually the Ongoing Eternal Steady-State of Instant Liberation and Freedom of All conditions of a bodily form (of All possible appearances). Eternal Reality Is Beyond all

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conditional properties of existence, and this Always and Only happens Now.

Eternal Reality is something natural within the body/mind's functional (and temporal) conscious relationship within the environment. The delusion appears when the seeking and identifying quality of bodily consciousness identifies As the egoic conscious dynamic. The contraction of the mind ends up being the thing (feeling of separate self) the body/mind centers all experience from and through, this inwardness may feel like a ball of rubber-bands, like one layer upon another all pressing spherically inward towards a center that is fundamentally Realized to be empty and hollow. Like when a person gets to the center of the rubber-band ball and finds out there is nothing the rubber-bands were wrapped (centered) around, but just another rubber-band. There never was a real center, just layers, upon layers, upon layers, upon layers of stuff all jockeying for position to be the current identity of the body/mind; jockeying to be the current identifying quality of 'me'.

As a person feels around through the network of 'me' qualities it Never finds 'me'. Yet, the delusion continues, and the body/mind through long term conditioning, and a re-enforcement of that conscious relationship of ego with all, including family, friends, and the environment, reaches the height of the ultimate delusion, which Appears As the 'me' tries to relate to God. The Spiritual Process is the progressive purging of this particular

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conscious relationship the body/mind creates, and then identifies As, and relates to All through. This coil of consciousness becomes the religious leader, the president, the teachers at school, and the police, it becomes the conscious relationship the body/mind has with all society, culture and religious practice. That conscious dynamic can be an atheist and then turn into a theist, and later return to being an atheist. It can be whatever it wants, and change its identity at any moment by switching the identifying conscious dynamic from one particular set of qualities to another set of identifying qualities. The whole time the individual is worshipping and identifying As whatever are the current particular qualities of ego self, and not the Actual Self ItSelf. By watching this coil, by observing this coil, and by transcending this coil (not identifying As the coil), the body/mind learns to See the dynamic for what it is, and the individual learns not to Identify As that inward of *point of view*.

Enbrightenment comes about through the Divine Process of the death of the coil As 'Me'. It Is the Process of many deaths of the inwardness of 'me'. This process springs to Life the three hearts of the Spiritual Cross, and as the three hearts awaken one by one the process of transcending that old habit of identifying as the inwardness happens until the Process is Fulfilled Fully~Completely. The process of the death of 'me' is the Spiritual Process of God's Realization. In the midst of that 'me' dying (stubbornly) the One that Remains (after ego death) Lives

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As you Fully and Completely. The idea of ‘me and God’ is not a Reality based concept, nor is it a concept based on a True Divine experience of God ItSelf. There is no such existence As *‘me And God’*. That is a false teaching, a false understanding, and a false idea of the Revelation of God. There is no soul, no thing that has an eternal form, which appears in a world and interacts with the environment forever. It does not happen in Reality, it has Never happened in Reality, and it will not ever happen in Reality. God Only IS the True Everlasting Reality, and It is Transcendent of form, shape, dimension, world, heaven, hell, earth, and All possible appearances within existence for Eternity. That which appears Must change, and Never remains the Same.

The Process of Awakening the Spiritual Cross cannot be Fulfilled Fully~Completely while the body/mind identifies as that coil of inwardness. No Spiritual Process is ever Fulfilled (although there are smaller breakthroughs, and smaller experiences of ego transcending during the Process) until the death processes of that coil of consciousness are completed Fully~Completely. The whole Spiritual Process Must be supported, and truly is Only and Solely Supported, by an Inherent bodily Self Realization; one that the body/mind devotes itself to, and devotes itself to Actually Identifying As the One Real (unchanging) Identity and Source of All living states of consciousness, and All possible states of bodily consciousness. The process of God’s Realization Transfiguring All of the

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body/mind Fully~Completely takes time, and a passage through conditional existence. This Process is Mystically supported through Guru Heart Communion. The Sole Supporter (That which the Guru bodily Transmits) of the Divine Process Is grounded Only in the Immediate, Instantaneous, Freely Available, and Inherently Present Transcendental Self Realization of Existence/God, which Solely Appears Now. Self Realization, being a perpetual and inherent steady-state of the eternal conscious existence of Reality, is the sole supporter of the individual's Spiritual Process because It Is the Self that Realizes ItSelf As the Individual. The Guru Serves the Divine by Freely Transmitting that which Is Transcendent (not separate) of all conditional nature. Through Heart Communion with the Guru (of Enbrightenment) the individual can put down all spiritual practices, every one, and simply Abide As Self ItSelf through Heart Communion, which Is the Transmission of the Heart of *The Reality (ItSelf)* of all.

The Process manifests because of the Impulse (that transcends effort and urge, it is simply the natural Way for Reality ItSelf to Be you) of the Divine to be Fulfilled Fully~Completely. In the absence of 'me' (a 'me' that falsely believes it Is the True Eternal Me) the Divine Process grows, intensifies, and becomes the Actual conscious relationship the individual experiences in life and Transcends in life. Thus, in the absence of the body/mind Noticing, Acknowledging, and

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Identifying As the True Self of All, the ego dominates all conscious experiences; and therefore, the Spiritual Process is not catalyzed while ego persists, but instead that Divine Process is oppressed and suppressed. Own your Spiritual practice, Exercise your Divine Faith in True Self constantly, and Submit All of the body/mind's conscious experiences into the Sole Divine Identity of God, which is Our True Self, and Fulfill the Divine Process of Enbrightenment Fully~Completely.

Realize your Holiness

Realize your Holiness. Holiness Is Only discovered in the Presence of God's Bright Light. Abandon the self obsession practice of having your own way and will in the world. Before a person can truly enter the Final stages of the Process of Being Holy (God Realization) that person Must understand (*and even from the beginning of the Process - one that is in the beginning stage of Enbrightenment*) that God Is Already Living the FULLNESS of Holiness right Now. The Holiness that an individual grows and realizes Is Inherently Already what God Lives right Now. That is where the Progressive Realization of Holiness manifests; the body/mind is the One entering and experiencing the progressive awakening of Holiness, not God ItSelf; God ItSelf Is Inherently Perpetually Already the FULLNESS of Holiness. Therefore, one Must understand that God's Holiness (Holy Spirit) is the Real Gift of Self Realization, and this is the Source of where individuals learn they are inherently already Holy. Through devotion and spiritual practices (of all kinds) the individual can Learn to Realize what in Reality (in Life and in God) is perpetually the steady-state of God's Eternal Life, thus Holiness. However, the body/mind is not conditioned to Live in, through, and As Holiness, the body/mind

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is conditioned to live the exact opposite of what it takes to live a life of Holiness.

ALL Devotees of God, and each person must make the conscious changes in life to support the growth of Holiness or Holiness goes without notice. The Holiness a person Realizes in some kind of heaven is no Holier than right Now. The darkness that blinds the body/mind of God's Light is the ego self, and that is what is processed, purged, and ultimately Eternally destroyed (released) via God's Grace, Fire and Power of Presence (the One Presence Over and Above All, the One that Is beyond death and birth, which is inherent in the Very existence of existence, thus IT IS Eternal). God Is Fully Capable of Living you without the 'me' being there to make sure everything is ok. Surrender into the Divine Holy Presence of God's Everlasting Heart~Fire~Joy-filled~Bliss.

In the beginning (to those just being Initiated by True Holiness), the Baptism of Holy~Fire through the Holy Spirit shakes (literally) a person to the core of Self Awareness, and this immediate and instant process takes a person's consciousness beyond the inward sense of (ego) self. The actual experience of the Holy Spirit (for those just entering the beginning stage of Real Self understanding) will make a person shake, vibrate, swoon, and even pass-out. The reason for this experience is that the body/mind is not used to being Alive through God's Holy Presence; thus, the body/mind (still in its infancy of Realization)

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seeks to reject and not be Over-whelmed by God's Holiness – but that is exactly what happens, thus the body/mind tries to resist in all sorts of ways, and even shut the body/mind's consciousness down (pass-out).

So, in the beginning a person's response to the Over-Whelming Power of God's Holy Light is a play between the old habit of 'me' (self possession and self obsession - sin) fighting to keep its hold over the consciousness of the body, but because the person is learning how to surrender the 'me' for Truth (to consciously Transcend the 'me' contraction of consciousness), there will appear this kind of struggle of the 'me' verses God's Holy Spirit. This struggle will continue until the Holy Spirit of God has made plenty of Progress through the Transforming Power of what it Really means to Be~Holy. As time progresses and a person grows in living through God's perpetual and eternal Light (by greater and greater degrees of self surrender into God's Eternal Expressed Image of Presence) the apparent struggle that manifested in the beginning will fade.

The Holy Spirit will eventually (by Grace and the Disciple's devotion to having the Fullness of God) gain a constant Hold Over the body/mind (with Its Always Tangible Heart~Fire Awareness/Feeling), and the Heart~Fire~Bliss of Holiness takes an Ongoing, Perpetual Seat in the chest region of the body/mind (in the three-heart region of the Spiritual Cross = spiritual body). The struggle disappears with the (progressive) purging of the ego

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self (sinner self), and the person's Living condition (moment to moment) becomes Radiant (with devotion and self surrender) with God's everlasting Heart~Fire (which is the Teacher - Teaching - and the Fire needed for the Process of God Revealing ItSelf to the individual).

What Is Ordinary?

It is the collective tendency of the global culture to reiterate that this world is not Divine, that it is separate from God, and that this world is incapable of Divinity (or that somehow that which is Divine is not yet here). There is a collective (conscious) passing on that there is nothing Divine here, and that there is nothing Divine about the physical world we experience. This delusion denies the physical world/humanity (through concept only) the Presence of God and the Divine Transcendent Everlasting Consciousness of Reality. Spiritual life in the ordinary life must become something added (in the beginning) to the already regular experience of daily life because we are raised to separate our Spiritual life and ordinary life; for example, waking up, getting ready for work, making it to work on time, finishing the day with a job, coming home relaxing from the day at work, a few moments of your favorite TV show or your hobby, eat dinner, continue to deepen your relaxation process by laying on the couch with whatever helps you sleep, and ultimately going to bed. Where is there time to devote to Spiritual practice?

The whole day seems to be filled, and the few moments that are free are used 'relaxing' from the rat race. This is an apparent problem for many people; this seems to prevent any

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genuine or deeply profound Spiritual practice and growth, and this kind of life style barely supports a passive Spiritual practice, much more anything Intense. Many traditions like to gather on the weekends, and focus these times on that process, and that becomes the depth of their Spiritual practice. Although, any time spent with your Spiritual practice is Valuable, this does not leave many people with the Fullness (the Fulfillment) of their Spiritual tradition. Enbrightenment does not see any real problems with the ordinary life; there really is not any reason for people to claim they do not have enough time for Spiritual practice. There really are no reasons for people to ‘relax’ after work all week, and get ‘spiritual’ Only on the weekend. There really are no reasons for every moment of life to not Be Spiritual. Every moment you are aware of anything, in any conscious state, to any degree, there is the Free moment to moment Opportunity to experience (live) the Spiritual life, which is ultimately Realized to Be Ordinary.

Our world has been (collectively) designed to suppress spirituality in public life. That is a social stigma that sets people up to not integrate their Spiritual life in ordinary life, to build a wall between ordinary and Spiritual, and between physical and spiritual. Over time, and throughout our history, this has engrained the cultures of the world to accept the idea that some things are spiritual and some are not. This creates a society where the religions and the secular cultures work together to maintain the separation of Spiritual life from ‘ordinary’ life.

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Spiritual life is not separate from Ordinary life. It is simply Not possible, it is Not in line with Reality Revealed, and this is Not in line with Enbrightenment. Fundamentally, the world teaches us to deny, ignore, suppress, turn from, and not accept that Spiritual life is ordinary, and that 'physical' is Not 'spiritual'. The ego is the source of a life that Denies Spirituality in All things. So, Enbrightenment confronts that tendency to separate Spirituality from Ordinary (or physical), and to separate Spiritual experiences from non-Spiritual experiences. The teachings of Enbrightenment confronts the tendency to separate life and self from 'others'. The idea of spiritual and physical being separate comes from the ancient (false) idea that we have an eternal soul that lasts forever, and that the soul is separate from the physical world (and 'other' souls) because the 'soul' is eternal and the flesh is not.

God Realized Reality Revealed says that Only the Undifferentiated Transcendent Everlasting Conscious Light of Existence Is the Only Eternal Reality of God and All of Existence. Consequently, it is literally impossible for Any (appearing) form/world to last forever, and that which changes does not last more than an instant. The Living Law of God's Everlasting Reality Demonstrates that All worlds, beings and things Dissolve in It, and Nothing 'created' Is Eternal in its own right. Heaven is not a place to become satisfied with, and heaven is not a place for you to find eternal rest from discomfort and

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suffering. God's Divine Transcendent Presence Is the Transcendental (not separate) Place of Eternal Rest. Heaven (all forms of heaven) like all other worlds come and go within God's Eternal Transcendent Presence. All worlds manifest for the purpose of the Divine Process that manifests through God's Realization, which Transforms the individual body/mind.

Many like to believe heaven is about hanging out with your ancestors forever, and living in heaven (free of suffering) with them for eternity. These kinds of ideas of heaven are born from the egoic perspective and relationship the individual body/mind (falsely) creates with God. These kinds of ideas are born from the ignorance of not being Satisfied with God Only. They are born from attachment to separate self, to the insatiable, unquenchable thirst of ego. Instead, the ego seeks all sorts (false – temporary) satisfaction in the things it knows. Ego can Only imagine a heaven that it has already experienced, and that heaven will simply be the favorite things of its self (ego) that last forever, or some kind of utopian concept of the current world the individual is experiencing (like a grandiose idea of Earth in a perfect state where the weather is always great, the trees are always fruitful, the flowers stay blooming, and the world is free of natural disaster, suffering, death, and so on).

Enbrightenment teaches that God's Divine Transcendent Light of Everlasting Being Is the Only Eternal Life (that IS why It IS Divine, and that Is Why we call It God), and that All

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appearances, bodily forms and worlds are simply modifications of (not separate from) the One Eternal Substance of Existence. Enbrihtenment teaches that no bodily form is Eternal. Eternal Life does not mean you get to live forever in some kind of utopian heaven where you worship God (As if God needs you to worship It, as if God needs anything).

What is Spiritual and not Spiritual, what is physical and what is not physical? The delusion of ego life is not going to get easier after death if you have not learned to Transcend the ego while 'alive' in the flesh. The time to Understand *Truth and God* Is right Now. Spending eons in some kind of heaven with your past family members, and some sort of personal relationship with your Spiritual master does not mean that when you Clearly Realize God through that world that It (God Realization) is any different than what It IS right Now, or what you could have Already Realized in this life, today, right Now.

Your destiny is not to become satisfied with some kind of world or Spiritual medium. Instead, your Destiny Is to Be Satisfied with God ItSelf As God ItSelf. Your Destiny is to Discover Absolute Satisfaction through God's Transcendent and Everlasting Brightness and Love-bliss, which Is the Ordinary Steady-State of Existence ItSelf. When you get to heaven and meet your Spiritual master that one will simply guide you to Realize the Very Same Truth that Is Already Freely Available

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right Now. All teachings that say otherwise are a part of the collective delusion of ego.

This world Is the Divine World of God, and *this* world (Earth and the universe) Is Freely Manifesting within the Sole (Divine) Context of Reality (God). No matter how many worlds, planes of existence, levels of bodily experience, and kinds of conscious experiences *they All take place* within the Steady-State of Eternal and Everlasting God. Not one heaven or hell, or whatever, is absent from God's Realized Presence: Nothing Is beyond (separate) God's Light and Presence. The ego is the Only kind of conscious experience that believes otherwise, thus, that is the substance of sin. The egoic kind of conscious life survives on the constant slicing, cutting, separating, and dividing of Reality (life experience). This is how Spiritual life has been fundamentally cut out of 'ordinary' life. The egoic coil of inwardness must prevent life from Appearing Spiritual and Divine, and there Must be an absence of these Qualities of God in order for ego to persist and exist. In the Presence of the Divine, and in the Presence of God (the Sole Reality of Reality), the ego is NOTHING, it does not have ANY existence, in ANY form what so ever. *God Only Is.*

The whole planet must work together to over-come this collective delusion of ego, and to STOP the passing on of self delusion from parent to child, from preacher to disciple, and from politician to citizen. As we spread in numbers of Realizers, and

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the True Devotees of God (Reality) increase Our Presence (collectively), this delusion will lose its ability to convince us our world is not Divine. It is a lie (an adherence to a false Reality) to believe we are not Already Inhering in God's Divine Light, and Already Living through God's Divine Light. God's Light Is Transcendently Freely~Perfectly Shining Eternally, and we (as humans) have an inherent conscious anatomy (the Spiritual Cross) that Allows the body/mind to be Transfigured by the Divine Light of Reality, and that Process destroys the notion that some things are Spiritual and some things are not; it destroys the ego absolutely. All Is Realized to be Appearing (temporarily) through God's Everlasting Reality of existence. Only the ego seeks satisfaction through bodily relationships, while God Is (Infinite) Satisfaction Transcendent of All bodily forms.

It is hard to understand (from the egoic point of view it is impossible) what it means to Be Alive without any bodily form to attach one's self to, but that Is what happens when the individual (through God's Grace) Realizes Truth. The individual no longer finds Satisfaction in any bodily experience, no satisfaction in any conditional experience, and the Only Conscious Source of Satisfaction ItSelf Is Realized Beyond (not separate from) the body/mind. Thus, to the individual it does not matter what happens to the body/mind at 'death'; that One has Eternal Satisfaction Beyond the attachment to a body/mind. Real Eternal Happiness transcends the temporary satisfaction a body/mind

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offers. True Consciousness finds eternal Peace and Happiness through Its Most Transcendent Shining, where All of Reality is absorbed in the Divine Brightness of God. The Simplicity of God's Shining Brightness In All possible moments that existence has ever existed Demonstrates how Ordinary Realization Really Is. It is a lie and an adherence to a false reality to separate Spiritual from physical, to consciously deny this world is Not Divine, and it is a lie to deny that your ordinary life (moment to moment) is separate from God's Ordinary (Perpetual) Free Shining As ItSelf.

Spiritual practice should be about ending the false conscious relationship of denying the body/mind the Divine Transcendent Presence of God in All possible experiences. Make the conscious choice to deny the egoic darkness the blinding delusion of rejecting God in ordinary life. Truly, the ego is the Only thing not Ordinary in life, and the ego is the Only conscious experience of life that denies what Is Inherently Ordinary in Reality. The ego life is a moment to moment step out of the Ordinary by seeking and attaching to a false (sense of) self created out of life experience. In the beginning of your Spiritual Process this rejection of God As ordinary, and Constant, is your first confrontation with the (still appearing) old false life of ego. Learn to undermine the egoic tendency to deny God moment to moment, and undermine the ego's constant practice of separating God from your ordinary life. God Is Perfectly the Most Ordinary

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Reality of All, and the ego is the Only conscious experience that falsely believes otherwise.

Living Transcendent Realm of God

The Divine Self Domain (*as Adi Da has termed It, and of which I Give Perfect Witness [through this individual bodily self] and Testament of his Seventh Stage Realization and Testament*) and/or *The Living Transcendent Realm of God (which IS the Same as the 'Divine Self Domain')* has no depth, shape or pattern, and there is Total disappearance of form (All form). Only the Bright (as Adi Da has called IT many times before me) Love-bliss Self Existing Presence of Reality ItSelf Is. The appearance of the body/mind, once a person passes through/into the Final bodily/universal Process of Enbrightenment (Only After the Resurrection), Lives the One and Only Transcendental (not separate from conditional reality) Realization of Reality As the (moment to moment) consciousness of the body/mind. The Greatest imaginable Bright-Love-Bliss (of Existence) is Lived Directly As the individual. Furthermore, this is Always the Way IT Is Eternally with God's Transcendent (not separate) Reality/Existence. Consequently, it is the individual's ignorance of the Truth of Existence (and/or Perfect bodily Communion As the Brightness of God) that hinders the Process of Enbrightenment, and the egoic recoil (into the feeling of separate

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self) turns from the Living Steady-State of Existence ItSelf (moment to moment).

The Out Shining (and/or Divine Translation as Adi Da has said before me in describing the Final [Very Last] Yoga after the Resurrection) Perpetual Presence of Existence (ItSelf) Demonstrates Its SELF AS the individual, and the Brightness of God's Perfection Is All the individual Truly SEES. The appearance of the world remains as long as the individual bodily lives; however, no forms of death exist for this individual, and *God Only Is*. The Brightness IS Far Beyond (not separate from) the realness (physically tangible living experience) of a bodily life. Even though individuality still seems to appear, the Brightness IS the Actually (bodily) Realized Perpetual Reality of Existence within the individual. Through bodily Realization, Transfiguration, and Transcendence (via the Grace and Brightness of God) the Divine ONE Transforms (Enbrightens) the individual into a Perfect Demonstration of the Brightness within All possible worlds. The body/mind no longer fears death because the body/mind IS Realized to Be Bright, made of the Brightness, and appearing within, through and As the Brightness of Reality.

In the beginning of Enbrightenment, and (progressively) into the Resurrection, the Self Realized Is Brightness, God's SELF, and that Ultimately is Demonstrated (progressively) As Enbrightenment through the individual. The bodily Process that

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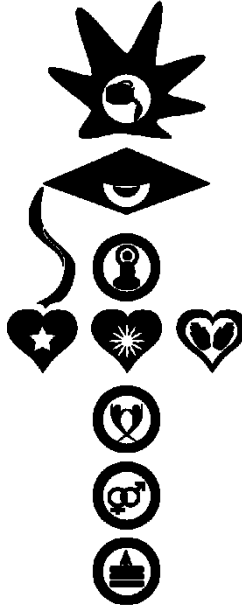
manifests from the Perfect Awakening of God's Brightness takes time within the world, and the body/mind is not lost via the Divine Process of Enbrightenment, and neither will you die after Enbrightenment. The individual may experience a bodily transition where all worlds absolutely disappear via the Out Shining, but your Conscious Awareness AS the Brightness never dies, God's Eternal Consciousness is Self Recognized via the bodily consciousness of the Spiritual Cross, and then the body/mind practices surrendering All living experiences to the Brightness.

The Enbrightened individual IS an Everlasting Demonstration of God's Total Being, and a Divine bodily (when that appears) Eternal Manifestation of GOD. Whether the individual sees a world or experiences time and space, and for whatever amount of time, that individual Is Perfectly Rooted in the Brightness of God, and that individual's existence is Freed Eternally and Perfectly in God's Eternal and Transcendentally Expressed Divine Image of Being, which is not separate from conditional existence. Eternal LIFE for the individual IS Real, therefore, do NOT abandon the body/mind As dust, do NOT reject your humanity, do NOT forsake the flesh, and do NOT abandon your Spiritual practice/life for ANY reason. All becomes Clear through the Bright Transcendent Eye of God. God-Speed with your Enbrightenment; Blessings.

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